



Alpha  
22-23

January 2023



IMAGINE  
ROTARY



# WORLI WHISPERS

ROTARY CLUB OF BOMBAY WORLI • DISTRICT 3141

## Frosty January

### President Speaks



Dear Worlians,

Greetings from Rotary Club of Bombay Worli!!!

Wishing you all a very happy, healthy and prosperous new year 2023!!!

**January** is the first month of the year in the Julian and Gregorian calendars and is also the first of seven months to have a length of 31 days.

January (in Latin, *Ianuarius*) is named after Janus, the god of beginnings and transitions in Roman mythology.

**January**, in Rotary marks the '**Vocational Services**' month.

This month let's deliberate about 'Change'. Change, as is said, is the only constant.

But if change is so constant and prevalent, then why do we resist it? Why does it feel so hard to adjust to it?

This is because we are creatures of habit. We feel comfortable and secure in doing things the way we have always done them. A departure from the past – like a change of job or a move to a new town—makes us uncomfortable, even if we know it's a change for the better.

We make decisions and set goals to change routines frequently. However, how often are we actually able to change our habits?

The reason we fail to do it is that we are afraid to embrace change. There is a sense of fear and uncertainty. We tend to dwell on what-ifs.

Quite often, a lot of people live their lives without embracing change, even if it leaves them disgruntled and with some unfulfilled wishes.

But life is all about embracing change and taking on setbacks.

***Progress is impossible without change; and those who cannot change their minds cannot change anything.***

We had our Club's Official Club Visit (OCV) on January 10, 2023. We have inducted one new member during the month. Welcome Rtn. Rajesh Shroff to the Worlians family.

A major event in the pipeline is Musical Fundraiser on March 19. Looking forward to your active participation in the Club's event.

Best wishes,

Rtn. Sachin Singhvi



# Editor's Thoughts

With snow all over the world, it's indeed a Frosty January!!!

A country as diverse as ours, but with strong bonds of unity running through its core. That's India for you! We in India love celebrating festivals! January brings with it a plethora of festivities; "Lohri", in Punjab, "Makar Sankranti", in Gujarat, "Pongal", in Tamil Nadu and "Bihu", in Assam and several others namely, "Makara Vilakku", "Makara Sankramana", "Pedda Pandiya", etc. Harvest festivals like Pongal and Bihu are so different from each other but all are manifestations of the same happiness.

A new year is upon us. As we look forward to new beginnings and experiences, let's think outside the box and find new opportunities to serve through Rotary.

Consider taking up a community economic development project this year. In this Rotary area of focus, we apply our professional experience by promoting the entrepreneurial spirit as we help communities help themselves in a sustainable way. To paraphrase the universal adage – 'Don't just give someone a fish today but teach them to fish so they can eat for a life-time'.

These projects can be microloans to start a livestock breeding business or adopt-a-village approach, wherein the Rotary works with communities to boost local economies sustainably. Our Zugarewadi Project is a stalwart example of this; we have not only developed the village in the field of education but also several other aspects such as sanitation, drinking water, agriculture, etc.

Also, in the coming year, 2023, let's resolve to fully use the power of 'One'. Doing good in the world doesn't necessarily have to be a large-scale mega effort. There is much to be said about the power of One. We all have the ability to positively impact at least one person with our words or action or both. Each one of us can choose to be a brand ambassador of Rotary and spread the word about the good our organisation does. Each one of us has the ability to demonstrate that to be generous, it is not necessary to have a large wallet. All we need is a large heart.

One drop certainly doesn't make an ocean. But the ocean would be one drop poorer if that drop wasn't there!

Finally, let's make a New Year's Resolution to take advantage of opportunities to learn, grow and serve. And let's have some fun in the process. This is Rotary, after all. So, my friends, let us go forth and 'Carpe annum' – Seize the year!

- Deepika



## Quick Run Down

### From the President's Desk

The Official Club Visit of Rotary Club of Bombay Worli - OCV as it is called was held at Gymkhana 91 on Tuesday, January 10, 2023.

The OCV commenced with a closed door meeting between the Club President (Rtn. Sachin Singhvi), Secretary (Rtn. Jayesh Ruparel) and Treasurer (Rtn. Jayant Mehrotra) with the District Dignitaries - District Governor (Rtn. Sandip Agarwalla), Assistant Governor (Rtn. Dilip Shah) and Chief Coordinator (Rtn. Saurabh Sonawalla). The district dignitaries also met the Board members of the Rotaract Club of Worli Lalbaug, Interact Club of Gurunanak School and Interact Club of Young Youth Leaders.



After the closed door meeting the District Governor addressed our Club Members in the Assembly which preceded with the DG -

- ❑ Felicitating our Club's Major Donors - Rtn. Deepika Gandhi and Ashok Gandhi by pinning them;
- ❑ Pinning and Inducting new member Rtn. Rajesh Shroff in the Worlians family; and
- ❑ Releasing the Club's monthly bulletin - Worli Whispers - '**Delightful December**' edition.

Post the Club Assembly, Ann. Tara Karachiwala's birthday was celebrated followed by lavish dinner, drinks and dance.

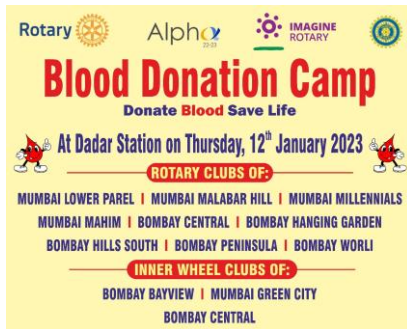




Rotary Club of Bombay Worli had organised a Blood Donation drive on Thursday, January 12, 2023 at Dadar Railway Station jointly with 7 other Rotary Clubs and 3 Inner Wheel Clubs collecting 101 units. IMA also participated in the Drive.

Railway Station	Units Collected	Beneficiary	Volunteers	Net Cost (Rs.)
Dadar	101	KEM Hospital	NSS students of Vidyalankar College, Wadala	12,000

The Drive was attended by Rtn. Pankaj Tanna, Rtn. Jayesh Ruparel and Rtn. Sachin Singhvi.

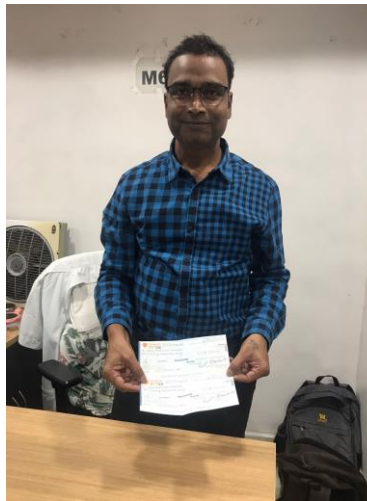


Walk with a Doc was held on Sunday, January 15, at Mahalaxmi Race Course. The speaker was Dr. Prashant Rajput, who is a Consultant Nephrologist and Transplant Physician. Dr. Prashant Rajput talked about various facts regarding kidneys and reasons behind kidney failures. Apart from Rotarians many others joined the talk which was followed by a walk at the race course and sumptuous breakfast at Gallops.





Rotary Club of Bombay Worli contributed Rs.1.00 Lakh to Tata Memorial Hospital, Parel on Monday, January 23, 2023 for Chemotherapy treatment of needy cancer patients. Rtn. Prabhakar Nakashe visited and handed over the Cheques to the Social Services Department of Tata Memorial Hospital.



Blood Donor Motivation Cricket Tournament was organized by the Blood Donor Motivation Committee in Maharashtra on Monday, January 30 and Tuesday, January 31, 2023. RCBW was a co-host for the same. Rtn. Pankaj Tanna contributed towards the project co-hosting charges and also attended the event.

120 Zugarewadi school children were benefitted during December 2022 through the Eggs & Chikkis Distribution Project of Rotary Club of Bombay Worli. The eggs and chikkis distribution has been continuing for the past several years on the recommendation of Rtn. Dr. Paula Goel so as to address the malnutrition in the tribal belt of Karjat. RCBW incurred Rs.29,648 towards the project for distribution during December 2022.



Thank you,

Yours in Rotary,

Rtn. Sachin Singhvi





## 2<sup>nd</sup> CiiA Innovations Exhibition – A Grand Success

The Grand success of the 2nd CIIA-Innovations Exhibition, Competition and Awards was generously appreciated and applauded by one and all.

CiiA-2 was participated by student exhibitors from International/High Schools, Science Colleges and Technology Institutions from Maharashtra State. The visitors' profile covered Academicians, Innovations Promoters and Innovations Users from Industry, MSMEs, Startups, Labs, Corporates and others.

Hosted at the Nehru Centre from the 1st to the 3rd of February, top 100 exhibits were selected by CiiA high-profile Academicians & Professionals from 697 applications received.

The High Profile CiiA Jury had a tough time selecting the seven winners from the three categories of exhibits, viz: Two from the International/High Schools Category, Two from the Science College Category and Three from the Technology Category.

A grand Awards Presentation & Celebration event, with great fanfare and entertainment, was hosted at the prestigious Nehru Centre Auditorium, Worli, amid an audience of 800, to inspire and motivate students to pursue a Career in Innovations....



# Speakers

Date		Event/Speaker	About
Thursday, 5 <sup>th</sup> January, 2023		<b>Guest Speaker –</b> Mr. Anand Kothari	Mr. Anand Kothari is an Archaeologist and an avid coin collector, specialising in ancient and Mughal era coins. He can decipher, read symbols and scripts on coins.  He completed his Masters in Numismatics and Archaeology from Mumbai University.
Monday, 20 <sup>th</sup> January, 2023		<b>Guest Speaker –</b> Mr. Hoody	RCBW had a joint meeting with RC of Malabar Hills with an interesting speaker – Mr. Hoody.  Mr. Hoody is an engineer turned magician-cum-standup comedian and a Mentalist.



***“You don't always need a plan. Sometimes you just need to breathe, trust, let go and see what happens.”***  
***— Mandy Hale.***



## Sandeep Agarwal – *The fellowship Maestro*

Sandeep Agarwal joined the Rotary in 1996 under the Presidentship of Rtn.Arun Aggarwal who also introduced him to this wonderful world of Rotary! He has enjoyed every aspect since then, be it fellowship or community projects. He is also happy to have met so many new people from various backgrounds, communities, vocations, etc.

He took up the post of Secretary in 1999-2000 and became the President of RCBW in 2002-03. During his presidential year RCBW members went to Goa for the first time for 2N/3D with their children. It was a super fun fellowship. Since then he has been on board and taken many other posts. He is also in BOD as CSR director during this Alpha Year.



Sandeep's vocation is packaging and they make corrugated cartons and supply to various MNCs. They have been in this field for last 35 years.

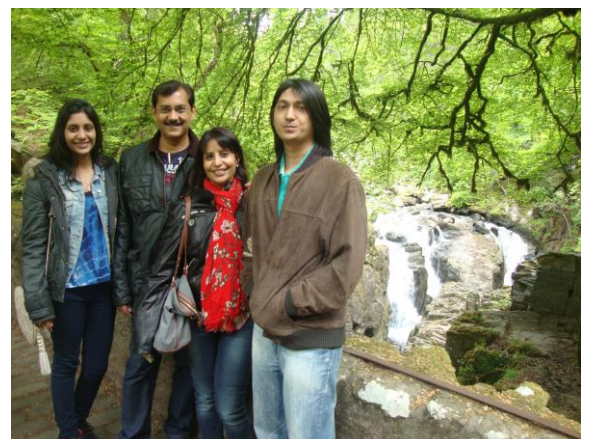
His hobbies include dancing, watching movies and travelling.

His wife Anita is a home maker and is the binding factor of the family. She supports him in all activities and also guides and motivates their children to excel in their field of work. She is artistic and has a good taste in all fine arts. She also practises Buddhist chanting.



Their Son Varun graduated from IIT Chennai in the year 2013 and thereafter founded two startups – First was in E pharmacy and second was in Blockchain. Presently, he is working in Razorpay in Bangalore as software developer.

Their daughter Shivani had gone to Nantes in France for 10 months on Rotary Youth Exchange Program in the year 2012. It was an amazing and life changing experience for her, from being an introvert to an extrovert. Thereafter she went to do her masters in marketing in NYU, in 2017. She is back in Mumbai and working in Jellyfish in digital marketing space.





# What To Expect

## Celebrations



## Birthdays

7<sup>th</sup> February  
Kavita Chopra

21<sup>st</sup> February  
Shirish Hastak

11<sup>th</sup> February  
Sabina Gupta

21<sup>st</sup> February  
Anita Agarwal

16<sup>th</sup> February  
Jaya Jain

23<sup>rd</sup> February  
Beena Singh

## Anniversaries

1<sup>st</sup> February  
Razia & Abbas Master

11<sup>th</sup> February  
Devika & Sandeep Shah

3<sup>rd</sup> February  
Pranita & Prabhakar Nakashe

13<sup>th</sup> February  
Jayant & Monita Mehrotra

6<sup>th</sup> February  
Pooja & Prem Mehra

27<sup>th</sup> February  
Vimal & Sudhir Navlakha

9<sup>th</sup> February  
Beena & Vijay Singh

28<sup>th</sup> February  
Sharayu & Ballabh Bagri



An Aquarian is compassionate and loves to be of service for the greater good, to humanity.



Pisces natives are eternally evolving, and their minds keep growing. They are the ultimate dreamers and poets.

## Ussuri Bay, The most beautiful glass beach in the world



**Ussuri Bay**, known as the **Steklyashka beach** is near **Vladivostok** in **Russia**, in the Siberian region of **Primorsky**. It is a glass and ceramics **landfill** that **Mother Nature** has managed to transform into a **beach** studded with bright gems.

Some decades ago during the **Soviet era**, the beach was used as a dumping ground for all kinds of bottles and scraps from a local porcelain factory. Its waters were the most polluted in the area and the beach was impractical and dangerous, so local authorities imposed an **access ban** on it. Over the years, the incessant action of the sea has eroded and shaped pieces of glass and porcelain making beautiful smooth and shiny pebbles, giving the bay a new and wonderful appearance. **Yet another magic of mother nature, capable of remedying human error.**



Today, the beach is a **protected area** and is accessible to tourists. It is a magnificent stretch of land, illuminated by thousands of colored lights, surrounded by towering cliffs that overlook a **crystal-clear sea**.

Similar glass beaches are located in **Fort Bragg** and **Benicia, California** and also in **Guantanamo, Cuba** and in **Hanapepe, Hawaii**.





## Soul Searchers

***Individuality is the uniqueness – Intention is the guiding light***

This month's write up is a continued series from the last one. I am sharing some of my thoughts on consciousness by breaking down its components into some prominent factors. Let's look at 'Intentions' this time. Intentions are governed by our perceptions, and where we want to go ahead in life. Do we want to be static, enjoy the present situation as it is, or is there something we want to be prepared for? If we are one of the few lucky people in the world who do not have to worry where our next meal is coming from, then we might as well use our intentions and energy to do something meaningful.

Just think about it, your great grandfather – which was not more than 150 years ago – had mostly only one life aim – how to earn his living for a big family and probably how to save himself and his family from diseases. The average life span was not more than 47 years and losing family members was very common. So many advancements have come through in the field of medicine and technology by the Intentions of people only. People like you and me. The world as a whole should move towards a better thinking process now.



Intention is the information that we are feeding to our system, our bodies and our surroundings in order to set expectations from all these. The way to use your energy is to focus on your Intentions. A very common example is that of an architect who first builds the map on paper and then converts it into reality.

In every ancient culture, the universe has been treated as a unity, as a circle and man has been central to that.

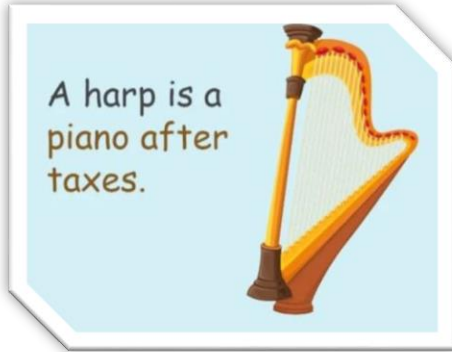
We always hear that think positive, and good things will happen to you. But is this concept really so shallow? Then how come there is so much suffering in this world, if the solution is so simple? The problem is that positive thinking is not accompanied by a positive belief and positive belief is not accompanied by a positive action. There may be a lot of obstacles in the completion of an objective, but if your Intentions are powerful enough, then you can overcome all those obstacles and achieve whatever you want to achieve. It is a stage of mind over matter.



- Akanksha Bector

***“Never underestimate the power of thought; it is the greatest path to discovery.”***

## chuckle & giggle....



## Fun with Pun...

- ❑ *A bicycle can't stand alone; it's just two tired.*
- ❑ *I stayed up all night to see where the sun went; then it dawned on me.*
- ❑ *I once worked at a cheap pizza shop to get by; I kneaded the dough.*
- ❑ *I didn't like my beard at first; then it grew on me.*
- ❑ *I lost my girlfriend's audiobook; now I'll never hear the end of it.*



## Strange but true...

- ❑ **For 20 years, a cat served as mayor of an Alaskan town.**

In 1997, an orange cat names Stubbs became honorary mayor of the Alaskan town of Talkeetna. With a population of 772 in 2000, it would not have taken too many votes to earn the position and the small town did not actually have a real, human mayor, anyway, but Stubbs proved adept at the role, gaining fans from around the world and "serving" in the position for years, greeting tourists and becoming a beloved symbol of the town until his death in 2017.

