



Alpha 
22-23

July 2022



IMAGINE
ROTARY



WORLI WHISPERS

ROTARY CLUB OF BOMBAY WORLI • DISTRICT 3141

Jubilant July

Jennifer Jones makes History as RI'S First Female President.

Jennifer E. Jones is Founder and President of Media Street Productions Inc., an award-winning media company in Windsor, Canada. She was chair of the board of governors of the University of Windsor and chair of the Windsor-Essex Regional Chamber of Commerce. She has been recognised for her service with the YMCA Peace Medallion, the Queen's Diamond Jubilee Medal, and Wayne State University's Peacemaker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D.).

As the first woman to be elected president, Jones understands how important it is to follow through on Rotary's Diversity, Equity, and Inclusion (DEI) Statement. "I believe that diversity, equity, and inclusion ... begins at the top and for us to realise growth in female membership and members under the age of forty — these demographics need to see their own reflection in leadership."

Jones has been a Rotary member since 1997 and has served Rotary as RI vice president, director, training leader, committee chair, moderator, and district governor. She played a lead role in Rotary's rebranding effort by serving as chair of the Strengthening Rotary Advisory Group.

She is the co-chair of the End Polio Now Countdown to History Campaign Committee, which aims to raise \$150 million for polio eradication efforts. She also led the successful #RotaryResponds telethon in 2020, which raised critical funds for COVID-19 relief and was viewed by more than 65,000 people. Jones will also continue RI President Shekhar Mehta's Girls Empowerment initiative, recognizing that empowered girls become empowered women.

Jones has also received Rotary International's Service Above Self Award and The Rotary Foundation Citation for Meritorious Service. She and her husband, Nick Krayacich, are members of The Rotary Foundation's Arch Klumph Society, Paul Harris Society, and the Bequest Society.

Jones, 55, was born in Windsor, Ontario, and has lived there her whole life. In many ways, her husband, Nick Krayacich, the governor-nominee of District 6400, is the opposite of Jones. He's quieter and more serious a person. "Jennifer is definitely an Energizer Bunny. She's outgoing and very much a connector," he says. "We complement each other very well."



Know Your DG 2022-23

Sandip Agarwalla

The District Governor of District 3141, Sandip Agarwalla, is a third generation Rotarian with a penchant for thinking big. Backed with doggedness to see things through and inimitable flair, the Alpha DG is a man on a mission.

He joined the Rotary Club of Bombay at the age of 29 years and went on to become its youngest President in its 91-year history, at the age of 41 years and 12 days. His term as President is remembered as one of the finest, with plenty of service activities, fellowship, top quality speakers and record fund raising. His zeal after completing his term as President has never diminished.

His work in the District has been Avenue Chair across a broad spectrum of activities for various District Governors and is one of the very few to have been asked to Head the Rotary Foundation Avenue, twice. He has been the Group Head for TEACH and WinS, Chief Group Avenue Head of TRF and also the District Secretary and Head of Public Image. He was the District Endowment and Major Gifts Co-ordinator (DEMGC) for RI Dist 3141 in 2020-21. Other than these he has been AG in 2004-05 and AT, Chief Coordinator and District Secretary in subsequent years. He was also nominated by PRIP Ron Burton to be a part of the India CSR committee. He is currently a Member of the National Working Group for CSR (Rotary India).

He is also the Ambassador Coordinator for all India for RAM (Rotarians against Malaria Action Group) - Global, responsible for eradication of malaria on an all-India basis.

He was appointed as the Chair of the Programme Committee for the Rotary International Presidential Conference 2022 held in Hyderabad in April/May 2022.

His business interests include mining of marble and solar energy. He is a member of several reputed professional bodies and a member of Mensa International, a high -IQ Society. This would most certainly hold him in good stead as he embarks on lofty goals for the Alpha year with impressive collaborations already lined up. He believes one must “think big to do bigger and better.. and only those bigger than you can give you that direction and pizzazz.”

A man of varied interests and talents, DG Sandip enjoys music, especially when rendered live. Every bit the intrepid traveller, he enjoys visiting historical places! However, despite numerous interests, he is quite clear - “Rotary gives me a high..I have no passion other than Rotary”.

His wife, Malini runs a successful fashion accessories business. She is a Past President of the Inner Wheel Club of Bombay and is its ex-Trustee as well. His son, Abhimanyu is based in London and married to Priyanka. They have given Malini and Sandip, “the joys of their life”, Elina, their granddaughter and Kai Bijoy, their grandson. Sandip’s daughter, Rishika is married to Sanket and lives in USA.



Faith is the bird that feels the light when the dawn is still dark.

– Rabindranath Tagore

President Speaks

Dear Worlians,

Greetings!!!

I am excited to be addressing you for the first time as your Club President. It seems just yesterday that I had joined this prestigious family of RCBW!!!...time flies....

Rotary Club of Bombay Worli, chartered on the 30th day of June 1987, is into its 36th year with its enthusiastic, versatile and dynamic Club members who have all come together to make a difference!!!

We often talk about the power of working together. We know we are stronger as a club than as individuals. When I became a Rotarian, I knew I was joining something bigger than myself. I felt honoured and excited. It gave me purpose and direction for all the good I knew I wanted to do; and it gave me a new family.

The love and affection showered over the years by the Club Members and Anns have laid a strong foundation and support for what I am today in Rotary.

Let me take this opportunity to congratulate Immediate Past President Rtn. Dipti Rajda and her Board for a very successful Dream year, especially in the trying times.

I am deeply obliged and thank my RCBW Rotarians who have put their faith in the Alpha Board of Directors including myself to carry on the good work of Rotary. Our sincere gratitude!!!

Shri Ramakrishna Paramahansa once said that a good citizen is one who earns money by following a noble profession, and spends it for the welfare of mankind.

Taking inspiration from the above, our plans for the year includes continuing our existing projects – Zugrewadi, Aadhaar Tirth Ashram, Happy Family Home, Cancer Support, Paediatric Surgeries, Blood Collection Drives, Thalassemia and Cancer Awareness, Education Support and exploring other projects with greater impact to the beneficiary.

Let's all enjoy the Alpha Year and years ahead with the following theme:

Take chances...
Tell the Truth...
Learn to say NO...
Spend money on the things you love...
Laugh till your stomach hurts...
Dance even if you are too bad at it...
Pose stupidly for photos...
Be child-like...



Moral: **Death is not the greatest loss in life...**
 Loss is when life dies inside you while you are alive...

President Speaks

In closing, I would like to mention a famous quote by Winston Churchill who said “We make a living by what we get, but we make a life by what we give”. Of course, today we exist in a society where much emphasis is placed on personal wealth accumulation. However, we must always remember the less fortunate among us, and the fact that life in abundance, comes as a result of giving ourselves to others.

This is who we are as Rotarians...we know that the more we give of ourselves, the more we are likely to receive, so that we can continue to make a difference in the lives of others.

Tireless efforts of 56 RCBW members have enabled Rotary Worli flag furl high year on year.

Looking forward to your continued support, participation and generosity.

Yours in Rotary,

Rtn. Sachin Singhvi

Be silent,
when you
don't have all
the facts.

Be silent, if
your words
could damage
a friendship



Be silent
when it is
time to
listen

Be silent, if
you can't say it
without
screaming

Be silent in
the heat of
anger



Editor's Thoughts

Hello dear Worlians,

It's indeed an honour and privilege to be entrusted once again with the Editorship of the Bulletin, Worli Whispers! It is truly exhilarating and gratifying to release the newsletter month after month! Especially with such a motivating response and appreciation from the members of the club! It feels great to be the harbinger of all the club projects and fellowships, etc. Besides this, Worli Whispers has a medley of articles such as "Untold Discoveries" covering unknown places of the world, "Soul Searchers" for the spiritually inclined and other interesting information.

A new year is the beginning of a new tenure of the new president and his board of directors. We wish Sachin and his team all the very best for the coming year!

RCBW has scaled grand new heights ever since its humble beginnings! I still vividly remember our weekly meetings being held on Saturday afternoons at the basement of Nehru Planetarium, then raising the bar to meetings being held at Plush Four Seasons Hotel and now currently St. Regis Hotel! It speaks volumes regarding our club camaraderie and enthusiasm! Our Club has also won several awards in the recent past, viz., in the "Smart Year" (Sabina Gupta's Presidentship) and now in the "Dream Year" (Dipti Rajda's Presidentship). It's truly a matter of pride that our club is being recognized for all its work.

Finally, Jennifer Jones, being elected as the First Woman President of Rotary International is a matter of immense pride for all us women out there! Cheers to Women's Empowerment Initiative! It is the best example for us to follow for Rotary's Motto of 'DEI' – Diversity, Equity and Inclusion.

The Rotary International Theme of "Imagine Rotary" is to 'Imagine' a world without war, strife or poverty and blessed with abundance!

Looking forward to a glorious 2022-23, with all you Worlians!

- Deepika



Quick Run Down

From the President's Desk

The New Year Alpha 2022-23 has started with a bang with a grand installation ceremony of the new President Sachin Singhvi and his Board of Directors on 30th June, 2022, at Garware Club House, Churchgate, in the presence of eminent Chief Guest, Rtn. PDG Sunnil Mehra and AG Dilip Shah. It was an enjoyable evening filled with fun and frolic, live music and sumptuous food. Our Worli Whispers was also unveiled by PDG Sunnil Mehra.



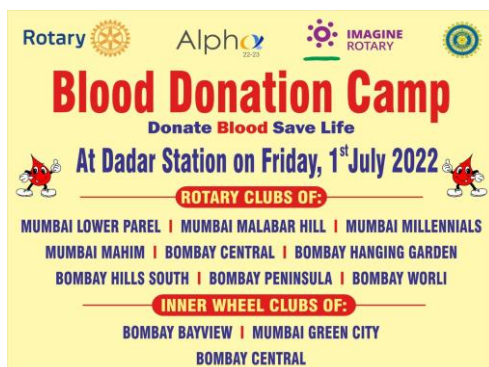




Rotary Club of Bombay Worli jointly with 11 other Rotary and Inner Wheel Clubs had organized Blood Donation Drive at Dadar Railway Station on **July 1, Friday** and **July 2, Saturday**.

12 Drives were organized at various locations in the District 3141 in the first week of July and in all 1043 bottles of blood were collected. We managed to collect 157 bottles in this Drive (92 bottles + 65 bottles, over 15%) for the benefit of KEM and Nair Hospital Blood Banks, respectively.

We are thankful to Rtn. Pankaj Tanna and Mr. Anil Gare for organizing the Drive along with the NSS volunteers and the Rotaract Clubs for volunteering at the Drive.



RCBW is happy to announce that our Club has achieved 100% registration on My Rotary Website as against the District average of 52.04%.

Our Club will be restarting the Guru Nanak School Project after a break of 2 years and has signed an agreement with an NGO 'Apni Shala' for the period July 01, 2022 to May 31, 2023. Apni Shala will conduct Social Emotional Learning Sessions for Grades 6 – 9 benefitting approximately 149 students. The sponsorship amount of Rs.1,50,000 has to be paid in 2 parts during December 2022 and April 2023. Any member who proposes to sponsor the same may please contact Rtn. Kavita Godbole or myself. We also have our Interact Club here and the school has requested for 4 computers and printers. We appeal to members to come forward for this cause.



Few moments from our first social emotional learning session for this school year at Gurunanak.



The Zugrewadi School has reopened after vacation and we have commenced breakfast distribution of Eggs and Chikkis. The School Building construction is also progressing well.





During the Dream Year our Club stood first in per Capita Annual Fund Contribution in the District. Thanks to the generous contribution of all Donors.

On 7th July, 2022, we had the Thalassemia Awareness and Testing Program at DAV College Bhandup coordinated by Medical Director Rtn. Pankaj Tanna.

On July 11th, there was a Ladies Meet at Ishaara, Palladium Mall. 22 ladies attended the Rotary lunch and enjoyed the same.



RCBW donated note books and drawing books to 125 students of Grade 1-8 of Worli Sea Face Uchh Prathmik Marathi School on Monday, July 18, 2022. Club Secretary – Rtn. Jayesh Ruparel, Non-Medical Director Rtn. Kavita Godbole, IPP Rtn. Dipti Rajda, Anns Edith, Janhavi and Meenakshi were present on the occasion. Cost – Rs.5,367/-. We have received further request for Notebooks from the same BMC School

- 51 dozens for Grade IX and X;
- 12 dozens for upto Grade VI

Requesting members to come forward for this noble cause.





Our Club has submitted 2 projects in the Charity Funding Whale Tank organized by the District. Thalassaemia Awareness Project has been prepared and submitted by Medical Director Rtn. Pankaj Tanna and Solar Electricity Project for Zugrewadi has been prepared and presented by Non-Medical Director Rtn. Kavita Godbole and IPP Rtn. Dipti Rajda. The presentations are in mid-August and we wish all the best to the teams for their presentations.

The ground work for the second version of CiiA project, spearheaded by our Charter Member Rtn. Baldevkrishan Sharma has kick-started with him delivering a talk on Career Opportunities in Innovation at the Guru Nanak Khalsa college on Tuesday, July 19, 2022. The Seminar hall was jam packed with students and the event was attended by our Club Trainer Rtn. Netra Nairi.



Since couple of years we have been supplying groceries to **Family Home Guild of Service (Happy Family Home)**. Thanks to generous contribution of Rtn. Prabhakar Nakashe, we have ordered about 2 months groceries for the same. Cost is Rs.13,690/-. We appeal to members to come forward with contributions for next supplies.



25th year of marriage of RI President Jennifer Jones was celebrated in Indian style in Pune on 21st July, 2022, Thursday.



Our President Sachin Singhvi was also a part of the celebrations.

Cancer Project – Cheques of Rs.1 Lakh were handed over to Tata Memorial Hospital on July 25th, 2022 by RCBW. Rtn. Prabhakar Nakashe and Ann Meenakshi were present on the occasion.



Aadhaar Tirth Ashram – The monthly Kelloggs Breakfast has been provided to the Children of Aadhaar Tirth Ashram for 180 children.



Global Grant Project – Pediatric Orthopedic Surgeries under the Late Rtn. FT Khorakiwala Little Hands and Feet project, sponsored by Rtn. Taizoon and Edith Khorakiwala is continuing and 290 surgeries have been completed.

Our Cochlear Implant GG Project – Meri Awaaz Suno has been funded and we shall commence the same as soon as the grant funds are received. Thanks to our Rotarian Members Sunil Siraslewala, Deepika Gandhi and other Rotary Clubs for funding the project.

Thank you,

Yours in Rotary,

Rtn. Sachin Singhvi



***There are two ways to be Happy;
Change the situation or change the mindset towards it.***

Speakers

Date		Event/Speaker	About
4 th July, 2022		Guest Speaker – Mr. Nilesh Surana Topic – Ego to Eco Thinking.... Lean Management Reduce losses and Increase profits	Mr. Nilesh Surana has a very powerful mission to support people and organizations to achieve sustainable SUCCESS using globally proven Lean Principles. He helps individuals and their teams get through the organization's challenges and helps build a LEAN culture for sustainable success across all functions
21 st July, 2022		Guest Speaker – Mr. Puneet Bhatnagar, Creativity and Success coach Topic – Art of Storytelling	Mr. Puneet Bhatnagar is a leading creativity and innovation trainer, business strategist, keynote speaker, storyteller, Sunday columnist. A community builder, connecting achievers spread over 50 countries. A certified NLP trainer, with a rich experience of more than 25 years, he was a creative head at Star News and part of the think tank that launched the news channel.



***For a person of confidence – All roads lead to Success
For a person of hard work – Success follows him on His road.***

Dashing Young President of RCBW **Sachin Singhvi**

Sachin joined Rotary in March 2017 during the Presidential year of Rtn. Jayanthi Nairi. He was introduced by Rtn. Vijay Singh to this whole new world. He feels that ever since he joined Rotary, he has made tremendous improvements personally through the varied knowledge shared by the speakers and also through lots of friends, fellowships and service projects. The Rotary family's compassion and guidance has made it possible for him and his family to involve in the Rotary activities wholeheartedly. Professionally, Sachin is a Chartered Accountant, practising as a partner with M/s. Mehta Singhvi & Associates, Chartered Accountants, since June 2002. During his professional journey, he has attended and qualified as a Certified Arbitration Professional, Certified Bank Concurrent Auditor, Certified Forensic Audit Professional, Insolvency Professional and IBBI Registered Valuer (SFA).

His hobbies include adventure sports, watching movies, listening to old songs and travelling. For the past couple of years, he has also developed interest in marathon running and since completed many half-marathons. Lastly, good food is his weakness and he cannot resist temptations!!!

His wife, Meenakshi, a graduate from Mumbai University, has completed many diplomas, including Marketing Management, Fashion & Textiles Designing, Print & Publish, e-multimedia. Presently, she is a homemaker. She likes cooking, travelling and chatting with friends.

He has 2 sons, Harshit and Mudit, studying in 12th grade & 9th grade respectively. Mudit is also a president of interact club – YYL (Young Youth Leaders).



Board of Directors

Alpha
22-23



Rtn. Jayesh Ruparel
Secretary & President Elect



Rtn. Akanksha Bector
Vice President & Joint Secretary



Rtn. Dipti Rajda,
IPP and Communication in Charge (CiC)



Rtn. Jayant Mehrotra
Treasurer



Rtn. Anil Agarwal
Sergeant at Arms



Rtn. Avani Ajmera
Director - Club Admin



Rtn. Ratan Shah
Director - Membership



Rtn. Deepika Gandhi
Director - Bulletin / Public Image



Rtn. Abbas Master
Director - Vocational Services

Board of Directors

Alpha
22-23



Rtn. Pankaj Tanna
Director - Medical



Rtn. Kavita Godbole
Director - Non-Medical



Rtn. Sunil Siraslewala
Director – TRF



Rtn. Jayanth Nairi
Director - Fund Raising



Rtn. Sandeep Agarwal
Director - CSR



Rtn. Kiran Vora
Director - District Thrust Area



Rtn. Sabina Gupta
Director - Fellowship



Rtn. Taizoon Khorakiwala
Director - International



Rtn. Nimesh Sanghrajka
Director - Youth



Rtn. Netra Nairi
Director - Club Trainer



What To Expect

Celebrations



Birthdays

1st August
Sharyu Bagri

1st August
Rajiv Mehta

6th August
Deepankar Bose

10th August
Dr. Prafulla Kerkar

13th August
Varsha Chainani

19th August
Arun Aggarwal

23rd August
Sachin Singhvi

27th August
Yeshwant Datay



Leos usually keep themselves busy; because if not, they will end up creating problems in their head.



Virgos won't stop thinking about something until it is resolved

Exploring the world - *Nauru*

Hi Friends,

It gives me great pleasure to again be a part of the Rotary Bulletin Team. Last year Deepika encouraged me to explore wonders of the world and it added so much to my general knowledge.

This year we have decided to explore some countries which most of us have not heard of.

In this 1st Bulletin of the Alpha year, let us go to the 3rd Smallest Country in the world: NAURU.

Here are some interesting facts about Nauru:

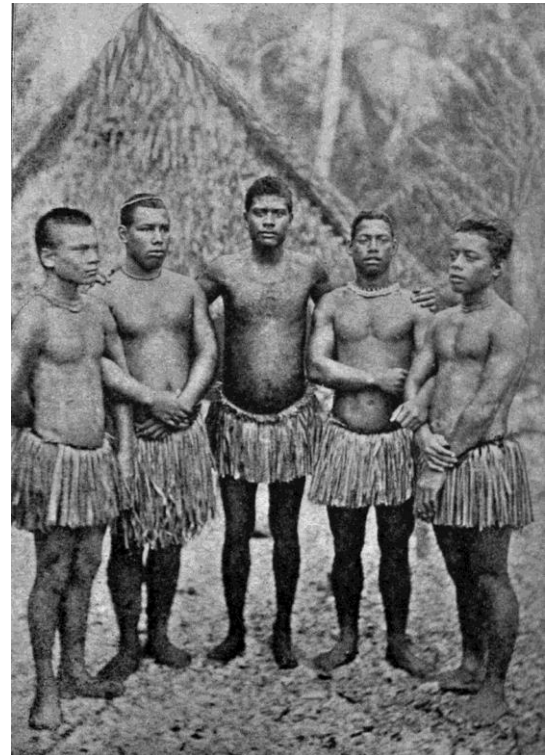
1. With only a 21 km² (8.1 sq mi) area, Nauru is the third-smallest country in the world behind Vatican City and Monaco, making it the smallest republic as well as the smallest Island nation.
2. Nauru is a tiny island country in Micronesia, northeast of Australia in the Pacific Ocean.
3. Nauru's climate is tropical, with daytime temperatures at about 28 °C, tempered by ocean breezes. Rainfall, averaging about 80 inches (2,000 mm) annually, is extremely variable, and prolonged droughts occur. The only locally available water is collected from roof catchment systems, and water is imported as ballast on ships returning to Nauru for loads of phosphate.
4. Nauru is a phosphate-rock island with rich deposits near the surface, which allowed easy strip mining operations for over a century, though at the cost of seriously harming the island's environment. The Nauruan economy peaked in the mid-1970s, when its GDP per capita was estimated to be US\$50,000, second only to Saudi Arabia. Most of this came from phosphate mining, which declined starting in the early 1980s.
5. Nauru is known to have the highest rates of obese inhabitants worldwide and also highest rate of adult diabetes worldwide. With much of the landscape destroyed from phosphate farming, Nauru was forced to import food resources from western countries, leading to a sharp increase in consumption of processed food. With healthy food depleted from the island, obesity rates continued to climb. Due to the cultural association of obesity with wealth, many Nauruans began to view a sedentary lifestyle as preferable to one of hard work and physical exercise, further worsening the crisis.
6. Nauru Has No Armed Forces: Nauru is listed among the sixteen countries with no armed forces. The Australia military is responsible for the defence of the country under the informal agreement between the two states. However, the country does have a large police force which is responsible for security within the state.



Much of Nauru's tiny island now looks like this. The landscape has been devastated by phosphate mining



Aerial view of Nauru



Original Nauruan people



- Janhavi Sanghrajka

Soul Searchers

Many cultures of the past have explored the energetic system of the body. Today researchers theorize that the body does have a field of energy, known as the body field or Aura. There is a variety of fields organized in our body. There is a field of the entire body. There is a field of the organs, then the tissues and the cells and nerves.

Fields of the body are within the body and arms, legs and different organs. The advantage of fields is that they are complete in themselves. All fields are holistic. The gravitational field is such that you can't cut it into slices. If you cut a flatworm into different pieces, each part becomes a new worm. If it was a machine, that wouldn't happen. But if it is a magnet, which is a field system, you get a lot of magnets, each having a separate magnetic field. This is now a crucial concept in developmental biology. You can't understand how organisms develop without it. Stimulus is a cue or an informational input from the external environment which leads us to take an action voluntarily or through reflex action. For example, a person in the best of state of mind when comes across a traffic jam may get irritated in a matter of minutes. That's a programmed response of the mind. Conventional biology focuses on material stimuli, energy field reveals that it is invisible stimuli which is much more important. There is a field and when we are in this field, we are the field. This field of energy, or light or information, we access all the time and we take information from this field all the time.

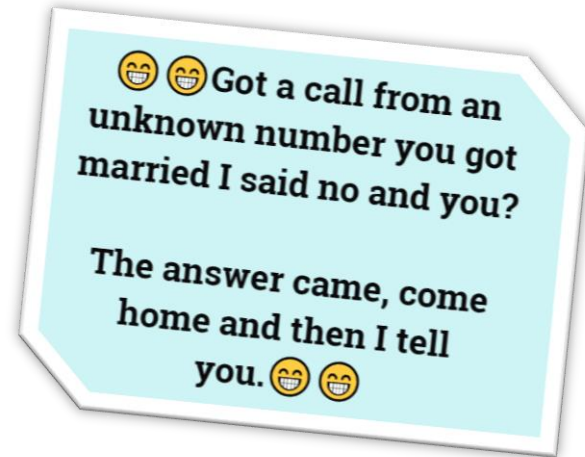
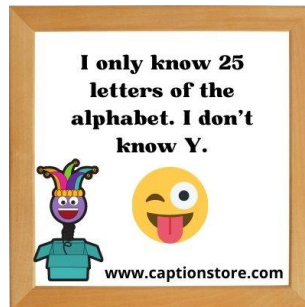
Everyone of us has watched a flock of birds in flight and how it changes direction instantaneously. All birds in the flock change direction together. It only works through fields with no information loss & above all instantaneously. Walk into any temple or cathedral, you experience peaceful, quiet reverence. Why it is true, is because people go inside with the best of their behaviour and emit fields which have formed part of that temple for years. They are in a state of mind that the good quality of thoughts are absorbed and fed back into the people later coming back into the temple.

We are all part of this giant energy field, this zero-point field that we are all connected and we are connected across the farthest reach of the cosmos.



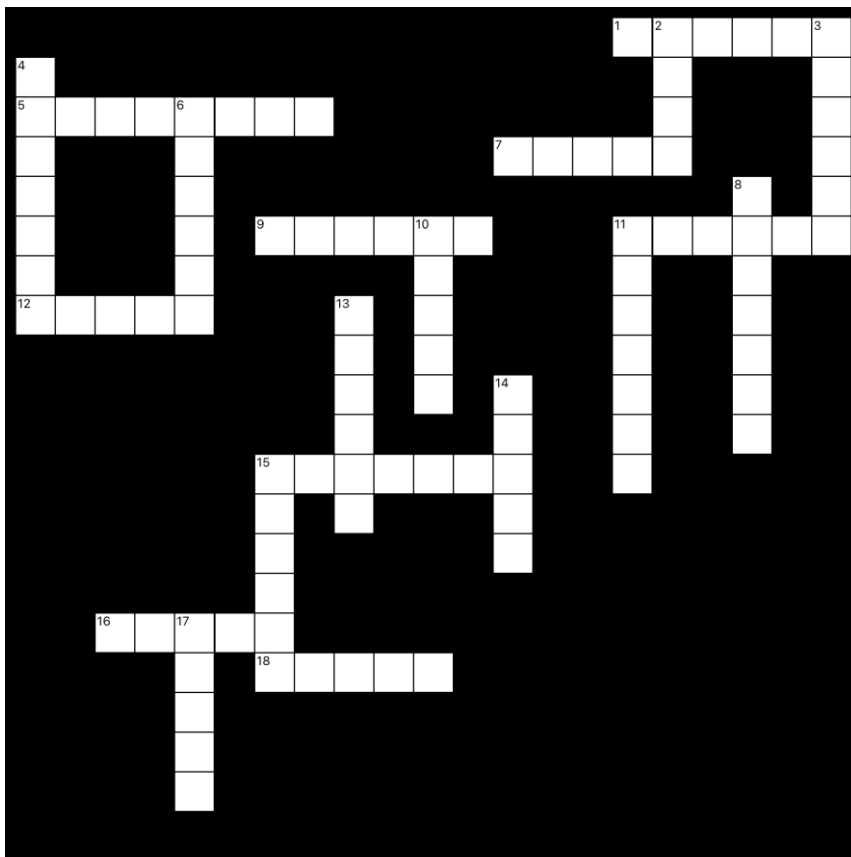
- Akanksha Bector

chuckle & giggle....



Rack your brains...

Know your Club Board - First Name



Across

1. Club President
5. Vice President
7. Director TRF
9. Director - Non Medical
11. Club Secretary & PE
12. Club Trainer
15. Director - CSR
16. Director - Thrust Areas
18. Director - Club Admin Speakers

Down

2. Sergeant at Arms
3. Youth Director
4. Director International
6. Director Medical
8. Director – Bulletin/Public Image
10. Director - Vocational Services
11. Director - Fund Raising
13. Club Treasurer
14. IPP
15. Director – Fellowship
17. Director - Membership

