



Alpha
22-23

March 2023



IMAGINE
ROTARY



WORLI WHISPERS

ROTARY CLUB OF BOMBAY WORLI • DISTRICT 3141

Majestic March

President Speaks

Greetings from Rotary Club of Bombay Worli!!!

March is the third month of the year in both the Julian and Gregorian calendars. It is the second of seven months to have a length of 31 days. In the Northern Hemisphere, the meteorological beginning of spring occurs on the first day of March. The March Equinox on the 20th or 21st marks the astronomical beginning of spring in the Northern Hemisphere and the beginning of autumn in the Southern Hemisphere, where September is the seasonal equivalent of the Northern Hemisphere's March.

The name of March comes from Martius, the first month of the earliest Roman calendar. It was named after Mars, the Roman god of war, and an ancestor of the Roman people through his sons 'Romulus' and 'Remus'. His month Martius was the beginning of the season for warfare, and the festivals held in his honor during the month were mirrored by others in October, when the season for these activities came to a close.

March, in Rotary marks the '**Water and Sanitation**' month.

This month let's deliberate about '**Friendship**'.

A friend is someone who understands your past, believes in your future, and accepts you just the way you are.

"A real friend is one who walks in when the rest of the world walks out." – Walter Winchell

Friendship is a strong and habitual inclination in two persons to promote the good and happiness of each other. Friendship is a very ancient thing and yet modern.

Excess of obligation may lose you a friend. Nothing can be more disgraceful than to be at war with one with whom you have lived on terms of friendship.

"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." – Muhammad Ali

"Be slow to fall into friendship; but when thou art in, continue firm and constant." – Socrates

To do a little good is more than to accomplish great conquests. Friendship is the only cure for hatred, the only guarantee for peace.



March at RCBW

March 01: Project - Blood donation drive at Dadar Railway Station
March 02: Regular meeting - Speaker - CA. Nishant S. Mehta - Tarot card reading
March 03: Project - Groceries distribution at Adhartirth Ashram
March 03: Thalassemia awareness camp jointly with Lions Club at Matunga College
March 12: TRF Seminar at Trident Hotel, Nariman Point
March 16: Regular Meeting - Speaker - Dr. Abhay Nene - Back Pain and Fitness Gain
March 19: Musical Fundraiser - Veer Savarkar Auditorium, Dadar
March 25: District Cricket Tournament Finals
March 27: Project - Tata Memorial Hospital - Cancer Donation

Apart from the above, paediatric surgeries continued at SRCC Children's Hospital under the Global Grant 'Late Rtn. F. T. Khorakiwala Little Hands and Feet Project'.

Distribution of Eggs and Chikkis also continued at the Zugrewadi School at Karjat for the month; distribution of Kellogg's breakfast at Roha and Sion schools, Adhartirth Ashram, groceries at Adhartirth Ashram and nutrition supplements to pregnant women continued during the month.

Our Non-Medical Team visited Alibaug to meet Dr. Kiran Patil, CEO Zilla Parishad, Raigad to discuss the construction of 248 toilet blocks in Zilla Parishad Schools in Maharashtra.

Rtn. Prem Mehra and yours truly were recognised at the District TRF Seminar by Rotary International Director Dr. Mahesh Kotbagi on becoming Paul Harris Society members.

Rtn. Deepak Patkar had conceptualised a musical fundraiser in aid of needy cancer patients on March 19, and it's heartening to note that almost all members of the Club geared up for raising funds for the cause through self donations and as well as crowdfunding campaigns.

Looking forward to your active participation in the Club's events,

Best wishes,

Rtn. Sachin Singhvi



"An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity."

– Martin Luther King, Jr.

Editor's Thoughts

March brings with it the *joie de vivre* of Holi, the Festival of Colours! On Holi, all the misgivings are forgotten and there is a spirit of exuberance and joy everywhere!

We at RCBW are a close-knit family. Each one of us shares a special bond with each other. Even the newly inducted members feel so connected to RCBW due to the warmth extended to them. Our Club is still young at heart, whatever the age of the members may be.

Yet, the question that arises is – How often do we see something in another club that we wish was also done in our club? The nature of fellowships, projects that kindle passion, membership, referral system, etc. However many of us do nothing beyond lamenting. To quote Mahatma Gandhi, “Be the change you wish to See.” This applies to all us Rotarians as well. If we care for our club, the least we can do is to be a champion of change in our club. Let us begin with making a list of things we want to see in our club but aren't there presently.

If each one of us does this exercise, we will have a large pool of ideas to sift through and with the collective wisdom of our members, we will be able to zero in on a set of changes that are most suitable and relevant for our club. By the time this Rotary year ends, we should all be members of a club that satisfies our vision of a dynamic club that combines the best of all that is possible

As is often said, ‘Spectators make noise, Players deliver!’ Let us stop being spectators and become active players in our clubs.

- Rtn. Deepika Gandhi



Quick Run Down

From the President's Desk

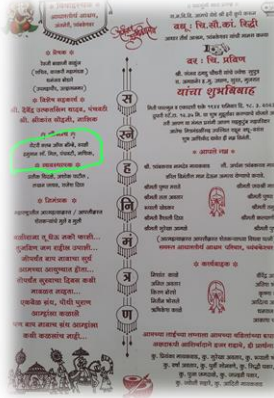
Rotary Club of Bombay Worli had organised a Blood Donation drive on **Wednesday, March 01, 2023** at Dadar Railway Station jointly with 8 other Rotary Clubs and 3 Inner Wheel Clubs collecting 62 units.

The Drive was attended by Rtn. Pankaj Tanna.

Railway Station	Units Collected	Beneficiary	Volunteers	Net Cost (Rs.)
Dadar	62	KEM Hospital	NSS unit of Xavier Institute of Engineering	6,000



Groceries for the month of March was delivered on **Friday, March 03, 2023**, to Adhartirth Ashram, near Nashik for the benefit of 180 children of farmers who have committed suicide. One of the girl inmates of Adhartirth Ashram, got married in March, and they were kind enough to mention the name of RCBW on her wedding invitation.

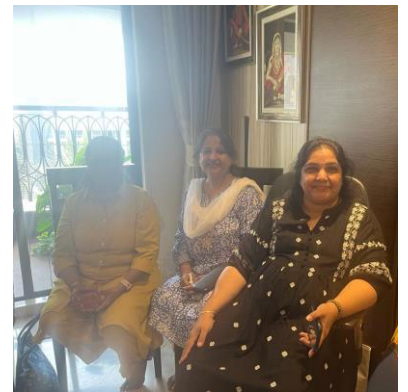


RCBW conducted a thalassemia awareness and screening program jointly with the Lions Club of Sion on **Friday, March 03, 2023**, benefitting 90 students of the nursing college at Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences. Rtn. Pankaj Tanna represented RCBW and also delivered a talk regarding thalassemia awareness on the occasion.



Ladies Lunch was hosted by Ann. Kanan Dani at her house on **Saturday, March 11, 2023**, which was attended by 16 ladies, including Members and Anns.

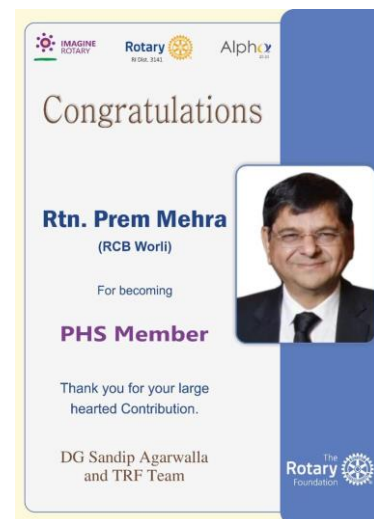




RCBW co-hosted the TRF Seminar held at The Trident, Nariman Point on **Sunday, March 12, 2023**. Rotarians Sachin Singhvi, Prem Mehra, Anil Agarwal along with Anns. Meenakshi Singhvi and Puja Mehra attended the seminar.

Dr. Mahesh Kotbagi, RI Director was the Chief Guest at the Seminar.

Rtn. Sachin Singhvi and Rtn. Prem Mehra were recognised on their becoming Paul Harris Society Members (PHS) by the RI Director.



RCBW had organized a Musical Fund Raiser on **Sunday, March 19, 2023**, to facilitate free Chemotherapy of needy Cancer Patients in Tata Memorial Hospital. It was held in Veer Savarkar Auditorium at Shivaji Park. The auditorium was packed to its full capacity, all thanks to our generous Worlians, who spared no efforts to make it a grand success.

The fundraiser was conceptualized by our evergreen signer, Rtn. Deepak Patkar. The theme was 'Sahir-Majrooh', the Magic... Wow!!! What an entertaining event it was!

Rtn. Quresh Karachiwala activated the club members for contribution to the cause and Rtn. Nimesh Sanghrajka led the Crowdfunding Drive for the cause.

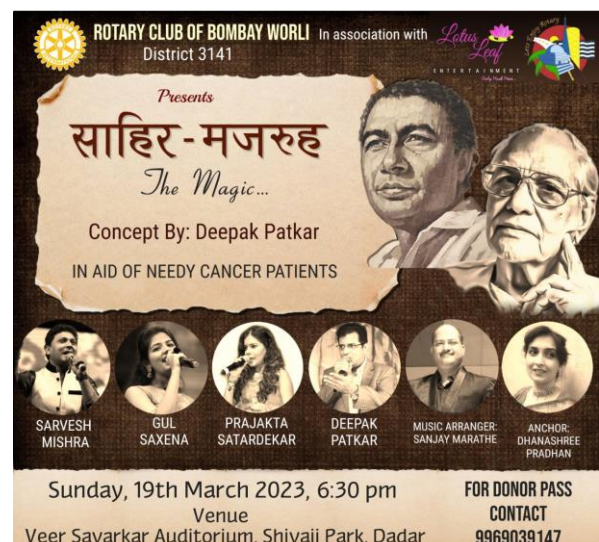
Rtn. Prabhakar Nakashe arranged for getting 25 cancer patients along with an attendant each to witness the musical night orchestrated by Rtn. Deepak and Team. RCBW arranged for dinner for these 50 special invitees.

Rtn. Netra Nairi, Ann. Meenakshi Singhvi and Anil Nyaynit managed the Reception and Donor Pass distribution along with the members of the Rotaract Club of Worli Lalbaug.

The Scintillating melodies were an absolute delight to hear! Especially numbers such as 'O mere sona re..' 'Acchaji main hari...', 'Chura liya hai tumne jo dil ko'..., 'Piya tu ab to aaja', etc. The rendering of the songs by all the singers was truly exceptional and flawless.

In the interval lip-smacking snacks were served.

All in all, a well-planned, and perfectly executed wholesome entertaining programme.





Rtn. Vijay Singh, represented Rotary Club of Bombay Worli in our joint team, Parleshwar/RCBHG/Worli which won finals of IFCR open age cricket tournament, held on **Saturday, March 25, 2023.**

Our team beat R C Sion at the tournament organised by the Rotary district, wherein more than 18 clubs participated.



On **Monday, March 27, 2023**, Rs.1 Lakh was contributed by RCBW to the Tata Memorial Centre towards Chemotherapy support for the needy cancer patients.

Rtn. Prabhakar Nakashe arranges the handing over of RCBW contribution to the Tata memorial Centre on the 4th Sunday every month. Members are requested to join Rtn. Prabhakar and visit Tata Memorial Hospital to witness the project.



Rotary Club of Bombay Worli's (RCBW) benevolence with the cancer patients at Tata Memorial Hospital (TMH) has been continuing since past several years.

Rotarians from RCBW have been visiting TMH every month (except COVID period), meeting the patients and Medical Social Workers and supporting needy patients in their treatment. Few glimpses of the visits:



**Last 5 years' data of the beneficiaries supported by
Rotary Club of Bombay Worli:**

Calendar Year	Number of Beneficiaries	Amount in Rupees
2018	382	11,64,000
2019	300	9,72,000
2020	82	2,95,000
2021	220	6,93,000
2022	372	11,70,500
Total	1,356	42,94,500

Generosity of Rotarians and like-minded donors has enabled this project to continue year after year.

We thank all our donors for joining hands with Rotary Club of Bombay Worli in this noble cause.

Thank you,

Yours in Rotary,

Rtn. Sachin Singhvi



FUEL A DREAM

Crowdfunding is becoming an increasingly popular way to raise money for innovative ideas and social causes.

It is so convenient: just sign up with a high-quality crowdfunding platform, pitch your 'story'/ idea there, leverage the power of social media to drive traffic to your campaign, and poof, you could raise the required funds, if your campaign story is compelling enough!

The worldwide market has exploded over the last five years. Just like we have seen in most new technology led disruptions - the market has taken off in the USA and Europe and is now beginning to impact Asia.

The global market size for crowd funding vaulted from USD 6.1 billion in 2013 to USD 34 billion in 2015.

The ideas and charities segment is a USD 10 billion segment out of the USD 34 billion global market. It has been predicted that by 2025, the global crowd funding market will grow to USD 90 billion. However, going by current trends, it could be higher than that.

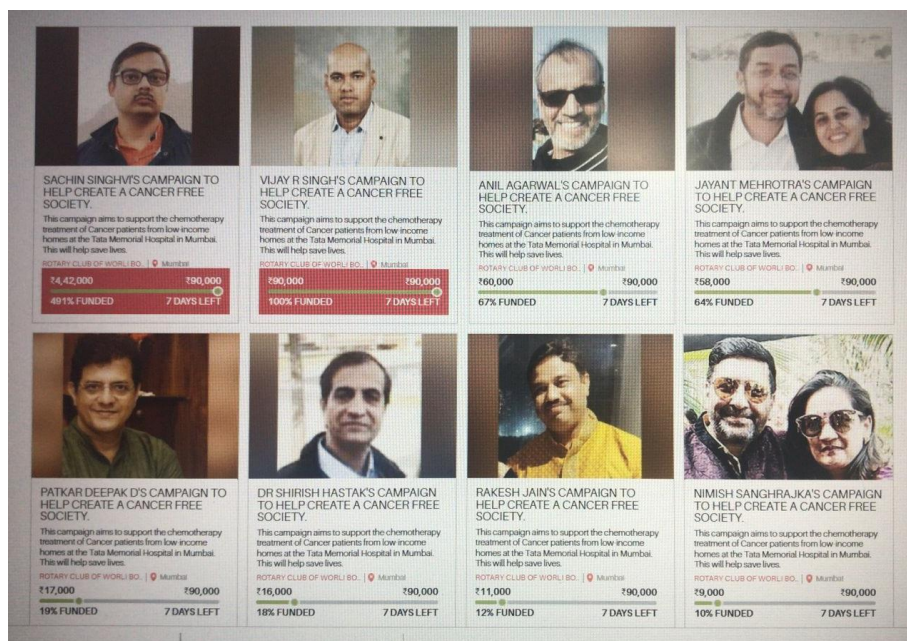
FuelADream.com is a crowdfunding platform and marketplace for people and organisations that aim to raise funds for creative ideas, causes, charities, events and community led activities.

FUEL A DREAM is focused on the developing markets and looks to both disrupt the traditional ways of raising funds here & create an alternative mode of funding.



According to Ranganath, Founder and CEO, "Crowd funding is a force of good, but is yet to realize its potential in developing markets, like India. FuelADream.com aims to address this opportunity by building a platform to serve both the 'passion' and 'compassion' segments. The 'Passion' segment comprises of people raising funds to realize their innovative ideas and the 'Compassion' segment covers those raising funds for social causes."

We have collaborated with FUEL A DREAM since 2020 during covid and we did projects like Masks for Police force, Oxygen Concentrators, Cancer treatments, etc. Our club has raised more than Rs. 1.50 crores through this platform till date and still counting.

As a club, we should all get together and do one such project every year to reach out to public at large through FUEL A DREAM and accomplish our projects with better funding. FUEL A DREAM has helped us in understanding the platform how it works, helping members on a call if they are stuck with some glitch, etc. Overall, we had a very good experience with FUEL A DREAM.



Speakers

Date		Event/Speaker	About
Thursday, 2 nd March, 2023		Guest Speaker – CA. Nishant S. Mehta Topic : Tarot Card Reading	Nishant S. Mehta briefly informed the members about the tarot card reading basics and demonstrated tarot card reading with members by answering one question personally from each member.
Thursday, 16 th March, 2023		Guest Speaker – Dr. Abhay Nene MBBS, M.S.(Orthopaedics), Spine Foundation Fellowship Topic : Back pain & Fitness gain	RCBW jointly with the RC of Mumbai SOBO and Bayview had organised an interactive session of 'Back Pain and Fitness Gain' by Dr. Abhay Nene, MBBS, M.S. Orthopaedic, Spine Foundation Fellowship at the Ballroom of The Lodha Park from 7 pm onwards. Prior to the meeting Worlians enjoyed the fellowship at Siraslewala's home with their warm hospitality and sumptuous snacks.



“Time and health are two precious assets that we don't recognize and appreciate until they have been depleted.”

Taizoon Khorakiwala – our Generous Rotarian

RCBW is immensely proud to have Rtn. Taizoon Khorakiwala as its esteemed member. Taizoon has earned the recognition level as 'Arch Klumph Member – Chair's Circle', being the highest donor for our institution. He joined RCBW under the presidentship of Rtn. Sandeep Shah through the endorsement of Rtn. Quresh Karachiwala.



Taizoon's philanthropy is inspired by three sources -

Firstly, Charity is the central pillar of his Faith. He feels that though he may not be observant in other areas, this is one that resonates strongly to him.

Secondly, his upbringing... his father, a Rotarian for over 60 years, gave him a book by Khalil Gibran ... called 'The Prophet'. It had a big impact on him.

He quotes one of the most motivating verses :

*Give so that the season of giving may be yours and not your inheritors'.
Through our hands God speaks, and from behind their eyes He smiles upon the earth.
To give is to live, to withhold is to perish. To give with joy, and that joy is our reward.*

Finally, the most recent inspiration is Rotarians ...

Quoting again from 'The Prophet' :

*You give but little when you give of your possessions
It is when you give of yourself that you truly give.*

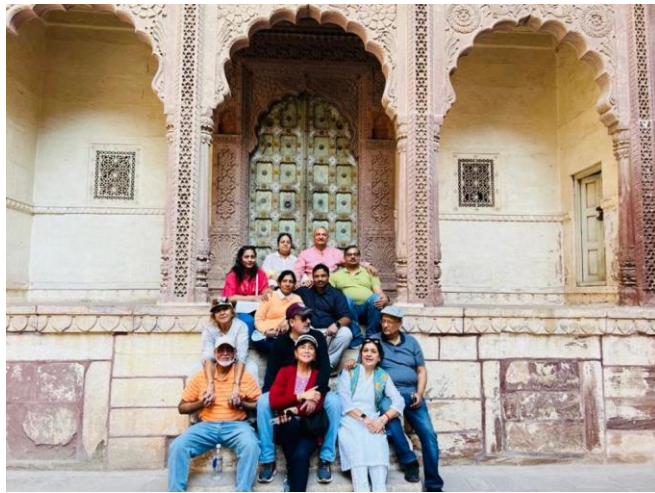


Taizoon's donations speak volumes of his large-heartedness. He has donated for –

- over 200 pediatric cardiac heart surgeries at Wockhardt hospital
- ophthalmic equipment under 3 global grants totalling 5cr to KEM hospital
- 320 orthopedic surgeries at SRCC hospital
- Zugrewadi school renovation.
- 1.50 lakhs for Cancer fundraiser.

In his view, we need to focus on child health in our country, where one out of three is malnourished. Hence he has teamed up with Rotary to do over 500 single donor surgeries and to equip KEM hospitals' ophthalmic department.

Taizoon has also enjoyed fellowship trips to Sri Lanka, Vietnam, Pondicherry, Jodhpur and Kerala, organized by our club.



He also has also organised one fellowship in their Bhiwandi farm and Annual Christmas parties in their Mumbai home.

Taizoon has completed his Masters degree in Business Administration and Management from BITS, Pilani. He has during his college days, organized cultural fests and fun fetes.

He has also successfully completed Owner President Management Program from Harvard Business School, wherein he was conferred with the 'Valedictorian' title. He has also to his credit Owner Director Program from INSEAD.

Taizoon has over four decades of entrepreneurial leadership experience in bakery, patisserie and associated businesses. He is presently the Managing Director of Switz Group, which is a family owned group, focussed on bakery. It was started by the legendary Mumbai entrepreneur (late) Fakhruddin Khorakiwala who also incubated Akbarallys, Wockhardt and Monginis. SwitzGroup which started in Saudi Arabia, now also has manufacturing operations in UAE, India, Oman, Greece, Turkey, Sri Lanka, Australia and Philippines. India is their geographical focus even though as a business group they operate in 10 countries.

On the business front, Taizoon has dabbled in hotel and real estate development, film production and publishing.

His wife, Edith worked at the Asian development bank. He says that it is she who has kept him grounded. They have four children.



Tahera is a post graduate in pharmaceutical medicine living in Dublin, working with Glaxo/Pfizer JV. Adel has a degree from Florida in hotel and restaurant management. He works with Taizoon and lives in Dubai. Maryam has a management degree from Babson and she also works with him. She also lives in Dubai. Adam, the youngest, graduated with public policy and computer science degrees from Stanford.

Taizoon enjoys playing chess, bridge and table tennis.

"You can never leave footprints that last if you are always walking on tiptoe."

What To Expect

Celebrations

Birthdays



1st April
Vijay Belani

2nd April
Jayanth Nairi

6th April
Yogesh Gupta

13th April
Kulbir Rekhi

15th April
Amarjeet Rekhi

19th April
Sunil Siraslewala

21st April
Baldevkrishan Sharma

21st April
Sweety Dhowan

21st April
Meenakshi Singhvi

22nd April
Mehul Zatakia

23rd April
Anand Parikh

24th April
Parnil Bector

24th April
Nandini Mehta

29th April
Netra Nairi

Anniversaries

14th April
Hemant & Rashmi Kankariya

27th April
Anil & Lata Agarwal



Aries is friendly, but they keep their walls up until they actually know you.



Taurus radiate a confidence that many people can look up to. This is one sign you can't break – physically or emotionally.

Deep Inside Derinkuyu – The Underground City

1. One of the most fascinating discovery of the 19th Century is the Derinkuyu city which is just one of the many such underground cities in the Cappadocia region in Turkey.



2. Derinkuyu was “rediscovered” in 1963 by an anonymous local who kept losing his chickens. While he was renovating his home, the poultry would disappear into a small crevasse created during the remodel, never to be seen again. Upon closer investigation and some digging, the Turk unearthed a dark passageway. It was the first of more than 600 entrances found within private homes leading to the sub terrestrial city of Derinkuyu.
3. Excavation began immediately, revealing a tangled network of underground dwellings, dry food storage, cattle stables, schools, wineries and even a chapel. It was an entire civilisation tucked safely underground.
4. It was built during the Byzantine era, when its inhabitants used it to protect themselves during Byzantine wars between 780 and 1180 CE. As late as the 20th century, the local population, Cappadocian Greeks and Armenians, were still using the underground cities to escape periodic persecutions.



5. There are 18 levels to this vertical city and composes of many passages and caves lying at around 280 ft (85 m) under the ground and was able to shelter around 20,000 people as well as their livestock and food.
6. Deep wells sourced water from an underground river which flowed beneath the city. Derinkuyu (Deep Well) takes its name from them.
7. Thousands of ventilation shafts up to 100 feet deep (30m) throughout the city allow fresh air to flow freely. The shafts were also used to communicate between levels.



8. Huge circular stone doors, like millstones, up to 5 feet (1.5m) in diameter and weighing up to 1,100 lbs (500 kilos) were rolled across corridors to seal entrances off from attackers. Of course, these could only be operated from the inside.



- Janhavi Sanghrajka

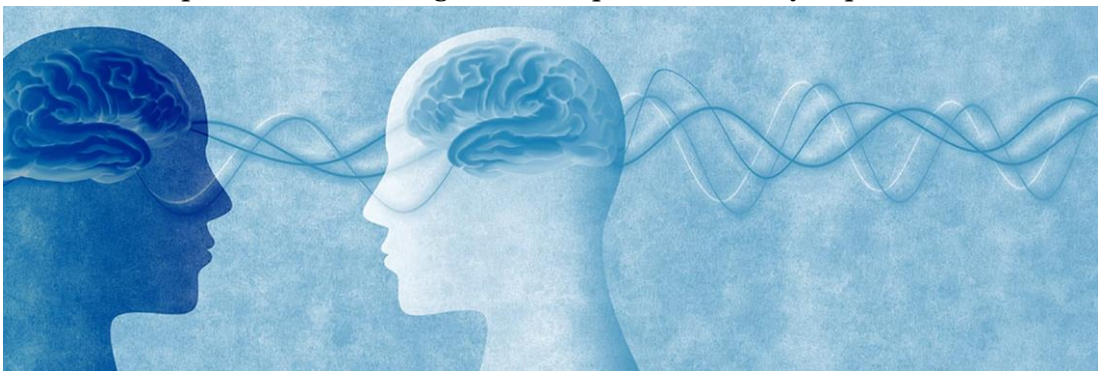
“Mystery creates wonder and wonder is the basis of man’s desire to understand.” – Neil Armstrong

Soul Searchers

Bio Rhythms of the Individual consciousness – Intellect

This month, I chose the topic of 'Intellect' in our continued series on consciousness. Until now in this series, we have discussed 'Intentions', 'Trust', 'Integrity' and now 'Intellect' – which also plays a role as a function of our brain or our ability to take decisions. Where trust is concerned with kinship, there is also the next step of trust. Once your intentions are trusted through integrity, it depends whether your decision making ability is trusted by people or not. This can be a factor of the following:

- If it is an established unsafe task, a person would be anxious to do it. When you know that someone is there to protect you, you will feel secure. Decision making ability is a product of past performance and the way a leader has faced similar situations in the past.
- If you haven't got a chance to prove yourself through past behaviour, then your conviction plays a very important role in how people perceive you. Conviction is the confident energy which hits people's heart, not their heads. Once an idea is communicated with conviction, people are forced to pay heed to the idea. On the other hand, if a leader itself is not convinced about the idea, it's a matter of time before disbelief sets in. This means more research and adequate facts are required in the matter. One surprising fact is – 67% of working women have 'imposter syndrome', which means that they have a low self-esteem and they feel that they do not deserve the position that they are in, as not being capable and it is just a matter of time before people would find out about them and expose them. Real imposters do not come under this category but real people who see themselves as imposters do.
- If you are at a shortfall of exact facts, then start with what you have and go on expanding as you proceed. Stop at first on what you have and engage people as you move forward. This can even further build trust by believing in the problem solving capability of their leader. Experience builds solutions for certain problems when the path is not clear ahead. In such cases, taking the trust and team along is all the more important. Vulnerability can be a very big strength at times. You must have confidence to declare that you do not have all the facts at the current moment but are willing to take the team's opinions and learnings and incorporate them as you proceed.

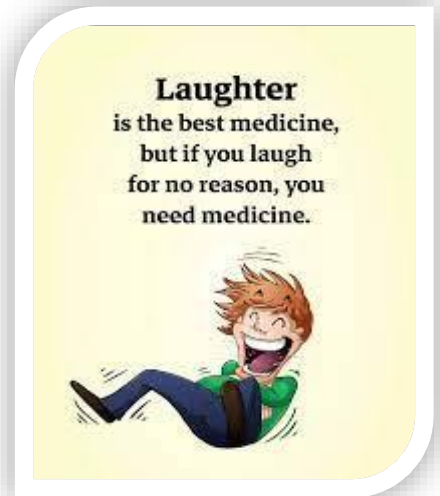
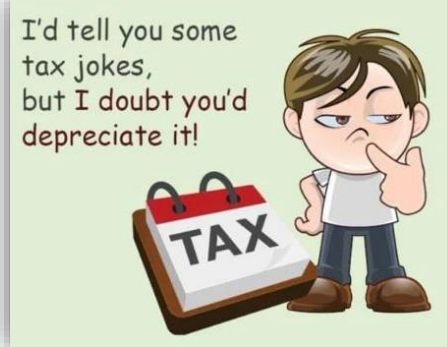


- Rtn. Akanksha Bector



“The ability to observe without evaluating is the highest form of intelligence.”

chuckle & giggle....



Fun with Pun...

- ❑ *A plateau is a high form of flattery.*
- ❑ *Bakers trade bread recipes on a knead to know basis.*
- ❑ *I wondered why the baseball was getting bigger. Then it hit me.*
- ❑ *Santa's helpers are subordinate clauses.*
- ❑ *He broke into song because he couldn't find the key.*



Strange but true...

- ❑ **Cotton candy was invented by a dentist.**

Dentist **William Morrison** and confectioner **John C. Wharton** invented machine-spun cotton candy in 1897. It was first introduced at the 1904 World's Fair as "Fairy Floss."



Then, *another* dentist, **Josef Lascaux**, reinvented the machine in 1921. He came up with the name "cotton candy," which replaced "fairy floss."

