

Rotary



SERVE TO CHANGE LIVES

HORIZON

Vol. 25 Issue 1 End-July 2021

District 3011, Zone 19

RI President – Shekhar Mehta

District Governor – Anup Mittal

President: Meeta Ghosh

From the Editor's Desk

July and August is monsoon in Northern India. A time to celebrate the rains in many different forms, most of all by expressing gratitude for the beautiful green planet that we are able to live in and doing our bit to ensure that this sustains and becomes better for our children and larger communities in the times to come.

Befittingly therefore July saw an expression of gratitude of all kinds – to a good start to a new Rotary year with new faces at the helm, to people – our doctors who have worked tirelessly through the last year and above all to Nature – our environment.

We have attempted to showcase these in this first newsletter of the year.

Hope you enjoy reading it!

Warm Rotary Regards,

Aparna Gupta



Rotary Theme 2021-22: Serve to Change Lives

RI President Shekhar Mehta is urging members to become more involved in service projects, saying that caring for and serving other is the best way to live because it changes not only other people's lives, but also our own.

Rotary 



SERVE TO CHANGE LIVES

August 2021:

Membership and New Club Development Month

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Horizon End-July 2021, Rotary Club of Gurgaon Qutab Enclave



SERVE TO
CHANGE LIVES

President's Message

Dear Fellow Members,

The first month of each Rotary year is daunting for the whole club with transitions and changes. I am truly elated by the participation of all our members in the events and activities so far; it truly feels like I am among friends.

A BIG THANK YOU ALL!

With the impending threat of getting locked-down in our homes again, we must make the most of the time we have, and we have been doing in the past month.

On the 1st of July we carried out two projects; one at Behrampur Blind school, where our club constructed guard rails to keep of hostel students safe on first floor. Second project was done jointly with the Rotary Club of Rewari (Main), where we felicitated distinguished Doctors on Doctors' Day.

On the 9th of July, our club came together to plant over 355 saplings at an Urban Forestation Area in Gurugram with the Aman Foundation. The foundation will continue to take care of the saplings for the next 3 years through the generous contributions of our Club's members.

Our weekends too are full of activity and engagement now owing to the efforts of our new Rotaractor Nishta Sawhney and Rotarian Reena Sawhney.

The year also saw the induction of six new members in tune with RI president Shekhar Mehta's call of EACH ONE BRING ONE (EOBO). We also welcomed three new PHF members this year, two of whom are now Rotractors in our club.

The past year has been hard on the world and has made us value lives more than ever. Let us strive to provide stability to all around us through our efforts.

I hope and pray that our club remains as vibrant as ever and that the frequency of our activities and team building continues to gain momentum and I, as the president, look forward to putting my heart and soul into achieving this goal in the time ahead.

Cheers and Jai Hind!

Meeta Ghosh
President 2021-22



Office Bearers 2021-22



Meeta Ghosh
President



Arti Agarwal
President Elect



Rajeev Sabharwal
Vice President



Rajeev Goel
Hony Secretary



Mohin Bangia
Treasurer



Rajesh Adlakh
Sergeant-at-Arms



Kapil Pahuja
Joint Secretary



Reena Sawhney
Director – Club Service



Baljit Ahluwalia
Director Membership



Gita Jain
Director Vocational Service



J K Puri
Director Community Service



Sunil Khanna
Director International Service



Anila Choudhry
Director Youth Service



Lalit Mattu
Club Trainer



Rotary International President's Message July 2021

I wish each of you and your families a great Rotary New Year! Together, let us make it the best year of our lives, by making it a year to grow more and do more. Let this be a year of changemakers, and let us begin with our membership.

That is precisely why the Each One, Bring One initiative is so important. During this year, I urge you to dream of new ways in which Rotary can expand its reach into your community and therefore the world. If each member introduces one person to Rotary, our membership can increase to 1.3 million by July 2022. So, let's just do it!

Imagine the change we, as Rotary members, can make when there are so many more of us! More people to care for others, more people to Serve to Change Lives. Think of the impact we can have through grow more, do more. More members will enable us to embark on bigger and bolder service projects. And each of us can also continue to serve in our own personal ways, responding to needs in our communities.

The beauty of Rotary is that service means different things to different people around the world. One element, however, that we can incorporate into all of our service initiatives is empowering girls. Unfortunately, even in this day and age, girls and young women face disproportionate challenges all over the world. We have the power to lead the charge for gender equality. Empowering girls and young women to have greater access to education, better health care, more employment, and equality in all walks of life should be embedded in every Rotary project we launch. Girls are future leaders, so we must ensure that we help them shape their future.

The biggest gift we are given, Is the power to touch a life,
To change, to make a difference In the circle of life.
If we can reach out, With our hand, heart, and soul,
The magic will start to happen, As the wheel begins to roll.
Let's turn the wheel together, So all humanity thrives,
We have the power and the magic, To Serve to Change Lives.

These are challenging times, and I compliment each of your efforts in grappling with COVID-19. No challenge is too big for Rotarians. The bigger the challenge, the more passionate the Rotarian. Look at what we can do when we take on a colossal challenge such as eradicating polio. Look at the millions of lives we improve by strengthening access to water, sanitation, and hygiene. Look at what we do every year to promote peace in places where it seems unimaginable. Our basic education and literacy programs have nation-building impact. This year, let us challenge ourselves to do more such projects and programs that have national reach and impact. This year, let us Serve to Change Lives.

Shekhar Mehta
President 2021-22

Project Work

Installation of Railing Support at Blind School, Behrampur

The new Rotary year had a great start with project work done on the very first day itself.



The gratefulness in the applause that our members received was clearly felt

Donation of INR 65,000 was made



Felicitation of Doctors at Paras Hospital

Pandemic has seen our Covid Warriors put themselves out despite the risk and educate, protect and treat all of us. To demonstrate our gratitude to these silent crusaders, the club jointly with Rotary Club of Rewari (Main) organized a felicitation for the doctors at Paras Hospital. This gesture of Rotary was well appreciated and this association was furthered during this month itself, in very interesting speaker sessions by two of their senior doctors.

रोटरी क्लब ने नेशनल डॉक्टर्स डे पर पारस हॉस्पिटल गुरुग्राम के डाक्टरों को किया सम्मानित

गुरुग्राम में, गुरुग्राम डॉ. लीके ज्येष्ठ डॉ. अरविध भुषण केदार डॉक्टरों के ग्रुप अक्सर पर रोटरी क्लब गुरुग्राम क्लब एक्सेल और रवाड़ी के रोटरी क्लब ने चरण हॉस्पिटल गुरुग्राम के पर डॉक्टरों को डॉक्टर्स डे के समारोह कक्ष में हुए एक कार्यक्रम में कोविड-19 महामारी के उपचार समर्पण में विचार, सेवा और दया धारण के साथ डॉक्टरों को का इनाम करने के लिए सम्मानित किया गया।

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'My Bit' for Environment: A collective member initiative

"I am only one, but still, I am one. I cannot do everything, but still, I can do something; and because I cannot do everything, I will not refuse to do something that I can do"- Edward Everett Hale

'My Bit' has been launched as an initiative that will run through the year.

All club members have pledged to do their little bit every day for the environment. These pictures show the **different** ways in which they are contributing.



Segregating waste, Reusing water from RO system for plants and reusing Bottles and pots



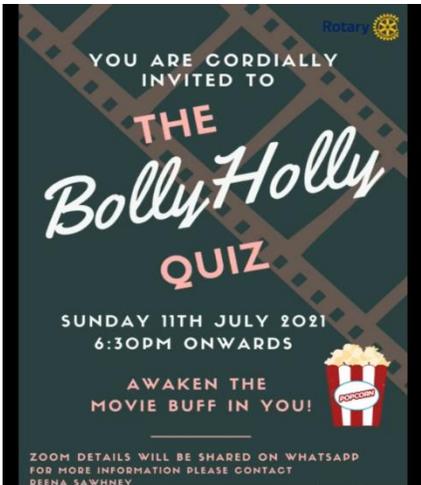
Growing vegetables and medicinal plants



Creating a green space even in high-rises



Club Activities



Bolly- Holly Quiz

A fun quiz session on Bollywood and Hollywood movies' extracts was held online. The session was conceived and conducted by our new Rotaract member Nishta Sawhney and Rtn. Reena Sawhney.

It brought out everyone's competitive spirit and two teams fought tooth and nail for each point. At the end the winner was – good fun and an evening well spent.

Speaker Sessions

Talk on: 'Public Image'
By Seema Bangia

Seema Bangia spoke the importance of Public Image for Rotary Clubs and some of the nuances of the Rotary Brand. The emphasis was to highlight the fact that Rotary Brand needs to be projected as well and with consistency as the world's best brands because Rotary is also truly that.



Talk on: 'Health During Pandemic Times: Cancer and Heart Ailments'
By Dr Ranga Rao (Oncologist) and Dr Amit Bhushan Sharma (Cardiologist)

Two doctors from Paras Hospitals namely Dr. Ranga Rao and Dr Amit Bhushan Sharma delivered a session each. Dr Rao spoke on awareness regarding Covid and Cancer prevention & management and Dr Amit Sharma on heart related issues in these Pandemic times and its management. Both these sessions were very informative and the members found them extremely useful with a lot of practical tips that the

Project Work

Tree Plantation at Behrampur Road



**ROTARY CLUB OF GURGAON
QUTAB ENCLAVE**

Welcomes you for
TREE PLANTATION DRIVE
on July 19, 2021 @ 9AM
Venue : Sector-34, Gurgaon

Chief Guest
DG Rtn Anup Mittal &
First Lady Rtn Shruti Mittal

Guest of Honor
AG Rtn Sushma Mattu

Meeta Ghosh
President

Lalit Mattu
Distt. Chair
(Tree Plantation)

Sushma Mattu
Asst. Governor

Rajeev Goel
Hon. Secretary



Heavy rains, water logging, traffic jams – nothing could dampen the zest and vigour that all showed to arrive at the venue and then stepping into puddles and muck to get our tree plantation project off ground.

The initial target was to get sponsorship for 100 plants and the number reached was more than 350!

Not just our club members but also DG Rtn. Anup Mittal was as enthusiastic a participant, endorsing that we are on the right track to make our work count.

The event also saw 2 new Rotaract members getting initiated and contributing wholeheartedly.





HISTORY OF THE ROTARY BELL

In 1922, U.S. Rotarians organized an attendance contest; the challenge was that the losing clubs would join in giving the winning club a prize. The Rotary Club of New York City was declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar.

Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline and the time to guide us through the weekly hour and a half meetings. The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags. The gavel symbolizes the authority invested in the Rotarian elected to the highest position in Rotary, and through him, reminds those present of his authority. When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.

Forthcoming Birthdays & Anniversaries

August

- 2nd Arun Gupta
- 4th Lalit Mattu
- 19th Govind Rawat
- 22nd Ajit Mathur
- 25th Aparna Gupta
- 26th Dr. Manju Saksena
- 28th Dr. D. K. Saksena
- 29th Namisha Rajgarhia
- 30th Wg. Cdr. Baljit S. Ahluwalia



August

- 1st Ashok & Promila Thussu

We welcome any comments or suggestions that you may have for this newsletter

Please share them on whatsapp or a mail on

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