

From the Editor's Desk

We thought last month was action-packed, but September was even more energetic on project related activities. There were many a first that the club achieved – from a first in spearheading an Inter-District project to becoming the first ADRAG Chapter in the District.

It was a month of going all out with small and large efforts that manifested “Serve to Change Lives” in everything.

We have showcased a few of these moments for you to relive them and also to experience the joy that these project initiatives will no doubt bring forth for our larger communities in times to come.

As September goes past and as October unfurls, do see, read and realise what small groups of people working together can achieve, and also get ready for another exciting month of helping people become self-reliant!



Warm Rotary Regards,
Aparna Gupta

October 2021:

Economic & Community Development

When communities become economically self-sustaining, a sustainable change is achieved! As we enter October, all Rotary Clubs serve to create this long-lasting change in the lives of its communities and people.

Come join in!



Chief Editor: Aparna Gupta +91 9811035030

President's Message

Dear Changemaker Members,

September is special. It is the harbinger of Good weather and celebrations.

September in Rotary means Basic Education and Literacy.

With Schools opening, we are gearing up to distribute school uniforms and shoes.

Director Happy Schools, Rtn. Geeta Jain has diligently been collecting used smart phones for children doing on line classes.

Isha yoga session on health and wellness was held in the beginning. This was coordinated by PP Rtn. Seema Bangia.

A milestone for us was Inter district conference on Cancer and life style, Spearhead by Dr. Rtn. Rao. with RC of Bareilly Central.07 Rotary Clubs of Bareilly participated in the event with full enthusiasm.

Two important District appointments were announced this month.

Rtn. PP Sunil Khanna is appointed as Section head of Inter country Committee (ICC) . A MOU between Egypt and India was signed under his guidance.

Rtn. PP Lalit Mattu is appointed as Section head for Italy and Malta as well as District Chair for Plantation.

Another mile stone for our club is becoming the First ADRAG chapter in our District 3011.Our club was initiated on 21st sept 2021 as the 1st ADRAG NCR chapter. A Fine feather for our club.

Polio Immunization was carried out with full gusto by H Sect, Rajeev, Dr. Saxena, Dr. Manju, PP Lalit, AG Sushma and PP Arun Gupta at Sikanderpur Health Centre.2100 children were administered Polio drops over 3 days. Lunch was organized for all the 30 health workers.

Another first was to jointly hold ADRAG awareness meeting with all the 04 interact school along with Rotaractors and club members.

September proved very eventful for our club with 3 first offs.

This is possible only when all the members come together and help each other. A BIG HIGH FIVE to all the members.

Meeta Ghosh
President 2021-22





Rotary International President's Message September 2021

I am sure you are having an enriching experience as you *Serve to Change Lives*. One of the ways you can make the greatest change in a person's life is to help them learn to read. Literacy opens up the world to us. It makes us better informed about life in our own communities and opens vistas to other cultures. Reading and writing connects people and gives us another way to express our love for one another.

September is Basic Education and Literacy Month in Rotary. Enhancing literacy skills is critical in our pursuit of reducing poverty, improving health, and promoting peace. In fact, if all students in low-income countries left school with basic reading skills, it would result in a significant cut in global poverty rates.

Without education, illiterate children become illiterate adults. Today, 14 percent of the world's adult population — 762 million people — lack basic reading and writing skills. Two-thirds of that group are women. Literacy and numeracy skills are essential to obtaining better housing, health care, and jobs over a lifetime. Especially for girls and women, literacy can be a life-or-death issue. If all girls completed their primary education, there would be far fewer maternal deaths. And a child is more likely to survive past age 5 if he or she is born to a mother who can read. Improving outcomes for more people worldwide is possible only if countries remove barriers to education for girls. The economic argument for doing so is clear: In some countries where schooling is geared toward boys, the cost of missed economic opportunity is more than \$1 billion per year. We don't have to travel far from our homes to encounter those whose lives are being curtailed because they struggle with reading, rely on others to read for them, or cannot write anything more than their own name.

Starting this month, consider how your club can *Serve to Change Lives* through literacy: Support local organizations that offer free programs to support adult literacy or local language learning, or that provide teachers with professional development centered around reading and writing. Become literacy mentors, or work with an organization like the Global Partnership for Education to increase learning opportunities for children around the world. Have conversations with local schools and libraries to see how your club can support their existing programs or help create needed ones in your community.

In India, the TEACH program, a successful collaboration between the country's Rotary clubs and its government, has demonstrated how to scale up literacy efforts to reach millions of children. And at a time when schools across India were closed due to the COVID-19 pandemic, the program's e-learning component reached more than 100 million children through national television.

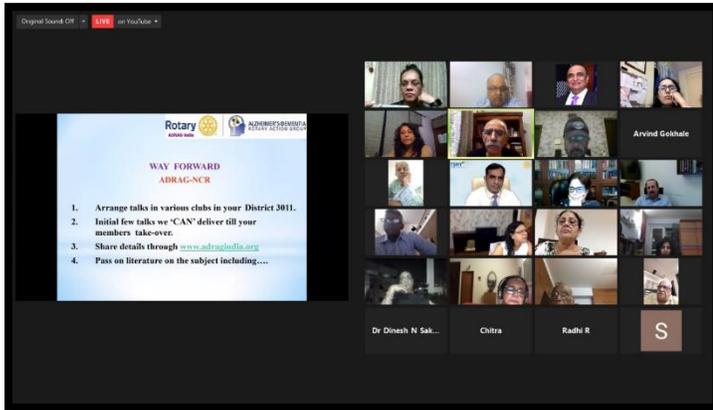
Literacy is the first step out of poverty. As Nobel laureate Malala Yousafzai has noted, "One child, one teacher, one book, and one pen can change the world."

.Shekhar Mehta
President 2021-22

Project Work

Club installed as NCR Chapter for ADRAG

Our Club got installed as NCR Chapter for ADRAG, which is Alzheimer, Dementia Rotary Action Group. We have been honoured to be the lead club in Our District 3011. This project is for spreading awareness about what these diseases are and how they are different from old age issues. The effort is to help people discern and help all elderly – grandparents, parents, neighbours around us. The project also aims to help the caregivers as well.



An Alzheimer's Awareness Meet was also organised for Rotaractors-Interactors of the Club a few days after the installation.



Project Work

Inter-District Project Launched on Cancer Awareness:

Joint Club Session between RCGQE and RC Bareilly Central

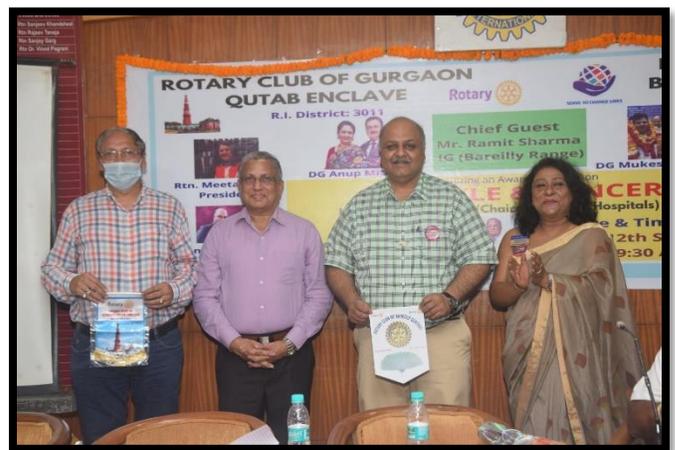
The club initiated inter district physical Project meeting with Rotary Club Central Bareilly on cancer awareness and life style on 12th Sep at Rotary Bhawan, Bareilly. Our member and Oncology Head of Paras Hospitals, Dr Col Rao was the Guest Speaker and another oncologist Dr. Piyush, joined him. 7 Rotary clubs of Bareilly came with members and were very enthusiastic to continue to hold this campaign in Bareilly and adjoining cities. The talk was delivered to a hall packed with Rotarians. Our DG Anup Mittal and Bareilly DG Rtn Singhal gave full support to this initiative. On this occasion Club Flags were also exchanged with 5 Rotary Clubs of Bareilly, namely, Rotary Club of Bareilly Central, Rotary Club of Bareilly Main, Rotary Club of Rohilkhand, Rotary Club of Bareilly West and Rotary Club of Heritage.



President Meeta, Hon. Secretary Rajeev Goel and his wife Shalli Goel attended.



The event received local press coverage as well



Project Work

Polio Day: Camp at Sikanderpur

Polio Camp was organized by the Club at Sikanderpur Wellness Centre on 26th Sep.

Polio drops were administered to the children in Sikanderpur Village and lunch was arranged for all the Health workers. This initiative was carried out by Rtn. Dr. D Saxena and R'Anne Dr. Manju Saxena. Hon Secretary Rtn. Rajeev Goel, PP Rtn. Lalit Mattu, PP Arun Gupta, and AG Rtn. Sushma Mattu.



” The Best Chance to Eradicate Polio is Now” - Aidan O’Leary, Dir Polio Eradication, WHO

Application Submission for District Grant

President Meeta Ghosh attended the District Grant Session organized by DG Anup Mittal.

She also submitted a grant application for construction of a water harvesting check dam in Bhojkala wala in Alwar district.

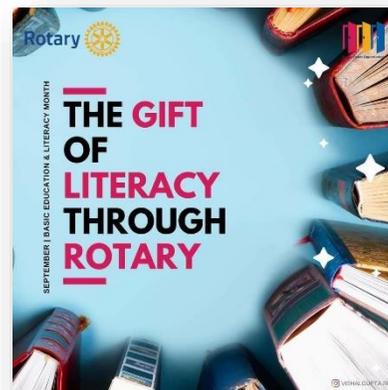


Literacy Month Initiatives

September being the Basic Education and Literacy month for Rotary International, it has been our endeavour to specifically go an extra mile in this area and carry out projects/activities with a focus on education and skill development .

Two initiatives that our Club has been a part of:

1. Aajeevika – Skilling & Employability Through Hybrid Learning



Initiative of our Rotary District facilitated by NIIT Foundation

Aajeevika focuses on **skill training of the underprivileged students** by imparting training in a hybrid model. The thrust is on employability and following courses have been designed to achieve this objective...



BASIC ELIGIBILITY CRITERIA : 18 YEARS OF AGE, XTH PASS.DURATION-3/6 MONTHS.

FEES : SPONSORED BY ROTARY.

IN CASE YOU WANT TO ENROLL ELIGIBLE CHILDREN OF YOUR MAID/DRIVER/ANY OTHER DISADVANTAGED SECTION OF SOCIETY, PLEASE DM @ GITA JAIN 9650991062.

Our efforts have resulted in enrollment of 20 needy students in 3 months

2. Donation of spare/used smart phones for needy students - Making Online Education Possible

This month two smartphones and one Ipad have been donated by our benevolent Rotarians.



Gita Jain
Director Vocational Service

The pandemic has uprooted life as we have known it. Among the worst hit are kids from humble households, many of whom are being forced to abandon studies and take up work/labour. Apart from financial hardship, this is also because most educational institutions have shifted to online mode, leaving this particular section of eager-to-learn students with the lack of necessary infrastructure. A lot of them have been struggling to access their classes as they do not have the devices (eg: smartphones, computers, laptops etc.) that support online connectivity and learning.

I feel that we can play a part, as small as it might be, in facilitating these students to continue their studies.

Rotary Club (Gurgaon, Qutub Enclave chapter) has undertaken a local drive to collect unused/spare smartphones (even in minimal working conditions) and distribute them through government schools in NCR via the network established by Rotary Club.

I request and urge you to join this endeavour. If you have any concerns/queries or are ready to donate your old phones, please DM@ Gita Jain 9650991062.

We continue to welcome names of eligible children for Aajeevika and also contributions of any used smartphones. Please reach out to Gita Jain at the nos. mentioned above for any queries or contributions.

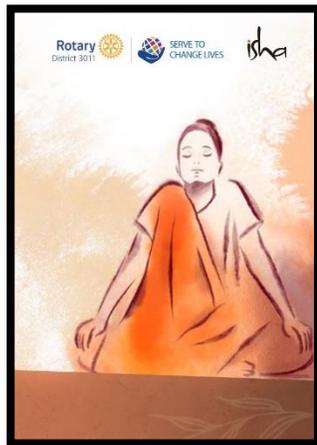


Club Activities

Session by ISHA Foundation on Yoga for Immunity

On 3rd Sept, the club organized a talk on Yoga For Immunity by the instructors and Guides from Isha foundation.

It was an enlightening session on how our breathing affects our body so minutely. They explained how body is such a fine instrument which at every stage in life undergoes changes. When we keep it in tune with mind and nature then that balance is beautifully maintained. Should there be any mishandling of any kind with mind or body, the signs are clearly seen by any aware person.



The session highlighted how Yoga is a coming together of both mind and body is a pure science and, can be understood better by becoming a practitioner.

Appointment of District Director Rotaract

Ananya Satti of Sherwood Convent received her Rotaract District Director pin and badge in presence of DG Anup Mittal.



Signing of MoU: India Egypt Inter Country Committee

Rtn. Sunil Khanna was appointed President (Section Head) of Inter Country Committee (ICC), by our ICC National Chair, PDG Deepak Talwar. An MOU was signed between Egypt and India, in a virtual Zoom meeting. Rotary International Director Rtn. Dr. Mahesh Kotbagi and DG 3011, DG 3142 graced the occasion.



Rtn. Lalit Mattu has been appointed Section Head similarly for Italy and Malta. It is therefore a double achievement for the Club.

'My Bit' for Environment: A collective member initiative

All club members have pledged to do their little bit every day for the environment. These pictures show the **different** ways in which they are contributing.



Contribution by
Sushma Mattu



Contribution by Anju Khanna



Contribution by
Vanita Naval

Growing organic
vegetables and plants

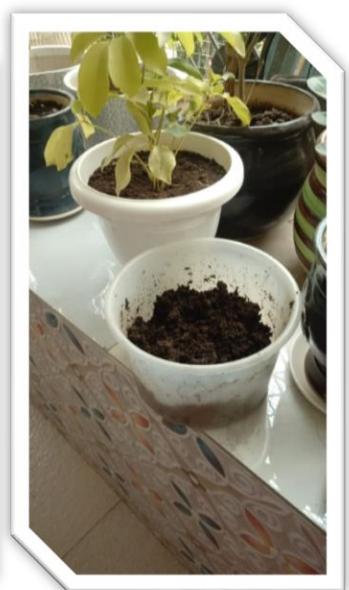
Making Manure from organic
kitchen waste



Contribution by Rajeev Sabherwal



Contribution by Shalli Goel



Forthcoming Birthdays & Anniversaries

October

- 7th Anil Trigunayat
14th Neeru Adlakha
18th Rashmi Sood
27th Vanita Naval



October

- 11th Gita Jain & R. K. Jain
24th Anil & Anupama Trigunayat

Member Contribution

Some thoughts on what is Rotary and who is a Rotarian – by Anil Bhatnagar 'Sahar'

'रोटरी'

सफ़र में सिर्फ़ उजाले हों कहाँ मुमकिन है,
रात में सुबह की उम्मीद लगाए रखिए,
अँधेरा कोसने से कम नहीं होने वाला,
ये ज़रूरी है दिया कोई जलाए रखिए।

'रोटरी' के सदस्य

मैं हूँ,
टिमटिमाता हुआ,
एक नन्हा सा दिया,
किंचित भी मत भयभीत हो तुम,
दो अंधेरो को चुनौती,
हूँ न मैं....
एक नन्हा सा दिया।

We welcome any comments or suggestions that you may have for this newsletter

Please share them on whatsapp or a mail on aparnagupta747@gmail.com OR +91 9811305030



Horizon End-September 2021, Rotary Club of Gurgaon Qutab Enclave

