

**Rotary**   
Club of Sonepat  
100% PHF Club

 **IMAGINE**  
ROTARY

MISSION  
 365

RI District 3012

2022-23

**SWARN PATH**

Club # 15396

Chartered : 22/03/1957

Rtn. Jennifer Jones  
*RI President*

Rtn. Dr. Lalit Khanna  
*District Governor*

Rtn. Jiten Garg  
*Club President*

Rtn. Sunil Sharma  
*Club Secretary*

Rty'ne Charu Wadhwa  
*Bulletin Editor*

## Know Your

**RI President Jennifer Jones**  
**DG Rtn. Dr. Lalit Khanna**  
**Club President Jiten Garg**  
**Club Secretary Sunil Sharma**



## Rty'ne Corner

**RTY'NE ANUPRIYA SHARMA**  
pens down

## Journey of

**IPP Gaurav Luthra &**  
**Dr. Gaurav Dembla**

## Annets Corner

**Snowtastic Summer**

## Club Bylaws

It's been an exciting and eventful 1st week starting with our Project Vidya wherein we distributed 150 stationary kits to under privileged children, District Installation meeting that saw a gracious changeover ceremony between PDG Ashok Aggarwal and DG Lalit Khanna, our 1st Club Assembly and the free Health-Check up camp organised in association with Max Hospital.

I would like to thank you all for your whole-hearted support and active participation in all the events so far. I hope this momentum is maintained throughout year as we have lots in store for you.

I would also like to extend my sincerest gratitude to all the donors for our Project Drishti- Mission 365. You will be pleased to note that we have already raised over Rs 3 lac in a matter of a week.

I request all of you to help in spreading the word so we can achieve our mission to create a cataract free society. Lastly, congratulations to Rty'ne Charu for yet another wonderful edition of our weekly bulletin. Keep the articles flowing and keep enjoying.

# ROSTER- RC SONIPAT 2022-23

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
S.No.	NAME	Rotary ID	MOBILE	D.O.B	D.O.F.	W.A.NN.	SPOUSE	S.D.O.B	ADDRESS	OFFICE	RESIDENCE	spouse_mobile	CLASSIFICATION	E-MAIL	Spouse_Email
1	Alakh Sumeet (PHF)	6566321	8800694574	06-12-1973	30-06-2006	18/11/2000	Tesu	25-06-1974	98, Sector-15, Sonipat	9215999215	2232998	9215513677	Fin. Management & Insurance	skippersumeet@gmail.com	alakhtesu@gmail.com
2	Alakh Tesu (PHF)	8638369	9215513677	25-06-1974	2/1/2021	18/11/2000	Sumeet	06-12-1973	98, Sector-15, Sonipat	9215999215	2232998	8800694574	Housewife	alakhtesu@gmail.com	skippersumeet@gmail.com
3	Anura Anurag (PHF)	10615892	9355584921	8/2/1972	12-07-2019	10/14/1996	Anupama	8/2/1972	3821, Sector-15, Sonipat	2246837			Doctor	anuragcardiologist1972@gmail.com	
5	Arora Sanjay (PHF)	8614519	9215666436	02-07-1972	30-12-2012	03-07-1998	Ajra	01-11-1976	16/654 New Colony, Sonipat	9466126000		9215727007	Dealers - Foreign Exchange	sanjayarora303@gmail.com	
6	Arora Shekhar (PHF)	10012214	9812067851	11-05-1974	12-07-2017	4/2/2001	Anuradha	10-12-1977	H.No.4427, Sector-14, Sonipat	9826031189		9812341009	Pharmacy Retail	sun_b_a@yahoo.co.in	
7	Bali Sanjeev (PHF)	5115959	9312743500	11/03/2000	30-06-1999	26/01/2000	Sangeeta	02/03/2000	230-A, Model Town, Sonipat	2246837	2246837	9416811787	Pharmacist	sanjeevball4@rediffmail.com	bali_sangeeta02@gmail.com
8	Batra Ashish (PHF)	6324227	9810109185	27-10-1979	09-04-2005	29-04-2004	Monika	16-08-1982	180-R Model Town, Sonipat	8447487000	9728793334	9728793334	Importer of Decorative Goods	ashlove1979@gmail.com	
9	Batra Prateek (PHF)	10296489	9991156028	2/5/1986	30-06-2018	11/5/2009	Shweta	11/28/1986	S, Sector-14, Sonipat	5, Sector-14, Sonipat		9729969124	Manufacturer of Bricks	prateek.b86@gmail.com	
10	Batra Shweta (PHF)	6656931	9896046298	22-11-1973	01-04-2007	08-10-2000	Yogesh	16-07-1975	41, Vijay Nagar, Sonipat	2201214	2246298	9896346298	C.A.	v2batra@yahoo.com	batra.shweta75@gmail.com
11	Bhagat Neeru (PHF)	6826552	9215123444	17/11/1975	2/1/2021	10-11-1999	Yogesh	05-04-1973	128-Model Town, Sonipat	2242961			Housewife	kanka.chopra7@gmail.com	rishi_rotary@gmail.com
12	Bhagat Parmod (PHF)	1278841	9812042961	06-11-1950	01-11-1986	12-10-1975	Sandhya	03-10-1954	1455, Sector-15, Sonipat	2242961	9896942961	9896942961	Advocate	parmod.bhagat@gmail.com	
13	Bhagat Yogesh (PHF)	5257182	9416055000	05-04-1973	22-04-2000	10-11-1999	Neeru (PHF)	17/11/1975	128-Model Town, Sonipat	2242961	2255000	9215123444	Medical Management	yogeshbhagat07@yahoo.co.in	neerubhagat17@gmail.com
14	Charaya Gaurav (MPHF)	8307080	9813022230	23-08-1983	09-04-2011	07-03-2011	Radhika	31-08-1983	206, Sector-14, Sonipat	2241616	2254459	9050132929	Pharma Distributors	kuck469@rediffmail.com	charayaradhika@gmail.com
15	Chaudhary Ajay (PHF)	2532562	9991410000	09-07-1959	01-12-1995	15-01-1986	Suman	05-01-1965	Omaxe City, Sector-8	9991410000	9991410000	9896491969	Management	ajaychaudharygreat@yahoo.com	chaudharyajay08@gmail.com
16	Chaudhary Anmol (PHF)	7034426	9813888888	29-01-1980	20-02-2009	21-04-2008	Anshu	11-04-1984	Sonipat	9278699999	0130-7960739	9813444443	International Trade	anmolchaudhary@hotmail.com	chaudharyanmol@gmail.com
17	Chaudhary Vedio (PHF)	2286494	9416913905	14-11-1954	01-06-1994	14-04-1979	Manju	26-08-1958	324, Sector-14, Sonipat	9813056093	0130-2233809	9896380018	Ornament Trade	chaudharyvedio@yahoo.co.in	
18	Chaudhary Vikram (PHF)	1727476	9896276869	11-11-1949	01-07-1989	29/11/1974	Suchitra	03-02-1952	17, H. B. Colony, Murthal Road, Sonipat	0130-7960739	0130-7960739	9896276882	International Trade	LNTXPO@yahoo.co.uk	LNTXPO@yahoo.co.uk
19	Chhabra Ajay (MPHF)	6763266	9215536865	10/10/2000	07-11-2007	21/01/2000	Meera	18/01/2000	865, Sector-15, Sonipat			9812959955	Manufacturer of Industrial Gases	ajaychhabrarotary@gmail.com	meerachhabra18@yahoo.in
20	Chhabra Sanju (PHF)	6656932	9813800000	02/10/2000	01-04-2007	28/11/2000	Rashmi	26/01/2000	10,11 Khanna Col, Del Rd.	0130-2233332	0130-2233332	9813032233	Telecommunication	prabhu.tradingco@gmail.com	
21	Chopra Kanika (PHF)	11051881	9896489333	08-02-1983	2/1/2021	23-11-2004	Rishi	07-04-1979	1328, Sector-14, Sonipat	9312265079			Housewife	kanka.chopra7@gmail.com	rishi_rotary@gmail.com
22	Chopra Rishi (MPHF)	6935336	9312265079	07-04-1979	25-10-2008	23-11-2004	Kanika	08-02-1983	1328, Sector-14, Sonipat	0130-2482451	0130-2233750	9896489333	Importer of Fabrics	rishi_rotary@gmail.com	kanka.chopra7@gmail.com
23	Chugh Anil (PHF)	5352017	9896943474	05-08-1985	09-04-2007	27-01-1983	Mallika	21-10-1973	112, Sector-15, Sonipat	9896943475		9896943475	Yrs Trading	anil_chugh05@gmail.com	contactmallika112@gmail.com
24	Dahiya Surender (MPHF)	1278771	9416012385	28-06-1950	01-09-1986	21/11/2000	Reena	19-08-2016	287-R, Model Town	9816012385		9416012385	Share Trading	surenderdahiya28@gmail.com	
25	Dembia Gaurav (PHF)	10012165	9416043431	08-11-1980	12-07-2017	24-06-2012	Kriti	22-08-1985	Darya Ram Hospital Pvt Ltd	9999261418		8607843434	Doctor	gd@rotarysonapat.org	kritidembia@gmail.com
26	Doda Rajat (PHF)	6566320	9812884900	17-09-1972	30-06-2006	10-02-2000	Sanya	30-08-1977	802/8, Rishi Nagar, Sonipat	0130-7966926	9812884900	9896007584	Trader of Pharmaceutical APIs & Formulations	rajatdoda7@gmail.com	deepalidoda.dd@gmail.com
27	Doda Deepali (PHF)	11055402	9896007584	30-08-1977	2/1/2021	10-02-2000	Rajat	17-09-1972	802/8, Rishi Nagar, Sonipat			9812884900	Teaching	deepalidoda.dd@gmail.com	rajatdoda7@gmail.com
28	Dua Vipin (PHF)	6845348	9215807007	29-10-1976	10-02-2010	11-02-2010	Shilpa	10-09-1977	520, Sector-14, Sonipat			7015109900	Trader of Mobile	xclusifshope@gmail.com	buzzshilpa@gmail.com
29	Gambhir Gaurav (PHF)	8223344	9896422023	05-03-1978	01-10-2010	03-02-2005	Vibha	20-01-1981	508, Sector-14, Sonipat	7988341789		9034757377	Optician	drisht508@gmail.com	
30	Gandhi Tara Chand (MPHF)	2032753	9810075333	19/10/1963	01-06-1992	29/11/1989	Kanchan	19/05/1965	2048, Eldeo County, Sonipat			9996780744	Mfg. Fitness Eqp.	championgym@gmail.com	
31	Garg Anjali (PHF)	11156820	9331007985	1/21/1973	2/1/2021	12/7/1993	Jiten	9/3/1972	L-801, TDI KINGSBURY KUNDLI, Sonipat				Trading of Lamination Films & Allied Products	jitengarg@yahoo.com	anjaliiten@gmail.com
32	Garg Jiten Kumar (PHF)	10422799	8443884662	9/3/1972	01-12-2018	12/7/1993	Anjali	1/21/1973	L-801, TDI KINGSBURY KUNDLI, Sonipat			9331007985	Mfr. of Pharmaceutical & Cosmetic Formulations	rajeev@ancalima.co.in	sg@ancalima.co.in
33	Garg Rajeev (Major Donor)	3401175	8569856999	01-11-1972	30-06-2006	01-02-1998	Sakshi	14-12-1974	935, Sector-14, Sonipat	9896084700		9896355033	Mfr. of Pharmaceutical & Cosmetic Formulations	rajeev@ancalima.co.in	sg@ancalima.co.in
34	Garg Sakshi (PHF)	11051890	9896355033	14-12-1974	2/1/2021	01-02-1998	Rajeev	01-11-1972	935, Sector-14, Sonipat	0130-2484108		8569985699	Mfr. of Pharmaceutical & Cosmetic Formulations	sg@ancalima.co.in	rajeev@ancalima.co.in
35	Garg Shreya (PHF)	10425339	9812255033	05-10-2000	05-12-2018				935, Sector-14, Sonipat				Digital Marketing	shreya.garg@gmail.com	
36	Girdhar Sandeep (PHF)	6763268	9212540000	14/12/2000	07-11-2007	08/10/2000	Renu Girdhar	19/11/2000	A-41, Model Town, Sonipat-131001	9212540000		9991383009	Catering & Wedding Venue	sandeepgirdhar14@gmail.com	
37	Gupta Antriksh (PHF)	8223349	98125718002	23-03-1976	01-10-2010	08-07-1997	Neetu	24-02-1977	78-A, Sector-14, Sonepat	9215718002	9215818002	9215818002	Pharmaceuticals Wholesellers	antrikshgpta@gmail.com	
38	Gupta Daksh	11366351	9812500500	28-02-1990	2/1/2022	11/25/2017	Dr. Neha	05-01-1989	240 Model Town Sonepat-131001			9555790214	Diagnostic Centre	dakshgupta@satyakiran.com	dakshgupta@satyakiran.com
39	Gupta Sachin Dr.	11366367	9755550345	9/21/1980	2/1/2022	14.04.2009	Dr. Shilpy	10/21/1980	1275P, Sector-12, First Floor, Sonepat-131001		4019418	9229148333	Doctor	xsachin80@gmail.com	shilpy1singla@gmail.com
40	Handa Rakesh Dr.	11366356	9812040174	18-12-1960	2/1/2022	26.05.0000	Dr. Anita	11/07/1960	Handa Hospital, Sarang Road, Sonepat-131001	0130-2242174	0130-2252174	9992020174	Doctor	handahospital@gmail.com	handahospital@gmail.com
41	Jain Amit (PHF)	8377735	9813057157	04-09-1979	01-07-2011	29-04-2004	Reema	05-04-1981	157, Sector-14, Sonipat			7027222222	Auto Mobile Dealer Ship	reemajain81@gmail.com	
42	Jain Ashish (PHF)	5718310	989616891	11-07-1967	31-12-2001	22-01-1995	Kajal	10-06-1969	24, Sector-12, Sonipat	2231162	9416013763	9416013763	Sanitary Ware Mfg.	vaksonsceramics@yahoo.co.in	
43	Jain Atul (MPHF)	6416695	7071523333	22-02-1968	10-08-2005	29-06-1991	Vandana	11-09-1970	Sonipat, N.H. No.1, Sonepat			9215013534	Automobiles	infovaksons@gmail.com	adityaoverseas14@gmail.com
44	Jain Hemant (PHF)	10615865	9138730000	2/2/1989	12-07-1919	7/7/2014	Sakshi	7/7/1992	23, Sector-15, Sonepat-131001	011-47543111	7988875585	7988875585	Diamond Jewellery	jdjsale94@gmail.com	sakshijain9138@gmail.com
45	Jain Kunal (PHF)	11364743	9813940544	7/10/1991	2/1/2022	7/7/2018	Heena	8/1/1991	19/11, 3rd & 4th Floor, Shaakti Nagar, Delhi-7	9813940544	9813940544	7015888133	Diamond Jewellery	kunalj1@gmail.com	heenajain123@gmail.com
46	Jain Neeraj Kumar (PHF)	10661427	9811719658	08/01/1980	24/08/2020	28/01/2008	Payal	21/08/1982	Nagar, Delhi-7	011-47015419	011-49865131	8826041860	Chartered Accountant	nkjca@gmail.com	jainpayal1982@gmail.com
47	Jain Vandana (PHF)	8061492	9215013534	9/11/1970	2/1/2021	29-06-1991	Atul	22-02-1968	D-1004, Block D, White Lily Society, N.H. No.1, Sonepat			7071523333	Housewife	adityaoverseas14@gmail.com	infovaksons@gmail.com
48	Kakkar Mukesh (PHF)	2512143	9812061620	02/11/2000	09-04-2011	07/12/2000	Archana	21/01/2000	7, Teachers Colony, Atlas Road			9812561016	Oil Business	mukesh.kakkar@yahoo.com	
49	Kapur Hitesh (PHF)	5718311	9416015154	3/19/1978	30-06-2003	27/06/2004	Gauri	5/1/1978	M/16 Ind. Area, Sonepat	9468100154			Fibre Glass Mfg.	hiteshkapur@yahoo.com	
50	Kathpalla Rajiv (PHF)	2532566	9812237129	02/10/2000	01-12-1995	05/03/2000	Manju	12/12/2000	242, Sector-15, Sonipat	9518000547		9812547129	Retired Public Prosecutor	r.kathpalla61@gmail.com	
51	Kaushik Tribhuvan (MPHF)	2532564	9215648647	26-05-1972	01-12-1995	29-06-2001	Babita	17-10-1975	600, Sector-15, Sonipat			9215618645	Educationist	sweetdestinations@gmail.com	
52	Kuchhal Anurag (PHF)	10952562	9996452000	21/11/1975	24-08-2020	17/01/2001	Geetu	03/10/1976	H.No. 51, Old Housing Board Colony, Sonipat			8929084745	Banker	anurag_kuchhal@rediffmail.com	geetukuchhal@gmail.com
53	Kukreja Sachin (PHF)	9252632	9466292199	05-07-1977	07-04-2015	04-02-2001	Shalini	16-10-1979	185-L, Model Town, Sonipat	0130-2240512	0130-2242108	9896790946	Iron & Hardware Merchant	sachinlohiya@yahoo.com	
54	Kumar Ish (MPHF)	7034422	9996242999	22-01-1970	17-01-2009	11-10-1992	Meenu	03-01-1971	241, Model Town, Sonipat	90134-99999	2242999	9812919999	Medicine Trading	xishkumar@gmail.com	
55	Lal Dr. K (PHF)	3401178	9992334146	25-10-1960	30-06-1988	10-08-0000	Archana	21/04/2000	Sonipat			9992334147	Pathologist	laliferitilicynic@yahoo.co.in	
56	Luthra Anshu (PHF)	11055399	9896355928	02/12/1979	2/1/2021	29/11/2003	Gaurav	08/11/1976	A-21, Luthra House, Delhi Road, Sonipat			9896355928	Mfg. of Precision Measuring Instruments	anshuluthra17@gmail.com	rtngauravluthra@gmail.com
57	Luthra Gaurav (PHF)	6324241	9896355928	08/11/1976	29-05-2005	29/11/2003	Anshu	02/12/1979							



next meeting

## Governor's Official Visit & Installation Ceremony

President Rtn. Jiten Garg &  
the Team of Office Bearers (2022-23)

Venue : KANAK GARDEN, Sonipat  
followed by House of Friendship & Dinner

Chief Guest :

**Rtn. Dr. Lalit Khanna**  
(District Governor)

Guest of Honour :

**DGE Rtn. Priyatosh Gupta**  
**DGN Rtn. Prashant Raj Sharma**

SUNDAY  
**17** July  
2022

Chairman (GOV): PP Rtn. Rajiv Garg  
Chairman (Installation): PP Rtn. Sanjay Sharma

**Dress Code:**

Rtns. & Rty'nes | Formals

Reception of Governor & His Team	6:30 pm
Governor Meeting with President, Secretary & President-Elect	7:00 pm
Governor's Official Visit Governor Meeting with Board Members & Committee Chairs	7:30 pm to 8:30 pm
Fellowship	8:30 pm
Installation Meeting	9:00 pm
Dinner & Drinks	10:15 pm onwards

**Rotary**  
Club of Sonapat

MISSION  
**365**

**IMAGINE**  
ROTARY

# PROJECT DRISHTI

Gift of Vision

You Can Curse The Darkness Or Light A Candle.  
THE CHOICE IS **YOURS**

Let's  
Imagine  
a  
Cataract  
Free  
Society

An Initiative By :

**ROTARY CLUB OF SONEPAT**  
R.I. District 3012

Cataract is one of the major causes of blindness in India. 12.5 million people are blind & cannot afford treatment. The Ministry of Health in India plans to roll out a five-year programme to free India from cataract. The government's plan to focus on cataract comes in the wake of extensive economic analysis that shows how cataract affects economic productivity.

In 2015, the total economic loss on account of cataract blindness in adults was pegged at over Rs 8.22 lakh crores. As frightening as cataract might sound, modern cataract surgery can restore vision lost to cataract & often can reduce the dependence on eye glasses as well.

Rotary Club of Sonapat aims to target all individuals particularly above 50 years of age suffering from cataract to undergo cataract extraction.

Cataract surgery involves removing the clouded lens and replacing it with a clear artificial lens. The artificial lens, called an intra-ocular lens, is positioned in the same place as your natural lens. It remains a permanent part of your eye using MICS PHACO CATARACT SURGERY. In Micro incision cataract surgery or MICS the size of the incision is too small < 1.8mm and uses less energy thereby making this surgery safer and helps in faster healing. It is one of the latest techniques for cataract extraction.

**Call us to know more about how you can join hands with us :**

Rtn. Jiten Garg  
President  
+91-8443884662  
jitengarg@yahoo.com

Rtn. Sunil Sharma  
Secretary  
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synergy.sunil@gmail.com

Rtn. Rajat Doda  
Treasurer  
+91-9812884900  
rajatdoda7@gmail.com

Rtn. Rajeev Garg  
Past President  
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rajeev@ancalima.co.in

Rtn. Gaurav Luthra  
Immediate Past President  
+91-9896335928  
rtngauravluthra@gmail.com

Rtn. Dr. Gaurav Dembla  
Director Community Service  
+91-9999261418  
gd@rotarysonapat.org

## INSTALLATION COMMITTEES:

### Chairman GOV

PP Rtn. Rajeev Garg

### Chairman Installation

PP Rtn. Sanjay Sharma

### GOV Co-ordinators

PP Rtn. Ajay Chhabra  
PP Rtn Tribhuvan Kaushik

### Registration

PP Rtn. R.K.Sardana  
Rtn. Vineet Wadhwa  
Rtn. Ajay Chaudhary  
Rtn. Gaurav Gambhir  
Rtn. Sanjay Arora

### Reception/ Welcome

PP Rtn. Surinder Dahiya  
PP Rtn. Tara Chand Gandhi  
PP Rtn. Kuldeep Solanki  
PP Rtn. Gautam Sachdeva  
Rtn. Rajan Wadhwa

Rtn. Sakshi Garg

Rtn. Dr K. Lal

Rty'ne Meghna Sachdeva

Rtn. Reema Seth

Rtn. Anshu Luthra

### Hospitality

Rtn. Rajiv Kathpalia  
PP Rtn. Rishi Chopra  
PP Rtn. Ved Chaudhary  
Rtn. Deepak Tuteja  
Rtn. Ashish Batra

### Venue & Logistics

PP Rtn. Jagdeep Singh  
Secy Rtn. Sunil Sharma  
Rtn. Sandeep Girdhar  
Rtn. Rajat Doda  
Rtn. Ashish Jain

### Guest Protocol

Annet Pranav Garg  
Annet Tejasva Garg



## Know Your RI President

(2022-23)

**Jennifer Jones**



Jennifer E. Jones, a member of the Rotary Club of Windsor-Roseland, Ontario, Canada, has been appointed as Rotary International's President for 2022-23, a groundbreaking selection that will make her the first woman to hold the office in the organization's 115-year history.

As the first woman to be appointed as the president, I understands how important it is to follow through on Rotary's Diversity, Equity, and Inclusion (DEI) Statement. "I believe that diversity, equity, and inclusion ... begins at the top and for us to realize growth in female membership and members under the age of forty — these demographics need to see their own reflection in leadership," Jones said. "I will champion double-digit growth in both categories while never losing sight of our entire family

Jones is founder and president of Media Street Productions Inc., an award-winning media company in Windsor. She was chair of the board of governors of the University of Windsor and chair of the Windsor-Essex Regional Chamber of Commerce. She has been recognized for her service with the YMCA Peace Medallion, the Queen's Diamond Jubilee Medal, and Wayne State University's Peacemaker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D.).

A current Rotary Foundation trustee, Jones has been a Rotary member since 1997 and has served Rotary as RI vice president, director, training leader, committee chair, moderator, and district governor. She played a lead role in Rotary's rebranding effort by serving as chair of the Strengthening Rotary's Advisory Group. She is the co-chair of the End Polio Now Countdown to History Campaign Committee, which aims to raise \$150 million for polio eradication efforts.

Jones recently led the successful #RotaryResponds telethon, which raised critical funds for COVID-19 relief and was viewed by more than 65,000. Jones has also received Rotary International's 'Service Above Self' Award and The Rotary Foundation Citation for Meritorious Service. She and her husband, Nick Krayacich, are members of The Rotary Foundation's Arch Klumph Society, Paul Harris Society, and the Bequest Society.



## Know Your District Governor

(2022-23)

### Rtn. Dr Lalit Khanna

**B**orn and brought up in Delhi, Rtn. Dr. Lalit Khanna is a member of RC Delhi North & is a Major Donor (Level 3) of TRF. He joined Rotary Club of Delhi North in 1991. During his long association with Rotary, he has served on various distinguished positions and assignments both at the Club level & District level.

He was President of RC Delhi North in 1999-2000, and has the Distinction of being Club Trainer for 7 Years. He has been awarded various distinguished Awards in Rotary and was declared best Rotarian on more than 3 Occasions.

Rtn. Dr. Lalit Khanna is B.COM (Hons) & Gold Medalist from Prestigious College SRCC, Delhi University, L.L.B from Faculty of Law, Delhi University, Company Secretary, MBA and Doctorate in Business Administration from Commonwealth University, UK.

Dr. Khanna is Chairman of Apex Group of Companies, who are one of the biggest manufacturer & Exporter of Deep well water Hand pumps and Cold Chain Equipment, including Polio/Covid Vaccine Carriers and cold boxes approved by WHO/UNICEF worldwide. Dr. Khanna had been President of All India Hand Pump Mfg. Association. He has widely travelled to more than 80 countries all over the world, and had met Dignitaries, Minister and Head of States of various Countries His Company APEX INTERNATIONAL has been winning EEPC Export Award for Excellence in Exports for the last 11 years in a row.

Rtn. Lalit Khanna has been associated with many social, religious, Business and cultural organizations like President of Delhi University Law Student Union, Supreme Councilor, Delhi University, Bharat Vikas Parishad, Sanathan Dharma Sanstha, Hindi Sahitya Sabha, EEPC, FIEO etc. His interviews, Articles, etc. have been published/ telecast in many reputed newspapers/Magazine/TV Channels.

He is happily married to Rtn. Neelu Khanna, Past District Chairman of Inner Wheel 301 in the year 2014-15. Neelu Ji is actively involved in the family business and is Director/ Partner in various companies of Apex Group. Both Dr. Lalit and Neelu are Major Donor level III with a total contribution of USD 75,000 to the Rotary Foundation.

They are blessed with 2 sons. His son- Sanchit is also associated with Rotary Club of Noida City as President (2021-2022) and looks after manufacturing unit of company & happily married to Neha, who is B.COM (Hons), MBA and actively participates in family business. Second son Rachit is a Chartered Accountant and working with Barclays Bank in New York, as Vice President, Investment Banking & his wife Dr. Paulina is a practicing doctor in New York.

The couple is also blessed with 3 grandchildren – Naysa, Shaun & Milaan. All the family members including grandchildren are Paul Harris Fellows.



## Know Your Club President

(2022-23)

### Rtn. Jiten Garg

I was born on 3rd September'1972 in Kolkata and did my schooling from Don Bosco and my graduation from St. Xaviers College as a Bachelor of Commerce.

Due to the early passing away of my father, I joined the family business of export of Textiles at a very early age and went on to become the Vice-President of the Silk Association of India. My current business is of lamination films for the printing & packaging industry under the name of Star Polyfilms.

I joined Round Table and was a member for 14 years before retiring at the age of 40 as is the rule in Tabling. I went on to represent my Area 4 which comprised of Bengal, Bihar & Orissa as its Chairman.

I am married to Rtn Anjali Garg and have 2 sons, Varun & Pranav. Varun has an MBA from NMIMS, Mumbai and is presently working in Bangalore. Pranav has graduated in Hotel Management from Bangalore and is presently engaged with me in business.

I joined Rotary in 2018 and have loved it ever since.

## Know Your Club Secretary

(2022-23)

### Rtn. Sunil Sharma

#### *Education:-*

Post Graduate in Human Resources Training & Development. Tourism Facilitation course from Ministry of Tourism, Government of India

#### *Institutions attended:-*

Bal Mandir Dayanand Modern School, Model Town, S M Hindu School, Hindu College and DAV College in Chandigarh

#### *Professional Highlights:-*

Previously worked for Tata Press Limited, Essar Cellular Phones, Reliance Industries Limited and Gemological Institute of America, Mumbai. Currently pursuing freelancing

*Interests:-* Sports and Sporting Events, Travel and Tourism

*Hobbies:-* Outdoor Adventure Activities like Sky Diving, Bungee Jumping, Para Sailing, River Rafting, Trekking/Hiking, Long distance Running and Walking, Long Distance Motor Bike Riding, A Solo & Backpacking Traveller.

*Years at Rotary:-* Joined in August 2020



## Meeting Details | Club Assembly (Held on 08.07.2022)

The 2nd meeting of the Rotary Year 2022-23 was the **First 'Club Assembly'** which was organized on the evening of 8th July at Cafe Crave Banquet Hall.

### What's a Club Assembly Meeting:-

A Club Assembly is a Club Meeting in which there is no specific scheduled programme. In this meeting the Club President conducts the Business such as giving a brief on Major Plans and how the funds would be raised, Budget deliberation, Presentation of Club Service avenues Director's plans or report of already conducted events. The Club Meetings should be organized quarterly. However, if the President feels the need to conduct more Club Assembly meetings, It is possible to do so.

### The Minutes of First Club Assembly:-

Rtn President Jiten Garg called the meeting to order and give the following briefs:-

**Annual Budget:-** The annual Budget sheet was shared with the members and their consent was sought on raising the club Dues by 10% over and above the previous year's dues of Rs. 26000/-, thus making it Rs. 28500/-. There were some clarifications sought by concerned members which were addressed well and the Budget was formally approved.

### The Club's Flagship Project of the Year:- Drishti 365:-

It was announced that previous year's Vision 50 is being extended as Mission 365 as a Project Drishti in which 365 free Cataract surgeries would be conducted for the patients from lower income groups. It was also informed that we are in contact with a Corporate Group to secure the funds for the said project under their CSR plans. A special Commemorative Lapel Pin dedicated to this Project is on offer as a Donor's Pin and this will also help in raising the funds for the project. Over 8 members have contributed and an amount in excess of 3 lacs already raised.

### The Club Bulletin:-

It was informed to the members that this year we shall not be distributing any Physical paper Bulletin and hence an **E-Bulletin** would be circulated. **Rty'ne Charu Wadhwa has taken up the responsibility of being the Bulletin Editor and the first issue of the same has already been circulated.**

### Council of Legislation Committee for amendment of Club's By Laws:-

Members were made aware that a special committee has been formed to formally discuss and include the amendments of certain rules to be included in the club's By Laws. One of the points under this was that the decision of Vote for the District Governor's election should be the decision of the Board of Directors and not of just the Club President. However, a Senior Club Member suggested that let's not make any changes in this as it may have the complexities of its own. Hence, for the time being this point remains as status quo.

### New Members addition:-

An Ex-Club member's request has come to rejoin the club and this was informed to the members. The Gentleman would be inducted in the club at the Installation Ceremony.

### Brief by Services Directors on their plans for their respective Service Avenue:-

The Directors of Club Service, Community Service, New Generations and Vocational Services presented their plans and how the funds would be raised to cover the plans.

### Formation of Audit Committee:-

The Audit Committee was formed on the spot and the members who would be the part of committee are as follows:-

- PP Rtn. CA Ramesh Wadhwa
- PP Rtn. Pramod Bhagat
- PP Rtn. Dr. Rakesh Rai

The meeting was followed with dinner and Drinks were served on a self-contribution basis.

*Reported by Rtn Sunil Sharma*

# Club Assembly



## Meeting Details | Health Check Up Camp

(Held on 10.07.2022)

Rotary Club of Sonipat in partnership with Max Hospital, Shalimar Bagh in New Delhi organized a **Health Check Up camp at Guru Shri Teg Bahadur Gurudwara, Sector 15, Sonipat.**

The **Camp lasted for Two Hours in which over 50 members got the benefit** of the following Tests and personal one on one consultation:-

### 1. PFT- Pulmonary Function Test:-

Pulmonary function testing is a complete evaluation of the respiratory system including patient history, physical examinations, and tests of pulmonary function. The primary purpose of pulmonary function testing is to identify the severity of pulmonary impairment

**2. Bone Densitometry Test:-** A bone densitometry test determines if you have osteoporosis — a disorder characterized by bones that are more fragile and more likely to break.

**3. ECG Test:-** An electrocardiogram (ECG) is a simple test that can be used to check your heart's rhythm and electrical activity.

**4. Blood Sugar Test:-** This test measures the blood sugar inside the body at the time of the test.

**5. Blood pressure Test :-** It measures the pressure in the arteries as the heart pumps.

**6. Consultation:-** Three Specialist Doctors present at the venue did the simultaneous consultation for each member and gave on the spot prescriptions.

The Members representing Max Hospital are as follows:-

- **Mr. Ashish Malik - Marketing Manager at Max Hospital**
- **Dr. Niket Kumar - Internal and General Physician**
- **Dr. Amit Kumar MBBS DNB - Consultant for Pulmonology and Sleep Medicine**
- **Dr. Kunal Aneja, MS DNB - Consultant Orthopaedic Surgeon**
- **Six Number of Technicians and Support staff**

### A Word of Gratitude:-

Rotary Club of Sonipat extends its **Gratitude to the Gurdwara Prabandhak Team and Team Max Hospital** for their much valued cooperation and support in organizing this noble cause.

*Reported by Rtn Sunil Sharma*

## रोटरी क्लब ने गुरुद्वारा में लगाया निःशुल्क स्वास्थ्य जांच शिविर

सोनीपत, 10 जुलाई (त्यागी):  
रविवार को रोटरी क्लब द्वारा मैक्स  
अस्पताल दिल्ली के सहयोग से  
गुरुद्वारा श्री गुरु तेग बहादुर सैक्टर-  
15 में निःशुल्क स्वास्थ्य जांच  
शिविर आयोजित किया गया।

शिविर में डा. निकेत, डा.  
अमित कुमार व डा. कुनाल अनेजा  
ने मरीजों की जांच की। इस दौरान  
शूगर व बी.पी. की जांच की गई और  
ई.सी.जी. भी की गई। शिविर में 100 से  
अधिक पुरुष, महिलाओं व बच्चों की जांच  
की गई। तत्पश्चात गुरु का लंगर भी परोसा



शिविर में जांच करते चिकित्सक। (त्यागी)

गया। इस मौके पर क्लब के प्रधान जितेन  
गर्ग, सचिव सुनील वर्मा, रजत डोडा, रमेश  
वधवा, सुमित अलख, सुरेंद्र दहिया, डा.  
गौरव डेम्बला, गौरव गंभीर, कुलदीप  
सोलंकी, संदीप गिरधर आदि मौजूद थे।



# Free Health Check Up Camp




## THE JOURNEY OF PP RTN. GAURAV LUTHRA



### **1. What was your experience on being appointed as the President of the 2<sup>nd</sup> oldest club of the district ?**

I belong to a Rotary family and I have seen Rotary since my childhood days. When I was appointed as a President, I had a great feeling of responsibility with Joy. I knew it was total teamwork to run a successful club, Rty'ne Anshu stood by my side for this leadership decision.

### **2. How did you manage your home along with Rotary Club ?**

When you become the leader of any organization, you have to devote time for the same, every work needs personal attention & time. If you manage things wisely and keep balance between your personal life and club you end up with good results, but still to gain something you have to sacrifice a few things. Taste of success is much sweeter than sacrifice.

### **3. Hearty Congratulations to you as highly succeeded Project 'VISION-50'. You managed 54 urgeries which is above the initial set target of 50. How do you feel about it ?**

Vision 50 Project was the real ground project where I felt immense satisfaction, as service to humanity is the service to God. Your little contribution gives clear vision to visually impaired people. Thanks to Rtn Dr. Gaurav Dembla for his constant support and contribution, we superseded our target of 50 and did 54 cataract surgeries.

Vision 50 Project is dedicated to Rotary Club of Sonapat.

### **4. You added Glory to our club as 'Super Elite Club' and 'Super Elite President'. How did you feel about being awarded by the Governor?**

Our Club needs no recognition as it stands beyond the awards or glory. Awards do make you happy, but when any one needy person recognizes and praises your work which you have done for him, it adds several stars to your crown, which is better than any Super elite awards, which I think Myself, Dr. Gaurav & my Club had earned.

District Governor was quite happy with the decent performance of our 'Super Elite Club' and 'Super Elite President'.

### **5. What were the problems you faced?**

Early stage planning and a good team are very important for any successful year.

Since the second semester of Rotary year 2019-20 & almost complete year of 2020-2021 was impeded as a Covid -19 year, there were no physical meetings, planning & discussions which I missed a lot before my tenure. It took time to give a fresh start & meanwhile the pandemic was also over.

There was not such a specific problem, but still I wish that our club should have its own space, as for every meeting we have to search for a new venue with endless negotiations.

I always stick to the motto "All problems are illusion of the mind".



## THE JOURNEY OF

### RTN. DR. GAURAV DEMBLA

*1. Doctor by Profession and Rotary Club Secretary to embrace Community Service. How did you manage both ?*

# I have only one word for this - TEAMWORK

*2. Doctor by profession – A Compassionate Rotary Secretary – An Energetic and skillful cricketer – And*

*an expressive speaker in club meetings. WHAT are more hidden talents of yours ?*

# Picture abhi baki hai mere dost....

*3. You added sparks to club after being added as ‘Super Elite Secretary’. How did you feel?*

# It's quite natural to feel good when your work is appreciated & acknowledged.

*4 What is your goal towards the community services in the society ?*

# I think Late Michael Jackson summarized this in these beautiful words -

“Heal the world - Make it a better place

For you and for me, and the entire human race

There are people dying - If you care enough for the living

Make a better place for you and for me”

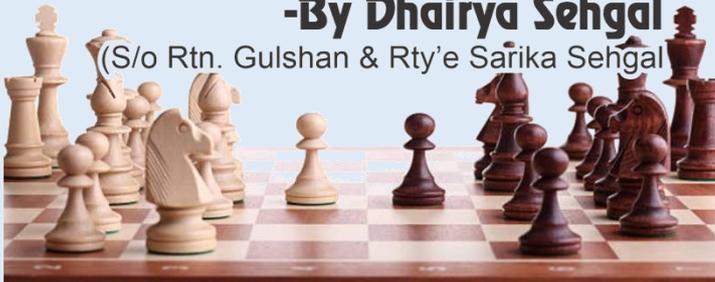
*5. What challenges did you face and how did you tackle them ?*

TIME MANAGEMENT was the biggest challenge and it was managed efficiently because of the unconditional support from my president & dear friend IPP Rtn Gaurav Luthra.

## Annets Corner

**-By Dhairya Sehgal**

(S/o Rtn. Gulshan & Rty'e Sarika Sehgal)



Hello Everybody, I am Dhairya Sehgal! I study in Class -IV in Swarnprastha Public School and love playing the iconic game- Chess. Chess is not just a game for me but a sportful joy. It is so iconic that it even has a motto similar to our Rotary Organization stating **“WE ARE**

**ONE PEOPLE”** - Incredible isn't it?! I relate to this game in an infinite number of ways. As it is all about making strong moves and sticking my them, similarly, in life too, if we plan or do something, we need to make sure to stand on our ground and fight for what we think is better for us.

So yeah this is a small glimpse about me and my favourite game. At the end, just want to share **my achievements of District and State level tournaments (2<sup>nd</sup> position in U-9 Sonipat District, 4<sup>th</sup> position in U-11 Sonipat District, 6<sup>th</sup> position in U-9 Haryana State held at Panchkula, 9<sup>th</sup> position in U-11 Haryana State held at Gurugram...)** **Thanks for giving your time!! Goodbye!**



## BY RTY'NE ANUPRIYA SHARMA

Hello Everyone,

My name is Anupriya Sharma... a woman, a wife and a mother of two little girls ... Somehow we have a thought process that once a woman is married she can't chase her dreams .. and if she had children, then her life is devoted to only her family...

I also had the same vision as I have seen some strong women around me doing the same since many years ...

**BUT Rotary has played a vital role in bringing this 'शायराना अन्दाज़' out of me.** It all started in the year 2017-18 when my husband became the President of this renowned Club ...and post this, the journey is never ending...

I have always admired poetry as it gives wings to our thoughts... अपने जज़्बातों को खुल के बयान करने का ये सबसे उम्दा ज़रिया है ...

I just tried to pursue this and explain my emotions to people around me through my words

पर वो कहते हैं ना ... सुनने वाले बढ़िया हो  
तो सुनाने का मज़ा दुगना हो जाता है ...  
बस काफ़िला बनता चला गया ...



My husband Rtn. PP Nitish Sharma has played a very important role in this. He has supported me whenever I have needed a true friend and guidance..

I know it is not a huge achievement but for a home maker like me it gives me immense pleasure to at least do something for my happiness...

In the end I would just like to say a few words:

मंजिल की बात राही से मत पूछो .....  
आंखों की चमक देखनी है तो सफर का जिक्र करो



नाप तोल कर बोलें तो **haya** बन गई  
मुस्कराकर **bole** तो अदा बन गई!  
हुए खफा जब कभी मुझसे,  
नाराज़गी से बोलें तो सज़ा बन गई!  
मनाते हो मुस्कराकर जब भी मुझे  
तो **teri** हर ख्वाहिश **meri raza** बन गई!  
मैंने जी **bhar** कर देखना **jo chaha** तुझे  
तो ये ही **meri** खता बन गई!  
हाथ थामकर चला जो तू कुर्चे में **mera**  
ये बेमान सी ज़िंदगी भी मज़ा बन गई!

मर्जी से **saans** भी हूँ तो ज़िंदी ही बन जाती हूँ  
कुछ ना कहो तो **moody** कहलाती हूँ!  
सब अपने तरीके से आकतें हैं मुझे,  
थोड़ा **me time** माँगू तो **selfish** बन जाती हूँ!  
सब कुछ **fix** रहता है अपनी जगह,  
मैं थोड़ा हिलने से इनकार करूँ तो अड़ियल हो  
जाती हूँ !

मर्यादा का ठेका बस **mera** है **ghar** में,  
थोड़ा सा **stand** ले लूँ तो बेशर्म हो जाती हूँ !  
**saari** गालियां मुझसे शुरु मुझ पे खत्म  
थोड़ा आवाज़ उठा लूँ तो **feminist** हो जाती हूँ!

# Happy Birthday!



**Rty'ne Shweta Batra**  
W/o Vishal Batra  
16th July



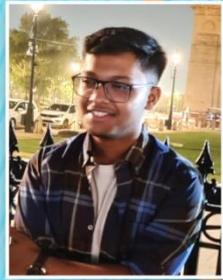
**Rtn. Deepak Tuteja**  
18th July



**Rty'ne Sarika Sehgal**  
W/o Gulshan Sehgal  
21st July



**Annet Aarisha Jain**  
D/o Hemant Jain  
14th July



**Annet Dhruv Kuchhal**  
S/o Anurag Kuchhal  
19th July



The name of Last Thanksgiving meeting was inadvertently mentioned as 'Gratitude' instead of 'शुक्रिया'. Also the venue of Spread Smile Foundation Meeting was wrongly mentioned in the Meeting Reports. The errors are sincerely regretted.

-Editor



**Save the Date**

**TREE PLANTATION**  
Date | 24 July 2022

MOC:  
**Rtn. Amit Jain and Rty'ne Reema Jain**

# Snowtastic Summer

Paint Your Snowtastic World Today | Paint it any way you want

Age Group :

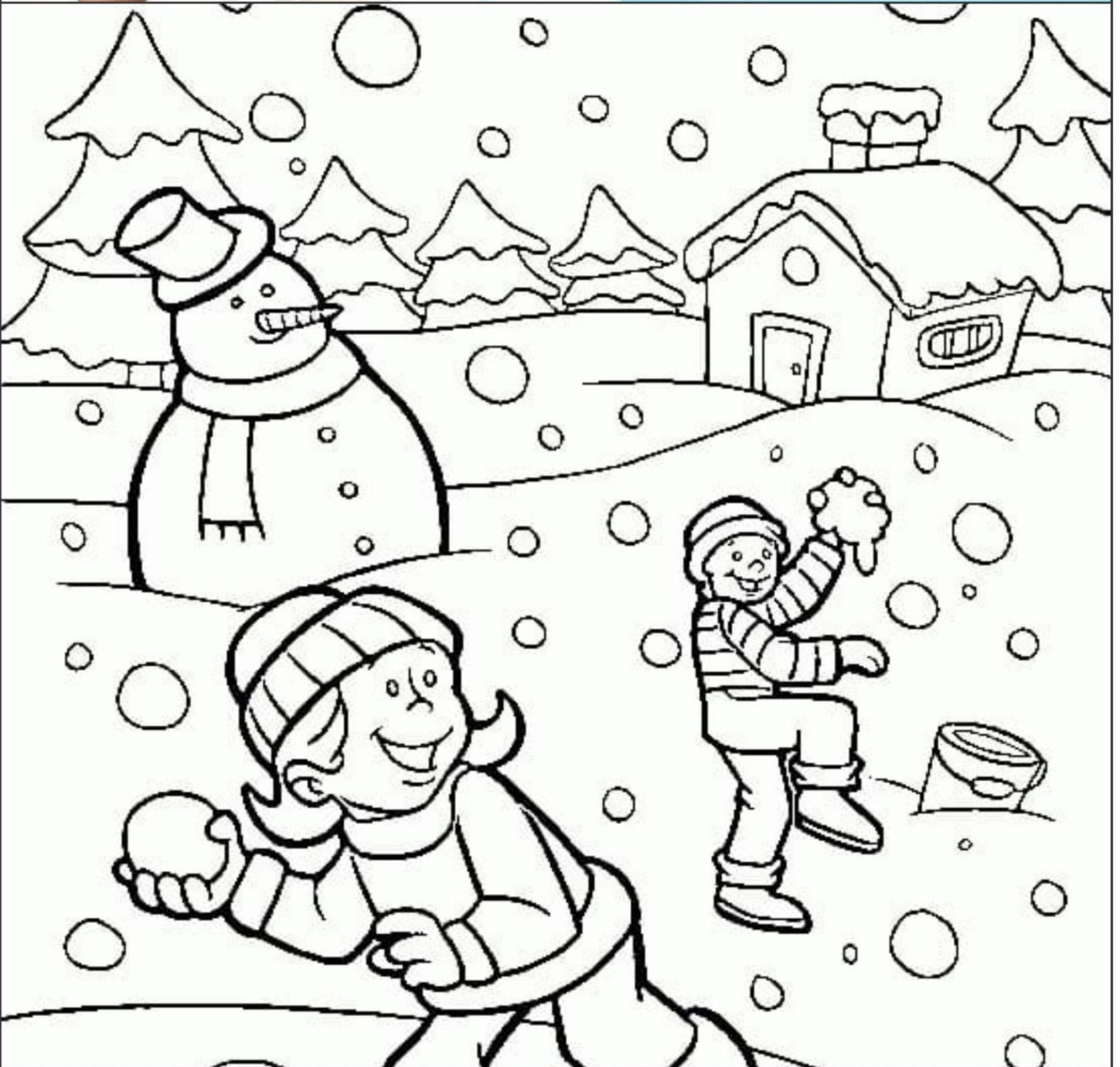
Junior 5 to 10 yrs | Senior 10 to 15 yrs

**THEME : SNOWTASTIC SUMMER**

**PARTICIPATION CERTIFICATE FOR ALL**

You can take printout of this page and submit  
Clear photo of your painted page to  
Rty'ne Charu Wadhwa (89300 19990)

Last Date : 17th July 2022



# Bylaws of the Rotary Club of Sonapat

## Article 1 Definitions

1. Board: The board of directors of this club.
2. Director: A director on this club's board.
3. Member: A member, other than an honorary member, of this club.
4. Quorum: The minimum number of participants who must be present when a vote is taken: one-third of the club's members for club decisions and a majority of the directors for club board decisions.
5. RI: Rotary International.
6. Year: The 12-month period beginning 1 July.

## Article 2 Board

The governing body of this club is its board of directors, consisting of, at a minimum, the president, immediate past president, president-elect, secretary, joint secretary, treasurer, vice president, sergeant-at-arms, director-club services, director-international services, director-community services, director-new generations, director-vocational service. As per requirement, maximum of two vice presidents can be included in the board.

## Article 3 Elections and Terms of Office

Section 1 – One month before annual general meeting, notice for general elections will be sent. Such notice can be sent either through club newsletter or online through e-mail/WhatsApp etc. Members nominate candidates for president-elect, secretary, joint secretary, treasurer, vice president, sergeant-at-arms, director-club services, director-international services, director-community services, director-new generations, director-vocational service. The nominations may be presented by a nominating committee, by members from the floor, or both.

Section 2 -- For the purpose of elections, nomination committee consisting of reigning President, Immediate Past President and President Elect will be formed. Reigning President will be chairman of the said committee.

Section 3 – The candidate who receives a majority of the votes for each office is declared elected to that office. Decision of Nomination Committee will be final in this context.

Section 4 – **If any officer or board member vacates their position, the remaining members of the board will appoint a replacement.**

Section 5 – **If any officer-elect or director-elect vacates a position, the remaining members of the board-elect will appoint a replacement.**

Section 6 – The terms of office for each role are:

President –	One year
Vice President –	One year
Treasurer –	One year
Secretary –	One year
Joint Secretary –	One year
Director –	One year

Section 7 - *The term of office for a club president is specified as one year in the Standard Rotary Club Constitution. In case President Elect resigns due to any reasons, the current president's term can be extended for up to one year.*

#### Article 4 Duties of the Officers

Section 1 – The president presides at club and board meetings.

Section 2 – The immediate past president serves as a director on the club board.

Section 3 – The president-elect prepares for his or her year in office and serves as a director.

Section 4 – The vice president presides at club and board meetings when the president is absent.

Section 5 – A director attends club and board meetings.

Section 6 – The secretary keeps membership and attendance records.

Section 7 – The treasurer oversees all funds and provides an accounting of them.

Section 8 – The sergeant-at-arms maintains order in club meetings.

#### Article 5 Meetings

Section 1 – An annual meeting of this club is held no later than 31 December to elect the officers and directors who will serve for the next Rotary year.

Section 2 – This club meets as follows: Every Friday at 8:30 PM. Reasonable notice of any change or cancellation of the regular meeting will be given to all club members.

Section 3 – Board meetings are held each month. Special meetings of the board are called with reasonable notice by the president or upon the request of two directors.

Section 4 - In case of any urgent issues, online board meeting can also be held using electronic media like WhatsApp etc. to take decisions. Such decisions will be binding on club members as if taken in regular board meeting.

#### Article 6 Dues

**Annual club dues** are approved every year by general house in 1<sup>st</sup> Club Assembly of respective Rotary Year. **Such club assembly should be held within 1<sup>st</sup> fortnight of every Rotary Year. They are paid as follows:** In two installments due in July or January. Annual club dues include **RI per capita dues, subscriptions to an official magazine, district per capita dues, club fees, Installation charges, Governor Official Visit charges, Rotaract Installation Charges, Roster Charges, and any other Rotary or district per capita assessment.**

#### Article 7 Method of Voting

The business of this club is conducted by voice vote or a show of hands except in the election of officers and directors, which is conducted by ballot. The board may also provide a ballot for a vote on some resolutions.

The quorum of any club meeting is one-third of the club's members for club decisions. Club decisions will be deemed to be approved which are consented for 2/3<sup>rd</sup> of the quorum present.

#### Article 8 Committees

Section 1 – This club's committees comprise those listed in article 11, section 7, of the Standard Rotary Club Constitution, which are as follows:

- (a) Club Administration;
- (b) Membership;
- (c) Public Image;
- (d) Rotary Foundation; and
- (e) Service Projects.

The board or president may appoint additional committees as needed.

Section 2 — The president is an ex officio member of all committees.

Section 3 — Each committee's chair is responsible for the regular meetings and activities of the committee, supervises and coordinates its work, and reports to the board on all committee activities.

## Article 9 Finances

Section 1 — Before each fiscal year starts, the board prepares an annual budget of estimated income and expenditures.

Section 2 — The treasurer deposits club funds in a financial institution/bank or institutions designated by the board. The account such opened will be operated by as per the resolution of the board.

Section 3 — Bills are paid by the treasurer or another authorized officer and approved by President.

Section 4 — Financial Statements including details of financial transactions and bank statements etc. will be submitted by outgoing President by 31<sup>st</sup> August of subsequent year.

Section 5 — A committee consisting of qualified persons, which will be constituted in first club assembly of subsequent year, conducts a thorough annual review of all financial transactions. Audit Report of the same will be submitted by 30<sup>th</sup> September to the board.

Section 6 — Club members will receive an annual financial statement of the club. A mid-year financial report, with current and previous year income and expenses, is presented at the annual meeting.

Section 7 — The fiscal year is from 1 July to 30 June.

## Article 10 Method of Electing Members

Section 1 — A member proposes a candidate for membership to the board and/or the membership committee, or another club proposes one of its transferring or former members.

Section 2 --- A clear 10 days notice for such proposal as approved by the board will be given to the members for raising objections, in any. Such notice can be given either through club newsletter or through online electronic media like WhatsApp etc.

Section 3 — The board approves or rejects the candidate's membership within 30 days and notifies the proposing member of its decision.

Section 4 — If the board approves the candidate's membership, the prospective member is invited to join the club.

## Article 11 Amendments

These bylaws may be amended at any regular club meeting. Changing the club bylaws requires sending written notice to each member 21 days before the meeting, having a quorum present for the vote, and having two-thirds of the votes support the change. Changes to these bylaws must be consistent with the Standard Rotary Club Constitution, the RI Constitution and Bylaws, and the Rotary Code of Policies.