



RI District 3012

2024-25

SWARN PATH

Club # 15396

Chartered : 22/03/1957

Rtn. Stephanie A Urchick
RI President

Rtn. Prashant Raj Sharma
District Governor

Rtn. Dr. Gaurav Dembla
Club President

Rtn. Dr. Sachin Gupta
Club Secretary

PP Rtn. Vijay Mehta
Bulletin Editor

next meeting

Bulletin No. 5 | 2nd Aug., 2024

MOVIE TIME

TUESDAY
06 AUG
2024

7:15 pm

Venue | MIRAJ CINEMAS
Sonipat

Followed by Dinner at
HAWAI ADDA, MURTHAL

(Please note that Movie starts at 7:40 pm and all are requested to be present at the appointed time (7:15 pm) to avoid last-minute hassels)



MEETING DETAILS | Free Lipid Profile Camp

(Held on 27th July, 2024 at Darya Ram Hospital, Sonipat)

Our Steps

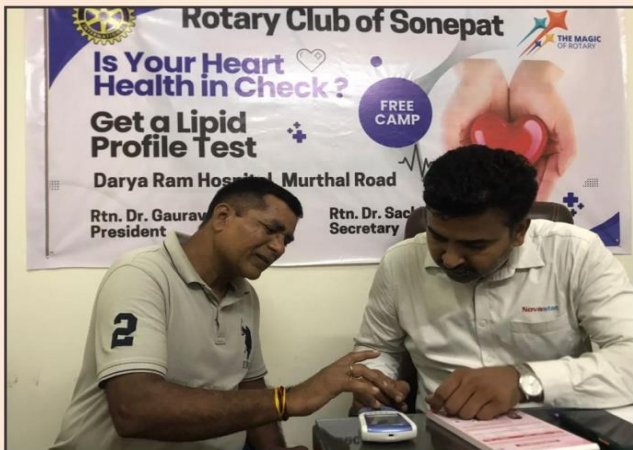
Towards Disease Eradication.....

As informed through Whatsapp and Club Bulletin also, a **Free Lipid Profile Camp** was held on Saturday, 27th July, 2024 at Darya Ram Hospital, Murthal Road, Sonipat. There was good response to the Camp (just one and a half hours). **20 patients were examined.**

Keeping in view the response, it will be club's endeavour to have more such camps in future.



Free Lipid Profile Camp



MEETING DETAILS | Feed the Need

(Held on 28th July, 2024 at HUDA Community Centre, Sec-12, Sonipat)

"Feeding a hungry child is the most powerful investment in humanity's future"

On Sunday, 28th July, 2024, a **community meeting** was held at HUDA Community Centre, Sector 12, where **150 underprivileged kids** attend the afterschool classes organised by SPREAD SMILE FOUNDATION.

We want to extend our **heartfelt gratitude** to Rty'ne Richa & Rtn. Nitin Saluja for their **contribution to provide food** for these **needy children**. Your support has made a significant difference in their lives and brought smiles on these innocent faces.

This meeting was attended by **Club Secretary Rtn. Dr. Sachin Gupta, PP Rtn Vijay Mehta, PP Rtn. Gautam Sachdeva, PE Rtn. Rajat Doda & Rty'ne Sanya Doda, Rtn. Ajay Chaudhary, Rtn. Gaurav Gambhir, Rty'ne Anshu Luthra & Annet Bhavik Sachdeva.**

Reported by | Rtn. Dr. Gaurav Dembla (President)

Feed the Need - Community Meeting



MEETING DETAILS | Diabetes Checkup Camp

(Held on 29th July, 2024 at Darya Ram Hospital, Sonipat)

Regular Project of our Club to **Beat Diabetes** which is held on 29th of every month at Darya Ram Hospital was held on 29th July also, wherein **58 patients** were screened.

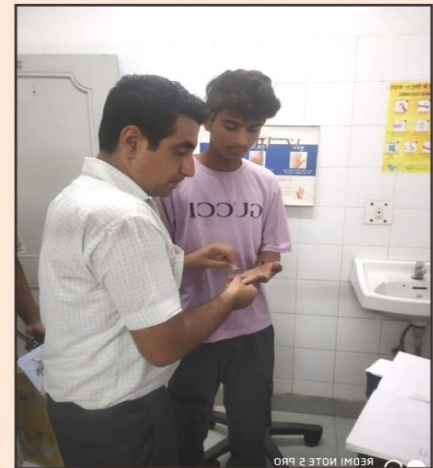
Diabetes is a disease with far-reaching consequences.

COMMON SYMPTOMS OF DIABETES:

- * Frequent urination
- * Feeling very thirsty
- * Excessive hunger
- * Extreme fatigue
- * Blurry vision
- * Cuts/bruises that take a long time to heal
- * Unexplained weight loss
- * Tingling, pain, or numbness in your hands and/or feet

FACTS:

- * Diabetes is a Leading Cause of Blindness Worldwide.
- * Adults with Diabetes Are Twice as Likely to Die from Heart Disease or Stroke.



Free Diabetes Check Up Camp

Rotary Club of Sonapat 2024-25



Give The Gift of Sight

SUPPORT CATARACT SURGERIES

PROJECT DRISHTI 2.0

Contact us:

Rtn. Dr. Gaurav Dembla

9999261418

PP Rtn. Gaurav Luthra

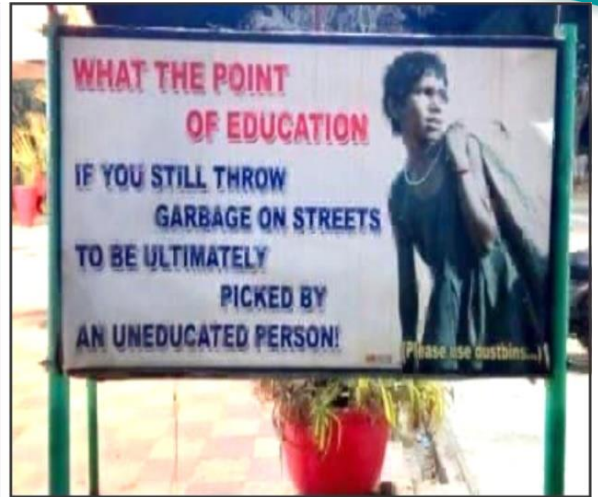
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Rtn. Gaurav Gambhir

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KINDLY DONATE GENEROUSLY



August is



Membership and New Club Development Month



Rotary's Guiding Principals:

These principles, 'OBJECT OF ROTARY', 'FOUR WAY TEST' & 'AVENUES OF SERVICE'

have been developed over the years to provide Rotarians with strong common purpose and direction. They serve as a foundation for our relationships with each other and the actions we take in the world.





Kartika Solanki
D/o PP Rtn. Kuldeep Solanki
06 August



PP Rtn. Vijay Mehta
09 August



Dr. Nishtha Handa
D/o Rtn. Dr. Rakesh Handa
10 August



Annet Annie Gupta
D/o Rtn. Antriksh Gupta
11 August



PP Rtn. Pankaj Seth
13 August

**INDEPENDENCE DAY
CELEBRATIONS**
Date | 15 August 2024



Happy Anniversary



Rtn. Dr. K.Lal & Rty'ne Dr. Archana Lal
10 August

Compiled and Edited by :
PP Rtn. Vijay Mehta

Designed & Published by:
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