



Vibrant

2024-2025

Visionary - Inclusive - Bold - Resilient  
Accountable - Nimble - Trustworthy

# ROTARY CLUB OF MUMBAI MAHIM

DISTRICT 3141, CLUB No. 59127



## MAHIM WAVES

AUGUST, 2024



Rotary



❖ R. I. President – Stephanie Urchick ❖ District Governor – Chetan Desai ❖

◆ President – Vidula Kshirsagar ◆ Secretary – Shaila Rege ◆

❖ Bulletin Chairperson – Shobha Karnik ❖



## FROM PRESIDENT'S DESK



### August – A Month of Impact and Inspiration

As we bid farewell to a whirlwind July, August has unfolded with its own brand of thrilling experiences and profound moments. This month has been a testament to the power of collective effort and the boundless spirit of giving. From heartwarming community initiatives to meaningful interactions with our armed forces, the activities of August have resonated deeply with our mission of service and integration.

The month began on a compassionate note with the distribution of 40 blanket sets to the Old Age Home in Virar. Witnessing the dedication of those who care for the abandoned and the stark reality of familial neglect was both humbling and eye-opening. It reinforced our belief in the goodness that exists in the world and the importance of supporting those in need.

Our journey continued with an exciting venture to Saraswati Vidya Mandir School in Tilher, where we provided 55 refurbished bicycles to 10<sup>th</sup> grade students. The joy on the children's faces as they embraced their new cycles was truly gratifying. This gesture not only promised a year of fun but also underscored our commitment to enhancing educational experiences and opportunities for youth.

Equally noteworthy was the distribution of the Ideal Study App to students across several schools, including Tilher Saraswati School, Shishuvihar English and Marathi Medium, and two schools in Konkan. This application is a treasure trove of educational resources, offering textbooks, guides, tutorial videos, notes, and MCQs at the students' fingertips. The enthusiasm and gratitude from both students and Rotarians highlighted the transformative impact of this project.

The Installation Ceremony at Chatrapati Shivaji Vidyalaya was a grand affair, marked by a significant tree plantation drive. Each plant was dedicated by the students in honour of their mothers, symbolizing growth, respect, and a commitment to environmental stewardship. The Plants were donated by RCMM to the school to be planted in the school premises.



### FROM PRESIDENT'S DESK

Our National Integration Project took us to the breathtaking Kashmir Valley, where fellowship and camaraderie flourished among Rotarians from across the district. A poignant visit by a select few Rotarians to the Army Hospital in Srinagar allowed me to interact with wounded soldiers, offering our support and sharing the Raksha Bandhan celebrations with them. This experience was a powerful reminder of the sacrifices made by our armed forces and the profound connections forged through acts of kindness. The donation of a library through RCMM to an Army Goodwill School further strengthened this bond.

On August 15th, our youth team collaborated with the Interact school of MPS. To honour our soldiers and reignite the flame of patriotism. Brigadier Srivastav's lecture on "Kargil: Valour Reignited" was a timely and inspiring tribute to the valor and dedication of our military personnel. This was organized in all the three Interact schools.

The success of our online organ donation camp, conducted in collaboration with Rotaract clubs, was another highlight of the month, demonstrating our commitment to life-saving initiatives and community health. To mark the Organ Donation month Club members together witnessed the Movie 'Life Line' based on Organ Donation.

August concluded with an enlightening lecture by Rotarian S. Venkateswaran on "32 Measuring Happiness." This thought-provoking session engaged members in exploring the quantification of happiness and fulfillment, adding a philosophical dimension to our service-oriented endeavors.

In reflecting on the past month, it is clear that August has been a period of exceptional achievement and heartfelt engagement. Each project and initiative has contributed to a broader narrative of impact and unity, showcasing the enduring spirit of Rotary.

**Enjoy Rotary and Enrich Life.**



*"Service Above Self" – Rotary's motto reminds us that the true measure of our lives is not in what we gain but in what we give.*



### BOARD OF DIRECTORS



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Rtn. Shital Bhatkar  
Community Service – Non Medical



Rtn. Veena Watve  
Vocational Service



Rtn. Seema Patole & Rtn. Revati Karvinde  
Youth Service



Rtn. Vidya Kulkarni  
Learning Facilitator



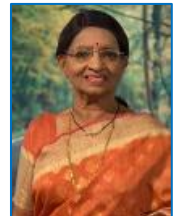
Rtn. Vrushali Kolhatkar  
Sergeant At Arms



Rtn. Manoj Kshirsagar  
CSR



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Project National Integration



Rtn. Uma Sahasrabudhe  
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Rtn. Anand Limaye



Rtn. K Suryakumar  
Club Advisors



Rtn. Usha Sheshan



Rtn. Vandana Rajhansa

We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2024-25

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### SUPPORTING OLD-AGE HOME AT VIRAR

The Samarth Ashram, established by the Jeevan Anand Sanstha in Virar (East), Tal. Vasai, Dist. Palghar, provides care for homeless and helpless elderly individuals. They offer medical facilities and support, and make efforts to reunite these seniors with their families, though this is not always possible.

RCMM received a request from Rtn. Manoj to assist the ashram with towels, blankets, and other necessities. On 7<sup>th</sup> August, 2024 Rtns. Dhananjay, Kishore, Manoj, and Varsha, along with PR Vidula, visited the ashram and distributed chaddars, bedsheets, towels, and napkins to each resident. This effort brought immense satisfaction.



*"Compassion for the elderly homeless and helpless is a reflection of our humanity. Each person deserves dignity and support, and it is our collective responsibility to ensure that their twilight years are met with respect and care."*



### REVIVING HOPE: BICYCLE MAINTENANCE AND RESTORATION

As you travel deeper into the interiors of Maharashtra, you witness the challenges students face just to attend school. Despite long distances and tough conditions, these young learners remain dedicated to their education. Unfortunately, in many families, boys are given priority, often leading to girls dropping out.

To address this, the Rotary Club of Mumbai Mahim (RCMM) has been actively supporting the students of Tilher School by providing bicycles, with other Rotary clubs joining the cause. The school operates a bicycle bank, where graduating students pass on their bicycles to the next batch. However, over the years, these bicycles have worn out and required significant restoration.

Taking the initiative, Rtn. Kishore assessed the situation, identified the necessary repairs, and coordinated with a vendor. On August 7th, 55 fully restored bicycles were handed over to the students. This project was especially fulfilling, knowing these children walk over 5 kilometers each way to reach school. A recent blood test revealed that 90% of these children suffer from low hemoglobin levels, making their determination to attend school even more remarkable.





### REVIVING HOPE: BICYCLE MAINTENANCE AND RESTORATION

In addition to the bicycles, RCMM distributed Ideal Study App coupons to 90 students. This mobile application, designed for 10th standard students of the SSC Board of Maharashtra, offers comprehensive resources in Marathi, English, and Semi-English mediums. A demonstration of the app was provided, showing how it can help students enhance their learning experience and improve their scores—provided they have access to a mobile handset.

This project is a testament to the power of smart solutions and the importance of going digital, paving the way for a brighter future for these determined students.



**Students getting to know more about Ideal Study Application**

**Students displaying key to access Ideal Study Application**



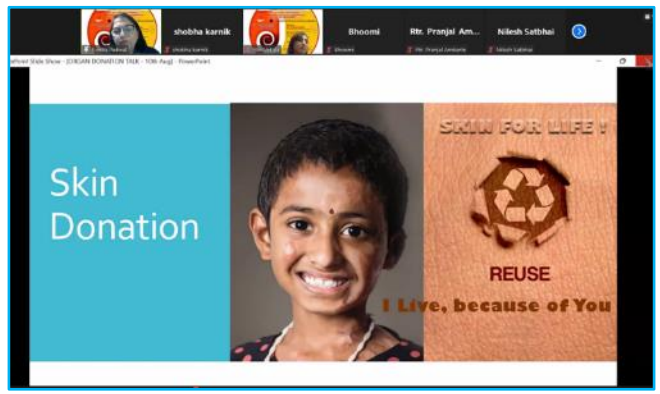
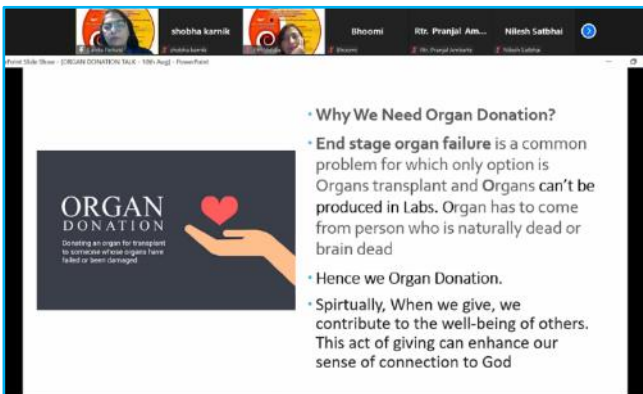
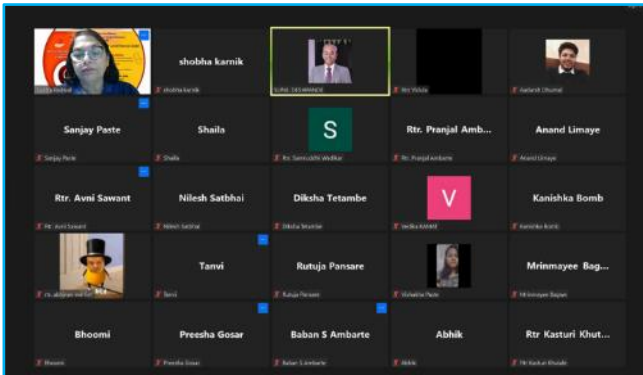


# ORGAN DONATION AWARENESS

Organ donation awareness in India is a critical issue that demands attention. Despite significant progress, misconceptions and cultural barriers still hinder donation rates. Increasing awareness through education campaigns and addressing concerns surrounding organ donation can potentially save countless lives and improve healthcare outcomes across the nation. RCMM along with RCRR and RCKCM had organized the Organ Donation Awareness Session on Zoom on 10<sup>th</sup> August, 2024 for Rotarians and Rotaractors. Almost 55 plus people attended the session. Session was managed by Rotaractors. Rtr. Bhoomi commenced the session with National Anthem and welcoming all for the session. Speakers Rtn. Dr Satbhai and Rtn. Sunita were introduced by Rtr. Pranjal.

Rtn. Sunita began by emphasizing the importance of organ donation and how it can save lives. She explained that anyone can become an organ donor, regardless of age or medical history. She highlighted the significance of eye and skin donation, noting that these are the most commonly needed tissues.

Rtn. Sunita also provided guidance on the registration process for organ donation. She stressed the importance of keeping family members informed about one's decision to donate, as this awareness is crucial. If relatives are unaware of the donor's intentions, it can complicate the process after death, potentially leading to missed opportunities to save lives.







# ORGAN DONATION AWARENESS

Rtn. Dr. Nilesh Satbhai, an internationally trained Plastic Surgeon with over a decade of experience, has made remarkable strides in the fields of Plastic, Hand Transplant, and Reconstructive Microsurgery. With a deep commitment to enhancing the quality of life for his patients, Dr. Satbhai has been a pivotal figure in the realm of organ donation, particularly focusing on limbs and tissues.



Rtn. Dr. Satbhai passionately spoke about the critical importance of organ donation, emphasizing how the donation of limbs and tissues can significantly improve the lives of recipients. He shared compelling stories from his experience with limb transplant surgeries, highlighting the profound impact these procedures have had on the lives of his patients. Through these narratives, Dr. Satbhai illustrated how individuals who have undergone limb transplants are now leading better, more fulfilling lives, thanks to the generosity of donors and the advancements in medical technology. He also pointed out the problems of prosthetics and how the transplants are better.

Dr. Satbhai's expertise and dedication are not only a testament to his skill as a surgeon but also a beacon of hope for those in need of life-changing procedures. His work continues to inspire and educate, encouraging more people to consider the life-saving potential of organ and tissue donation.

**Common problems with prosthesis**

- Insensate
- Cannot be used in water
- Weight
- Stump related problems
- Poor or inadequate function
- Costly
- Recurring expense
- Non-compliance

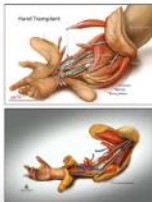

It is extremely hard to duplicate hand function even in today's advanced computer era

**Hand Transplantation**

*best reconstructive option for most bilateral and some unilateral amputees*

Quality of life is often more important than life itself  
- Anshu Corbet

**Proximal forearm transplantation**

August 2020


1<sup>st</sup> Bilateral Hand Transplant of Western India




**Milestones**

- Able to
  - Take bath
  - Take care of self hygiene
  - Open a water bottle
  - Drink water by a glass
  - Lift light weights
  - Carry a bag
  - Operate mobile phone
  - Travel independently
  - Type on keyboard
  - Started to write again
- Employed in our hospital as a coordinator

Change in hand dominance: Left handed now (previously right handed)




*Organ donation is not just a gift of life; it is a legacy of hope, compassion, and the enduring power of humanity to heal and uplift others.*



### KARGIL: VALOUR REIGNITED - SESSION BY BRIGADIER AJIT SRIVASTAV

Kargil Vijay Diwas is a day of great significance for India as it commemorates the country's victory over Pakistan in the Kargil War of 1999. The day is celebrated on July 26 every year to honour the brave soldiers who sacrificed their lives in the war and to pay tribute to their heroic acts of valour and courage. The day is marked by various events and ceremonies across the country, including parades, wreath-laying ceremonies, and cultural programs.

This year, RCMM organized a lecture by Brigadier Ajit Srivastav on the topic of Kargil, held in August at the Interact Clubs of Matunga Premier School on 12<sup>th</sup> August, Chatrapati Shivaji Vidyalaya on 13<sup>th</sup> August, and Dadar Vidya Mandir on 23<sup>rd</sup> August.

Brigadier Ajit Srivastav joined the Armed Forces in 1974 and served the nation with distinction for 38 years. Throughout his illustrious career, he has been stationed at every major Indian border and strategic location across the country, earning numerous awards for his service. Given his extensive experience and deep understanding of military operations, he is exceptionally well-suited to speak on the topic of Kargil. The aim of this lecture was to provide students with an in-depth understanding of the bravery and sacrifices made by our soldiers during the Kargil War. By sharing these inspiring stories, the lecture sought to honour the valour of the armed forces and to motivate students to consider joining the armed forces themselves, fostering a sense of patriotism and respect for those who serve the nation.

#### At Matunga Premier School:



Rtn. Alka, introduced Brig. Ajt Srivastava. Brig's talk was well appreciated by the Trustees Shri. Prahalad Acharya Sir and Ms. Bhavna Desai madam, teacher in charge of Interact club Ms. Simran madam and the students.



### KARGIL: VALOUR REIGNITED - SESSION BY BRIGADIER AJIT SRIVASTAV

#### At Chatrapati Shivaji Vidyalaya



The President of the Interact club Int. Zoya Shaikh started the proceedings, calling the meeting to order. Rtn Revati Kanvinde introduced the Brig. Ajit Srivastav. The teacher in charge of the Interact club Shri Nemse was also present throughout the session and was very appreciative. Rtns. Seema, Revati and her husband, Jayanti, Shaila, Arati and Nita attended the session till the end.

#### At Dadar Vidya Mandir



Rtn. Revati Kanvinde introduced the Brig. Ajit Srivastav. Brigadier as well as RCMM members were felicitated. Mainly students of junior college attended the session. Session was very much interactive as students had many questions on how to join the army, what qualifications required etc. Rtns. Seema along with Revati, Jayanti and Asavari were present throughout the session.



### KARGIL: VALOUR REIGNITED – SESSION BY BRIGADIER AJIT SRIVASTAV

#### Brig. Ajit Srivastav on Kargil Valour



It was an incredible experience listening to Brigadier Shrivastav. He painted a vivid picture of the Kargil War, making everyone feel like they were right there witnessing the events unfold. Every aspect, from strategic planning to the execution of commands, was described with meticulous detail. The inclusion of videos and a documentary on the Kargil War held the room in absolute silence, capturing everyone's full attention.

The portrayal of extraordinary officers and brave soldiers in a short documentary filled everyone with pride for our armed forces. Brig. Shrivastav's speech was not only motivational but also deeply inspirational. The entire program left a lasting impression on the audience, instilling a sense of pride and motivation. It undoubtedly kindled a desire among the listeners to join the Armed Forces.

The message resonated loud and clear: in the Army, you may not amass wealth, but you gain something far more valuable – respect. The discipline, love for the country, and the readiness to sacrifice for its protection will earn you respect not only within the professional Army but wherever life takes you. The event served as a powerful reminder that true richness lies in one's commitment to a higher cause.

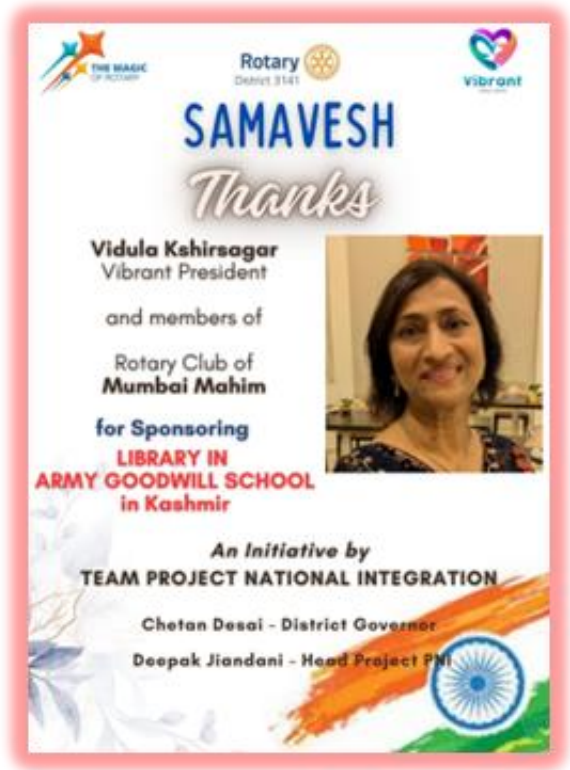
Many thanks to Youth Team for organizing such a inspiring speaker.



### PROJECT NATIONAL INTEGRATION - Library Books to Army Goodwill school

District 3141 has initiated Project National Integration with an aim of bringing a lasting peace in Kashmir, so it is imperative that we Rotarians instill a sense of belonging in the local population and thus motivate them to support the country and the Indian Army. This can be achieved by providing educational and medical support, creating job opportunities for the locals, creating a sports infrastructure for young adults, taking national integration initiatives etc. Our Indian Army has initiated many such projects in the frontline border villages.

There was a request to provide library books for the Army Goodwill School, and RCMM readily agreed to support one of the seven schools in the region. In response, a total of 262 books were provided, covering a wide range of subjects from inspirational stories to academic resources that will aid the students in their studies. These books are intended not only to complement their existing curriculum but also to broaden their horizons and nurture a love for learning. When the RCMM team visited Kashmir, they had the privilege to hand over these books to the school. This contribution is more than just a donation; it's a meaningful investment in the future of these young minds, fostering a deeper connection between the local community and the broader national fabric. This initiative will go a long way in empowering the students and instilling in them a sense of pride and belonging.





### INDEPENDENCE DAY CELEBRATION



India is celebrating its 78<sup>th</sup> Independence Day on 15<sup>th</sup> August, 2024. This year, the theme is 'Viksit Bharat @ 2047'. The celebrations serve as a platform to provide a renewed push to the government's efforts towards transforming the country into a developed nation by 2047. From Srinagar and Ladakh to the nation's capital, the country will come together to celebrate its freedom on August 15.

At RCMM members celebrated the Independence Day in their own way. PR Vidula along with Rtns. Archana, Kishore, Manoj, Rashmi, Sunita, Varsha and Vrushali travelled all the way to Kashmir along with DG and District dignitaries for Flag Hoisting ceremony with Arm Forces. Rtn Dr Pallavi celebrated at J J Hospital with all the grandeur and hoisted the flag. Rtns. Abhishek, Nita and Shaila along with Rotaractors joined Matunga Premier School for the Independence Day celebration. Rtn. Pradeep Watve and Seema, Pradeep, Revati had their own way of celebration. Many of the members joined the celebration happening in their locality.

Sharing few pictures here.

At Kashmir Valley



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2024-25

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### INDEPENDENCE DAY CELEBRATION



At Matunga Premier School



At J. J. Hospital



Rtns. Seema & Pradeep



Rtn. Revati at Don Ghas



Rtn. Pradeepo Watve

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# CATARACT FREE PALGHAR

Cataract-related blindness poses a significant challenge in India, impacting both health and socio-economic aspects. In response, the 'Cataract Free Palghar' project was launched in 2021-22 during IPP Kishore Parulekar's tenure, under the guidance of PDG Rajendra Agarwal.

IPP Kishore took the lead along with Parleshwar Club in finding out partner in service, finalizing logistics involved in Vasai. Since then, every year IPP Kishore is pursuing this project and helping in conducting Eye Check-up Camp and subsequently sponsoring the surgery cost through RCMM. He also generously donates towards this cause. His dedication to this cause is commendable.

This year, Rtns. Varsha and Kishore secured CSR funding from NRB Bearings, enabling 100 surgeries. This month group of 29 patients underwent successful cataract surgeries and are deeply grateful to RCMM for restoring their vision and enabling them to lead happier lives. With this RCMM completes 100 cataract surgeries as planned.

A special acknowledgment goes to IPP Kishore for his tireless dedication. His unwavering commitment, including his hands-on approach in the Vasai area, ensures the best possible care for patients, earning him well-deserved appreciation.







### RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT ABHIYAN

In continuation from last month, on 20<sup>th</sup> August, 2024 ration was distributed to 16 patients at BMC dispensary, behind Goa Portuguesa restaurant, City light. Rtns. Asavari and Dr. Gurmit distributed the ration personally along with BMC officials. We will be providing the ration during the period of their medication. Hope this helps the patients to regain their health and lead the normal life.



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### INSTALLATION OF CSV INTERACT CLUB

The Rotary Club of Mumbai Mahim (RCMM) proudly supports three Interact Clubs and two Rotaract Clubs. The start of the year is always a busy time as we focus on installing new teams for all clubs, ensuring they can begin their work with full energy and enthusiasm. In July, we successfully completed the installations for two Interact Clubs and one Rotaract Club, setting the stage for a dynamic and vibrant year ahead.

#### Installation of Interact Club Chhatrapati Shivaji Vidyalaya

The Rotary Club of Mumbai Mahim (RCMM) proudly established the Interact Club at Chatrapati Shivaji Vidyalaya in October 2022. On 8<sup>th</sup> August, 2024, we celebrated the second installation of its officers with great enthusiasm. The ceremony was graced by PDPR Rtn. Pankaj Phatarphod, who served as the Chief Guest.

The event commenced with the lighting of the ceremonial lamp by the dignitaries, followed by a heartfelt rendition of the National Anthem by all attendees. The students captivated the audience with an outstanding dance performance, setting a joyous tone for the day.

Following the cultural program, the new President of the Interact Club was installed, and the Board Members were introduced. Chief Guest Rtn. Pankaj Phatarphod, along with PR Vidula, addressed the students, reiterating the significance of the Interact Club and the expectations for the coming year.

RCMM members Rtns. Alka, Jayanti, Nita, Revati, Seema, and Shaila were present throughout the program, offering their unwavering support. Special thanks to the Youth Team for their exceptional organization of the event.

The ceremony concluded with a tree plantation drive within the school premises, symbolizing growth and a commitment to the environment. Overall, it was a deeply satisfying and successful day.





### INSTALLATION OF CSV INTERACT CLUB



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### 32 MEASURING HAPPINESS BY RTN. S VENKATESWARAN

In a recent session on 24<sup>th</sup> August, Rtn. S Venkateswaran delivered an insightful and interactive presentation on the concept of "32 Measuring Happiness." He began by sharing why he is proud to be a Rotarian, grounding his perspective in the Rotary's 4-Way Test. He emphasized the importance of truth, fairness, goodwill, and the benefits to all concerned, setting the stage for his discussion on happiness.

Rtn. S Venkateswaran then posed a fundamental question: "What is happiness, and what brings you happiness?" He distinguished between happiness and pleasure, explaining that while pleasure is fleeting, true happiness equates to a sense of fulfilment. He introduced the concept of a Happiness Score, represented by the formula  $H = F$ , where happiness is directly proportional to fulfilment.



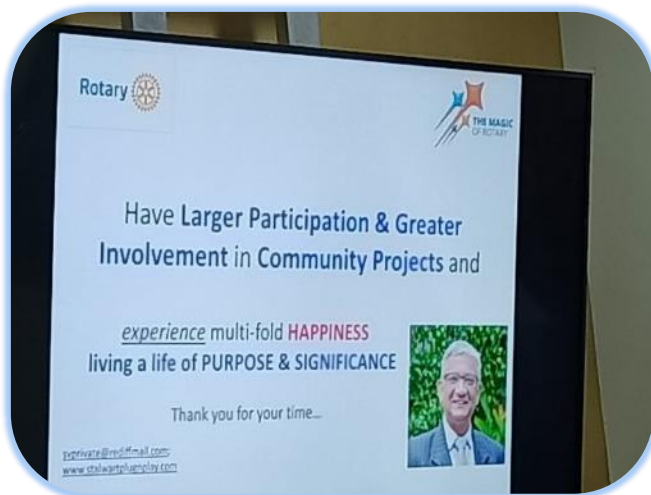
To quantify happiness, he proposed a simple equation: the Happiness Score (HS) is the ratio of fulfilment to requirement, or  $F/R$ . When this ratio equals 100%, one has achieved complete happiness. However, he added that it is possible to exceed 100% by fulfilling not just one's own requirements but also the needs of others. This, he explained, leads to a higher level of happiness, represented by  $HS (Rev)$ , where additional fulfilment ( $F_1, F_2, F_3$ , etc.) is factored in.



### 32 MEASURING HAPPINESS BY RTN. S VENKATESWARAN

Reflecting on his personal journey, he shared how Rotary has helped him shift his life perspective from focusing on "gold" or goals to embracing "platinum" or purpose. He discussed how his goals have evolved from seeking wealth, fame, and personal success to pursuing satisfaction, fulfilment, and significance in life. He now prioritizes giving over receiving and considers humanity at large as his extended family, moving beyond immediate and extended family ties.

He concluded by expressing his deep gratitude to Rotary for providing the opportunity to transform his outlook on life, shifting from the pursuit of success to seeking purpose and significance. With this newfound perspective, he proudly declared, "I am proud to be a Rotarian."



**Rtn. Pradnya offered the vote of thanks.**

*"Happiness is not about having what you want, but about wanting what you have. True happiness is found in fulfillment, where the joy of living aligns with the purpose of life."*

*"Happiness is not a destination, but a journey of fulfillment, where each step aligns with your values and purpose."*

*"Fulfillment is the quiet joy that comes from living a life true to yourself, where happiness flows naturally from the inside out."*



### DISTRIBUTION OF IDEAL STUDY APP AT SHISHU VIHAR SCHOOL

RCMM distributed Ideal Study App coupons to 80 students of 9th and 10th standard, along with 9 teachers of Shishu Vihar School, on 26<sup>th</sup> August, 2024. The Ideal Study App is specifically designed for 10th standard students of the SSC Board of Maharashtra and offers comprehensive educational resources in Marathi, English, and Semi-English mediums. Shri Amol Kamat, creator of the Ideal Study App was present and he explained the app in details and answered all the queries raised. A live demonstration was provided during the distribution, highlighting how the app can enhance the learning experience and improve academic scores for students—assuming they have access to a mobile handset.

This initiative underscores the impact of smart solutions in education, showcasing the importance of digital tools in paving the way for a brighter future for these motivated students. The project serves as a testament to RCMM's commitment to leveraging technology to empower the next generation.

PR Vidula, Rtns. Arati, Pratibha, Seema and Shaila were present and happy to distribute the Ideal Study App coupons.





### DISTRIBUTION OF IDEAL STUDY APP AT SHANTADURGA HIGH SCHOOL

RCMM distributed Ideal Study App coupons to 13 students including 4 teachers at Shantadurga Highschool, Wadacha Paat, Malvan, Sindhudurg on 29<sup>th</sup> August, 2024. The students were provided with a demonstration of the application, and they were excited to have such a valuable educational resource readily accessible on their mobile devices.





### BLOOD DONATION CAMP



Under the District initiative, 17 Rotary Clubs coming together hold Blood Donation Camp once in every month. This month it was on 30<sup>th</sup> August at Churchgate Station. Total of 108 bottles of blood was collected at the end of the day.

A heartfelt thank you to all the generous donors and dedicated volunteers who made this event a tremendous success. Your support and hard work are deeply appreciated! Let's continue to make this year one of service and positive change!

### ANNADAN THROUGH DON GHAS

RCMM has been associated with NGO Aarya since last 6-7 years. The NGO 'Aarya', is formed by Rtn. Sheetal Bhatkar, in memory of her son. The vision of the NGO is to alleviate some of the worries of family members of patients, undergoing long treatment in hospitals around Parel like Wadia, Tata Hospital and KEM Hospital. The initiative is called as 'Don Ghas' in Marathi means a 'square meal'. It is very well thought out with a very simple process, and smooth execution.

On 31<sup>st</sup> August, RCMM sponsored the lunch for 150 people. Thanks to Rtn. Revati's friend Arati Mhatre for donating for the cause in the memory of her mther-in-law Smt Sarla Ramakant Mhatre.



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# DISTRICT INITIATIVE & CO-HOST

### 1. Samavesh

District 3141 with RC Western Elite had organized 'Samavesh' Kashmir Trip – Project National Integration from 11<sup>th</sup> to 17<sup>th</sup> August, 2024. RCMC participated whole heartedly – PR Vidula along with Rtns. Archana, Kishore, Manoj, Rashmi, Sunita, Varsha and Vrushali joined the trip. In PR Vidula's words.....



'Samavesh' truly embodied its essence on two levels—first, with fellow Rotarians from District 3141, and second, with our wonderful Kashmiri hosts. This journey was filled with joy, laughter, friendship, and meaningful connections. We enjoyed singing, nature walks, the serene rivers, the rich Kashmiri cuisine, and the spiritual blessings from sacred sites.

The experience was enriched by our interactions with the brave brothers and sisters of the armed forces. We carry with us a treasure trove of memories and experiences in our hearts. A particularly special moment was the meeting with high-ranking officers, our esteemed guests.

This encounter brought us closer to understanding the people of the Valley and gave us insight into the tremendous work our soldiers are doing to nurture the youth and children of Kashmir, as well as their efforts to preserve the art, culture, skills, and traditions of the Kashmiri community.

This trip also highlighted the remarkable generosity and big-heartedness of the people of District 3141. They came forward wholeheartedly, showcasing their altruistic spirit by fulfilling the requests made by our men in uniform for the people living in the border areas. We leave with a hope for love.....



### DISTRICT INITIATIVE & CO-HOST

#### Samavesh

This Kashmir Trip gave an opportunity to meet Army Officials, celebrate 15<sup>th</sup> August our Independence Day, truly feeling very patriotic and urging to do more for Kashmir Valley.

PR Vidula had carried the Rakhis, where each RCMM members had a message to soldiers. Rtn. Nita had beautifully decorated the greeting cards which carried the message. RCMM members got a chance to tie the Rakhis to the soldiers. Overall it was very satisfying.



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2024-25

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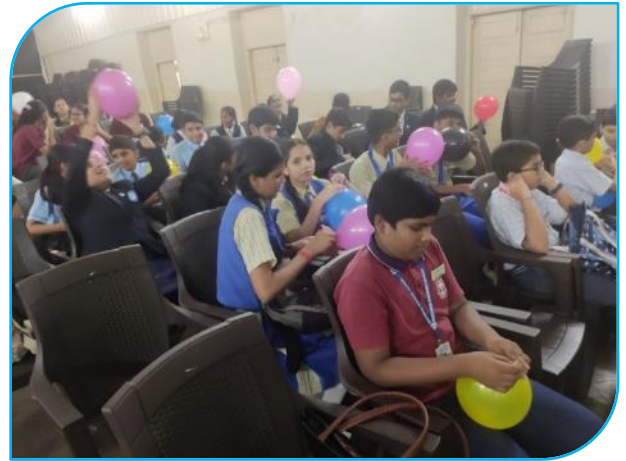
### DISTRICT INITIATIVE & CO-HOST

#### Sanskar

District 3141 along with RC Mumbai Juhu as lead host had organized the 14th Interact District Training Assembly, 'SANSKAR' on 9<sup>th</sup> August, 2024. This event was focused on imparting in-depth knowledge to the Interactors about Rotary, leadership, and sustainable project development.

The assembly featured comprehensive training sessions designed to enhance leadership skills and promote sustainable project initiatives among the students. All participating students were awarded certificates to acknowledge their involvement and commitment to the program.

Three Interactors of Matunga Premier School participated in the programme. Rtn. Seema was present throughout the session with them.



**Rtn. Seema with PDPR Rtn. Pankaj Phatarphod and Interactors of Matunga Premier School**

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Year 2024-25

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### PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

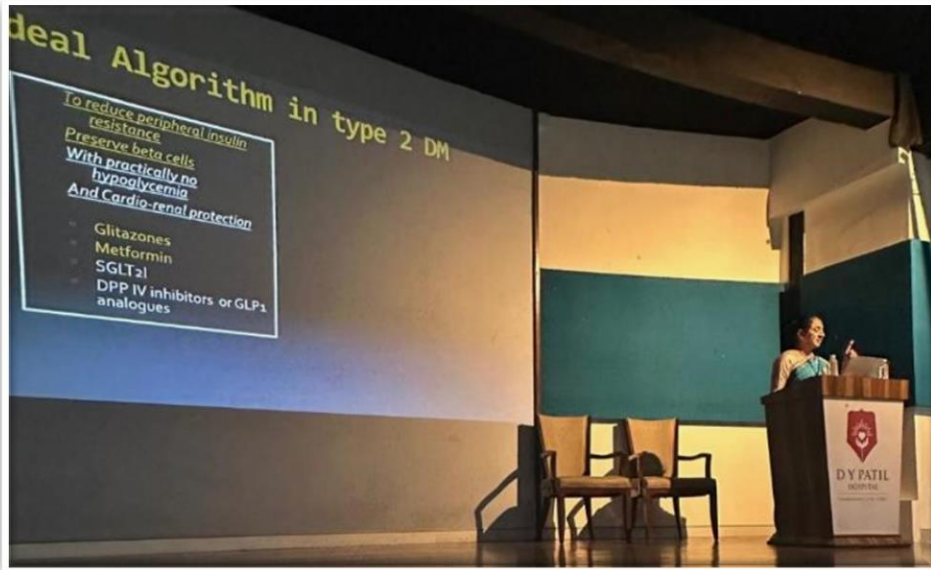
Name	Amount	Cause	Through Rotarian
BR Akerkar & Sons Jewellers	30,000	Fund Raise Nov 2024	Dhananjay Patwardhan
Rtn. Arati Dhavale	4,000	Ration for TB Patients	
Rtn. Asavari Chandorkar	5,000	Ration for TB Patients	
Rtn. Revati Kanvinde	2,250	Raincoats for Policemen	
Dr. Snehalata Dhayagude	20,000	Fund Raise Nov 2024	Vidya Kulkarni
Dr. Heramb Dhayagude	20,000	Fund Raise Nov 2024	Vidya Kulkarni
Rtn. Dhananjay Patwardhan	50,000	Fund Raise Nov 2024	
Aditi Patil	40,000	Fund Raise Nov 2024	Shaila Rege
Rtn. Sandhya Samudra	50,000	Fund Raise Nov 2024	
Aditya Vinayak Joshi	5,000	Fund Raise Nov 2024	Dr. Hemangee Dhavale
Arati Vikas Mhatre	7,500	Donation for Don Ghas	Revati Kanvinde
Vidya Shrikant Pai	10,000	For cancer patients	Shaila Rege
Elcon Engineering Pvt Ltd	10,000	Fund Raise Nov 2024	Vidya Kulkarni
Prakash Sales Corporation	15,000	Fund Raise Nov 2024 – Adv.	Anand Limaye
Alpha Plus	10,000	Fund Raise Nov 2024 – Adv.	Anand Limaye
Royal Petroleum	15,000	Fund Raise Nov 2024 – Adv.	Anand Limaye
Image Plus	10,000	Fund Raise Nov 2024 – Adv.	Anand Limaye



### FAMILY CORNER



Rtn. Nita donated clothes and books to Jagruti School at Govandi. RCMM appreciates her kind gesture.



Heartiest congratulations to Rtn. Dr, Sanhita for getting invited to deliver talk on 'Prevention and Early detection of Diabetes Complications' at Diabetes conference called DEKHO held at D. Y. Patil college at Nerul.



### FAMILY CORNER



Heartiest congratulations to **Rucha**, daughter of **Rtn. Archana** on her marriage to **Bipin** on August 7<sup>th</sup>, 2024.

RCMM Wishes the newlyweds a lifetime of love, happiness, and togetherness as they embark on this beautiful journey.





### FAMILY CORNER



**Rtn. Dr. Pallavi Saple**, daughter of **Rtn. Dr. Supriya**, the esteemed Dean of J J Hospital, is widely recognized for her exceptional expertise and decisive leadership in complex medical cases. Her opinions are highly sought after.

She has now been requested to join the national task force after the Calcutta Doctor's brutal Rape Case, which has captured attention across India. As the only doctor from Maharashtra among the 10 selected for this Supreme Court-mandated task force, she will help draft a blueprint for the safety of healthcare workers. Her invaluable experience and sound judgment are deeply trusted.



#### A bit about **Rtn. Dr. Pallavi Saple**

The 51-year-old pediatrician is the youngest dean of the state-run hospital since Independence when she took charge of its 48-acre campus in 2019. Daughter of a dental surgeon, she is an alumna of JJ Hospital Grant Medical College.

Rtn. Dr. Pallavi has served across various districts of the state during the Covid pandemic helping set up Covid Centers and Covid labs. Until recently, she held the additional charge of an administrator of Maharashtra Medical Council, considered the ethics watchdog of the medical profession. She has been a part of state-level committees, the recent one constituted to probe alleged malpractices at Pune's Sassoon General Hospital following the arrest of two doctors in the Porsche car crash case.

RCMM is immensely proud to have her as a honorary member, and we wish her all the best in ensuring that system is put in place to safeguard the safety of healthcare workers.



### FAMILY CORNER

Janmashtami is celebrated by Hindu devotees to mark the birth anniversary of Lord Krishna who is believed to be the eighth avatar or incarnation of Lord Vishnu. Lord Krishna was born in an era of turmoil, and chaos, when evil was reigning everywhere. Krishna is described in Hindu epics as the god of love, tenderness, and compassion. He is also known for playing mischievous pranks and performing miracles with his supreme powers.

**Rtn. Nita** celebrates Janmashtami every year and members visit her place and enjoy the lovely decoration done by her. This year it was on Monday, 26<sup>th</sup> August, 2024.







### FAMILY CORNER

Heartiest congratulations to **Rtn. Sunita and Rtn. Dr. Satbhai** for being invited by K. J. Somaiya Medical College to deliver a speech on Organ Donation.



Their passion for spreading awareness about organ donation is truly inspiring. Both tirelessly seize every opportunity to engage with the community, encouraging and convincing others to take the noble step of becoming organ donors.





### FAMILY CORNER

Further with **Rtn. Anand's** initiative, they visited Vitthal Mandir for Organ Donation Awareness to Kirtankars. Our past member Smita Apate also accompanied them. **Rtns. Dr Nilesh Satbhai, Sunita Padwal and Smita Apte** addressed the class of कीर्तनकार, appraised them about RCMM's organ donation campaign and appealed them to spread the message through their किरतन. Sure this will help to reach the common persons.



**आर्यन एज्युकेशन सोसायटीचे हायस्कूल, गिरगांव, मुंबई**  
७५, जगन्नाथ संकरशेट मार्ग, गिरगांव, मुंबई - ४०० ००४.

**श्रीकृष्ण जयंती महोत्सव व वार्षिक पारितोषिक वितरण समारंभ २०२४-२५**

संवेम नमस्कार वि. वि.

आयल्या शाळेचा श्रीकृष्ण जयंती महोत्सव व वार्षिक पारितोषिक वितरण समारंभ बुधवार दि. ०४/०९/२०२४ रोजी सकाळी १०.२० वाजता शाळेच्या न्यावामूर्ती सभे सभागृहात संपन्न होणार आहे. या कार्यक्रमाचे प्रमुख पाहुणे सन्माननीय **श्री. खितामणी वै** (खगोलविज्ञान तज्ज्ञ, माजी विद्यार्थी) हे प्रवचकार असून या कार्यक्रमाचे अध्यक्ष सन्माननीय **रोहीधन श्री. डॉ. अजय दरेकर** (व्यक्तिमत्त्व विकास कार्यशाळा तज्ज्ञ, व्याख्याता, लेखक, अध्यक्ष-परिचरन ग्रुप, NGO for Youth Development) यांच्या उपस्थितीत संपन्न होणार आहे. तरी आपण या समारंभाला उपस्थित राहून कार्यक्रमाची शोभा वाढवावी, ही विनंती.

**श्रीम. भावना भरत उमराळे**  
मुख्याध्यक्षिका

**कु. योगेश कृष्णा लांबोरे**  
सभापती (आयर्नमिंडक)

**कु. सोहम सुधाकर जांबळे**  
मुख्यमंत्री (आयर्नमिंडक)

**\* कार्यक्रम पत्रिका \***

- अध्यक्षीय व प्रमुख पाहुण्यांचे आगमन, मानवंदना
- चित्रकला व हस्तकला प्रदर्शनाचे उद्घाटन
- दीप प्रज्वलन
- ईशस्तवन, स्वागतगीत
- विविध निबंदक सांस्कृतिक कार्यक्रम
- स्वागत व प्रास्ताविक
- अध्यक्ष व प्रमुख पाहुण्यांचा परिचय व सत्कार
- अहवाल वाचन
- प्रमुख पाहुण्यांचे मनोगत
- सन्माननीय अध्यक्षीय भाषण
- पारितोषिक वितरण समारंभ
- आभार, पसावदान



Heartiest congratulations to **Rtn. Dr Ajay Darekar** for getting invited as Guest of Honour for Award Ceremony at Aryan Education Society High School at Girgaon

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Year 2024-25

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### FAMILY CORNER

***Wishing you a day filled with Happiness and a year filled with Joy.  
Happy Birthday***



**Aditi, daughter of Rtn. Pratibha Malvi**

**Siddhant, son of Rtn. Kamalakar Rakshe**

**Rtn. Sulabha Rane**

**Gurpreet, son of Rtn. Dr Gurmit Bachher**

**Shruti, daughter of Rtn. Kamalakar Rakshe**

**Sumeet Pal, son of Rtn. Dr Gurmit Bachher**

**Arya, daughter of Rtn. Deeplaxmi Pednekar**

**Archana, daughter of Rtn. Uma Sahasrabudhe**

**Rtn. Dr. Pallavi Saple**

**Rtn. Dr. Sanhita Walawalkar**

**Rtn. Dhananjay Patwardhan**

**Rtn. Pradeep Dixit**

**Amruta, daughter of Rtn. Asmita Alate**

**Amit, son of Rtn. Shobha Karnik**

**Vikrant, son of Rtn. Shital Bhatkar**

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