

ROTARY CLUB OF MUMBAI MAHIM

DISTRICT 3141, CLUB No. 59127



MAHIM WAVES

JANUARY, 2025







🔷 President – Vidula Kshirsagar 🔷 Secretary – Shaila Rege 🔷

♦ Bulletin Chairperson – Shobha Karnik ♦





FROM PRESIDENT'S DESK



A very Happy New Year to each one of you! May this year bring health, happiness, and prosperity to all.

As we step into a new year, we also celebrate a great beginning—RCMM had the privilege of hosting District Vibrant ROTAL, marking our return to this grand event after a gap of 3 to 4 years. It is a moment of pride for our club to provide a platform for Rotarians across the district to showcase their incredible talents. The joy and enthusiasm among the participants were truly visible, making the event a grand success. A heartfelt congratulations to all the participants from our club—your passion and commitment to performing year after year is truly inspiring.

This month has been relatively low-key in terms of projects, except for one initiative that truly made a difference. We successfully distributed blankets to 1,300 Adivasi tribal children to help them battle the cold. This project came together unexpectedly, and thanks to the generous contributions from our RCMM members, we were able to make it happen. Your support and kindness are deeply appreciated.

Additionally, we had a fantastic outdoor club meeting, which was a refreshing change and well received by our members.

Overall, it has been a fulfilling month filled with service, camaraderie, and celebration. Looking forward to another exciting month ahead with more impactful projects and fellowship opportunities!

Enjoy Rotary and Enrich Life.



7th Issue



ROTARY CLUB OF MUMBAI MAHIM



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Visionary - Inclusive - Bold - Resilient Accountable - Nimble- Trustworthy ROTARY CLUB OF MUMBAI MAHIM

In continuation from last month, on 1st January, 2025 ration was distributed to 16 patients at BMC dispensary, behind Goa Portuguesa restaurant, City light. Rtn. Dr. Gurmit along with Rtns. Asavari, Dr.

RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT ABHIYAN

Nisha distributed the ration personally. We will be providing the ration during the period of their medication. Hope this helps the patients to regain their health and lead the normal life.





















VIBRANT ROTAL 2024-25

ROTAL is one event where all the members of Rotary Family look forward. This gives an opportunity to everyone to exhibit their talents. ROTAL is a competition of singing and dancing!! RCMM and ROTAL go hand in hand! RCMM proudly hosted Vibrant ROTAL 2024-25, bringing together energy, enthusiasm, and impactful initiatives. Hosting an event like ROTAL is not the work of single person; as it turns out, it is proof of the dedication, love, contribution, efforts, support and unity of all the members from RC Mumbai Mahim.

Event was spread over in elimination and final rounds on the 5th Jauary, 25th January 2025 and was held at Veer Savarkar Smarak Sabhagruh, Shivaji Park. Transparent process of evaluation, with prior information on the performance weightage parameters and instant flashing of the score card after an event ensured that the evaluation was fair and professional. Special attention was given to participants promoted to Finals, to bring out their best by organizing for them special rehearsal session. The eminent judges enthralled the audience by themselves rendering a number and providing their valuable feedback and concluding remarks.

Participation mattered more than rankings at Vibrant ROTAL 2024-25, which saw an overwhelming response—120 singing and 30 dance entries! With 20 Rotary clubs as Bronze co-hosts and RC Mumbai Ghatkopar West as Gold co-host, the event was a true celebration of talent and camaraderie.

The atmosphere was electric, with every contestant encouraged and every club cheering, clapping, and whistling in support. Prize distribution was graced by DG Chetan Desai, DGN, and other district dignitaries, who patiently waited as ecstatic winners danced with joy before accepting their trophies. To honor participation, non-winners were also felicitated with medals, ensuring everyone felt valued.

RCMM proudly adds another feather to its cap, as participants—including DG—praised the flawless execution of this unforgettable event!



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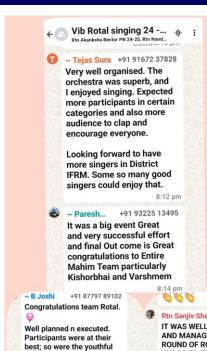




ROTARY CLUB OF MUMBAI MAHIM



VIBRANT ROTAL 2024-25



Looking forward to more

excitement in ensuing

Jay ShreeKrushna 🙏

+91 93222 78244

events.

Rtn Sanjiv Shah Rotal Part
IT WAS WELL ORGANISED
AND MANAGE OF FIRST
ROUND OF ROTAL 25
KUDOS TO ENTIRE TEAM
ROTAL FOR GREAT EFFORTS
AND DEDICATION.
MANY THANKS
7:10 pm

Well organised event
Hats J off to entire

who I have seen giving their undaunted presence year after year...They are totally synonymous to Rotal...Without them Rotal would be incomplete...Along with the entire team backstage who see to the smooth tracking of the entire even....EQUALLY IMPORTANTis our Evergreen indispensable.... Sanjay Marathe Sir and his team...Ever smiling and full of vigour and

Rtn Vaishali Salla Bombay A...
Superbly planned Event.
Congratulations Varsha,
Kishore and Team
Mahim for the excellent
arrangements.
8:01 om

~ Usha Jay... +91 98213 26151
Very well organised and executed Rotal first round Super orchestra and sound Was a treat to sing Thanks a ton Pres Varsha, arrangements... Today's Rotal first round was very well planned and we enjoyed participating. Thank you ↓

Rtn Jotinder Singh Ahluwali...
Thanks to the entire team of RCM Mahim for the seamless and smooth conduct of the first round of Rotal. Our Club members enjoyed participating in the event. The quality of singers



RCMM received very good feedback from Participants









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VIBRANT ROTAL 2024-25















BLANKET DISTRIBUTION – SPREAD WARMTH



District 3141 initiated a blanket distribution drive to help protect residents in tribal villages from the harsh winter. Rotary Club of Mumbai Mahim (RCMM), Rotary Club of National Park, and Rotary Club of Wada joined hands to organize this impactful project in the villages of Gargaon and Kalambhe. The event was a heartwarming success, bringing much-needed warmth to the community.

Chief Guest was Past District Governor Harjit Singh Talwar. With the efforts of all involved, 535 beneficiaries, including 150 students, received blankets during the event. In total, RCMM contributed 1,300 blankets toward this initiative.

Special thanks to those who ensured smooth execution—right from identifying genuine beneficiaries to event management. The smiles on the recipients' faces were a testament to the success of the project. Heartfelt gratitude to all the visible and invisible hands that made this initiative possible.

Together, we continue to create a positive impact in our communities!







"A blanket of warmth is more than comfort; it's a symbol of care and compassion."





BLANKET DISTRIBUTION – SPREAD WARMTH











TWO DAYS WORKSHOP 'ATTENTION AMPLIFIES' BY ROTARACTORS

In an innovative approach to student empowerment, the Rotaract Club of Ramnarain Ruia College orchestrated a transformative two-day workshop that redefined learning strategies for young minds. The "Attention Amplified" workshop emerged from a collaboration between the Rotaract Club of Ramnarain Ruia College and the Interact Club of Dadar Vidya Mandir, with the constant support of the Rotary Club of Mumbai Mahim. Targeting 11th-standard students, the program promised—and delivered—an extraordinary educational experience.

The first day transformed learning into an exhilarating adventure. Students discovered the magic of memory and attention through dynamic games like "Dog and the Bone" and "Head Shoulder Knee Grab". These seemingly simple activities unveiled profound insights into cognitive functioning, proving that learning can be both enjoyable and enlightening. The second day elevated the workshop with sophisticated study methodologies. Students were introduced to advanced learning techniques such as, Chunking Methods, SQ3R method, Mind Mapping and many more.

The workshop's impact resonated deeply with participants. This could be seen in the way the participants were actively participating in all the activities and even coming forward and giving their own examples for each tactic. The school's principal and teacher coordinator were visibly moved by the workshop's comprehensive approach, praising the Rotaract team's dedication to student development.

As the legendary educator Benjamin Franklin once said, "Tell me, and I forget. Teach me, and I remember. Involve me, and I learn." The Attention Amplified workshop embodied this timeless wisdom, proving that true education transcends traditional classroom boundaries.



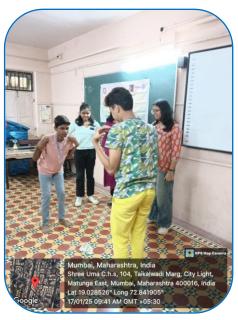


"Attention is the bridge between curiosity and achievement."





TWO DAYS WORKSHOP 'ATTENTION AMPLIFIES' BY ROTARACTORS









"Empowering young minds today creates the leaders of tomorrow."





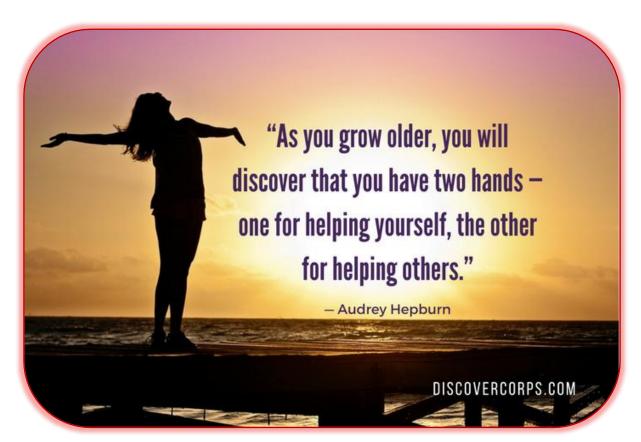
PATRONS & DONORS





RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Name	Amount	Cause	Through Rotarian
Ruchi Virmani	1,000	Ration for TB Patients	
Rtn. Anand Limaye	11,000	General	
Kedar Kshirsagar	200,000	Medical Projects	Manoj Khsirsagar
Rtn. Usha Yegnaseshan	2,000	Ration for TB Patients	
Sarala Patel	6,000	Organ Donation Awareness	Sunita Padwal





ROTARY CLUB OF MUMBAI MAHIM



FAMILY CORNER



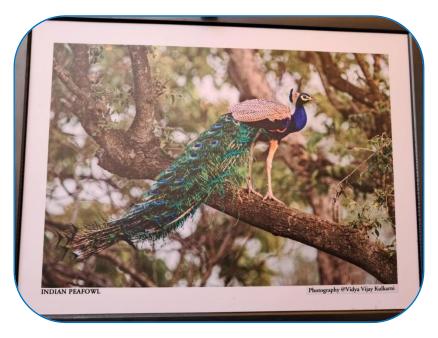
Heartiest congratulations to Rtn. Vidya Kulkarni for achieving the incredible milestone of having her stunning bird photographs selected for the Digital Photo Exhibition and the Photo Print Exhibition held at Triveni Ghat, Rishikesh. The event, organized by OSHO Multi Services Awareness, was held in memory of the great mentor and visionary, Rakesh Sahai, whose legacy continues to inspire countless photographers and nature enthusiasts.











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FAMILY CORNER



Rtn. Dr. Pallavi Saple is renowned for her progressive leadership and commitment to fulfilling her promises.

This time, it is about making General Wards of J. J. Hospital airconditioned and explaining people all about HMPV Virus.

Heartiest congratulations to Rtn. Dr. Pallavi Saple for getting the wards renovated and offering patients better facilities. Even Robotic Surgeries are introduced at J. J. Hospital.



मरीजों को बेहतर सुविधा उपलब्ध कराने के लिए राज्य सरकार की ओर को कॉरपोरेट लुक देने के बाद से संचालित जेजे अस्पताल के वार्ड. ऑपेरशन थिएटर और अन्य विभागों का आधुनिकीकरण चरणबद्ध तरीके से किया जा रहा है। अस्पताल के कई रिकॉर्ड समय में अंगदान करवाकर जनरल वार्डों को कॉरपोरेट अस्पतालों की तर्ज पर वातानुकूलित किया गया है। अस्पताल में नवीनीकरण किए है। इसके अलावा अस्पताल में गए कुछ विभागों का शुक्रवार को राज्य के चिकित्सा शिक्षा मंत्री हसन मुश्रिफ ने उद्घाटन किया। इस दौरान

इन सुविधाओं का हुआ उद्घाटन • फिजियोलॉजी, व्याख्यान कक्ष

- संरक्षण कार्य • हड्डी रोग विभाग का नवीनीकरण
- ईएनटी वार्ड नंबर १५ • बालरोग सर्जरी वॉर्ड क्रमांक ४१ जनरल मेडिसिन वॉर्ड क्रमांक-8
- इस अस्पताल की मैं विद्यार्थी भी रह चुकी हूं। चिकित्सा शिक्षा मंत्री हसन मुश्रिफ के प्रयास से जेजे अस्पताल का कायकल्प हो रहा है। इस अस्पताल में आनेवाले मरीजों को बेहतर सुविधा

उपलब्ध कराने के लिए मैं

हमेशा प्रयत्नशील रहंगी।

-**डॉ. पल्लवी सापले**, डीन,



जेजे अस्पताल में नर्सिंग होम

शुक्रवार को इसका उद्घाटन करने

आए चिकित्सा शिक्षा मंत्री मुश्रिफ ने

पिछले दिनों एक ब्रेन ड्रेड मरीज का

9 लोगों को नई जिंदगी देने के लिए

जेजे के डॉक्टरों को सम्मानित किया

सफल हुए दो किडनी ट्रांसप्लांट को

लेकर भी उन्होंने जेजे के डॉक्टरों को

का कार्य दो साल में पूरा होगा।

इन सभी कार्यों से सरकारी अस्पतालों में

गरीब और जरूरतमंद मरीजों को सभी सुविधाओं के साथ आधुनिक इलाज

-**हसन मुश्रिफ**, चिकित्सा शिक्षा मंत्री, महाराष्ट्र

सम्मानित किया गया। जेजे अस्पताल में शुरू नवीनीकरण

Sat, 18 January 2025 https://epaper.bhaskarhindi.com/c/76







ROTARY CLUB OF MUMBAI MAHIM



FAMILY CORNER



Heartiest congratulations to the exceptionally skilled Rtn. Dr. Nilesh Satbhai for successfully performing a bilateral hand transplant for Prakash Shelar. Five years ago, Prakash lost all four limbs due to an electric shock but refused to give up on life. In October 2021, with Dr. Nilesh's expertise and dedication, Prakash underwent this life-changing surgery at Gleneagles Hospital, Mumbai, made possible by a selfless organ donation from a family in Surat, coordinated by Donate Life.



Recently, Prakash celebrated Makar Sankranti at a Kite Festival in Surat, organized by Donate Life, where he flew kites and drove a three-wheeled vehicle using his transplanted hands—an inspiring testament to the incredible power of organ donation. Rtn. Dr. Nilesh expressed deep fulfillment in seeing Prakash lead a productive, integrated life, which highlights the true impact of his work. Prakash's lively presence and warm handshake won all hearts, proving that organ donation gives the priceless gift of a second chance at life.

Heartiest congratulations to Rtn. Dr. Nilesh Satbhai for successfully completing the full marathon at TMM 2025! His unwavering dedication and months of intense preparation have truly paid off. Dr. Nilesh's remarkable determination and perseverance are an inspiration to us all. Salute to his incredible achievement and relentless spirit!





ROTARY CLUB OF MUMBAI MAHIM



FAMILY CORNER



Heartiest congratulations to Rtn. Prakash Samudra on being appointed as the Convenor for Refinery and Petrochemicals on the Central Advisory Leadership Board for the International Integrated Energy Exhibition & Conferences, 'Oil, Gas, and Power World Expo 2025.' This prestigious role highlights his unparalleled expertise in the energy sector. The event, to be held from March 5th to 7th, 2025, at the Bombay Exhibition Center, Goregaon, Mumbai, is sure to benefit greatly from his leadership. Wishing him immense success in this significant endeavour!









FAMILY CORNER



Heartiest congratulations to Rtn. Dr. Hemangee Dhavale on being invited as the Chairperson for the workshop on ADHD, organized by Bombay Psychiatry and the Department of Psychiatry, Nair Hospital. Her profound expertise and respected stature in the field make her an ideal choice for this prestigious role.





Heartiest congratulations to Rtn. Dr. Sneha and Dr. Abhishek on the arrival of their adorable baby girl on 2nd January 2025! PRCMM warmly welcomes the little bundle of joy and extends best wishes to Dr. Sneha for a wonderful journey of motherhood. May this new chapter bring endless happiness and cherished memories!



ROTARY CLUB OF MUMBAI MAHIM



FAMILY CORNER



28th January 2025 Live Beyond Life Foundation conducted yet another seminar on Eye, Skin and organ Donation Awareness at Chetana's College Bandra (E) the ongoing project for NSS students of Mumbai University. Rtn. Sunita Padwal was invited to speak on Organ Donation. She delivered very impactful speech inspiring many students for registering to pledge the organs on the spot. Heartiest Congratulations Rtn. Sunita.











FAMILY CORNER

Wishing you a day filled with Happiness and a year filled with Joy. Happy Birthday

Rtn. Dr Nisha Thakkar

Rtn. Dr Prasad Modak

Rtn. Alka Khedkar

Atul, husband of Rtn. Vaishali Abhyankar

Rtn. Julina Karkhanis

Rtn. Dr. Nilesh Gangadhar Satbhai

Radhika, wife of Rtn. Anand Limaye

Rtn. Pradnya Sabnis

Ms. Sphoorti, daughter of Rtn. Prof. Pandit

Devina, daughter of Rtn. Arati Dhavale

Rtn. Uma Shah

Aditi, daughter of Rtns. Sandhya & Prakash Samudra

Rtn. Vidula Kshirsager

Dr Subhash, husband of Rtn. Hemangee Dhavale

Rtn. Sunita Padwal

Rtn. Shaila Rege

Purva, daughter of Rtn. Vrushali Kolhatkar

Radha, daughter of Rtn. Rashmi Patil



7th Issue





FAMILY CORNER

Wishing you a very happy wedding anniversary and many more wonderful years together



Rtn. Dr Sneha & Dr. Abhishek

Rtn. Deepalaxmi and Ashish Pednekar

Rtn. Dr Suresh and Swati Ankalikar

Rtn. Abhishek & Kinjal Shah



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