



BANYAN TREE



ROTARY CLUB OF ADYAR
Inaugurated on 19.02.1985
Chartered on 12.06.1985
Club No.22785



ISSUE 10 - APRIL 2013

PEACE TEAM 2012 - 2013

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Rtn. Arun

Interact
Rtn. N.R. Jayaraman

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Message from the President

Greetings!

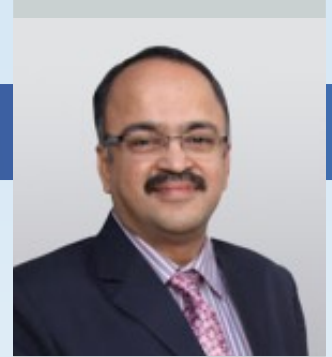
Last month, we celebrated literacy. This month, we put our reading skills to the test. Everything in our lives depends on consistent, accurate and constant communication. We receive Rotary communications regularly; through our weekly meetings, club emails, club website, district website and Rotary International.

The RI Bylaws require all club members to subscribe to The Rotarian or a Rotary regional magazine. Rotary leaders, district governors, and club presidents are encouraged to support magazine editors in their country or region by submitting story ideas, promoting readership, encouraging timely subscription payments, and assisting with other communication efforts.

As part of your membership in our club, you receive the monthly magazine, The Rotary News. This publication offers many insightful stories about Rotary projects and clubs throughout the world.

Please take the time each month to read through your issue. I am confident you will be impressed with the many activities our fellow Rotarians are involved in, as well as how we are able to assist people who do not have the same resources that we have. If we want to promote Rotary to others, we need to be well informed!

Thanks again for all you do to make Rotary such a success!



Rtn. Siva
President



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Message from Governor



Rtn V Raja Seenivasan
Governor

Friends, I have another glad news. **Rotary International President Nominee (14-15) Gary Huang is visiting our District on 1 and 2 May 2013.** This is his first visit to India after being nominated as RI President and we have got the privilege of being the First District of his visit. We will have an Intercity meeting on 1 May evening. I expect participation with the same zeal from each one of you.

As we celebrate April as the magazine month, let us pledge to read The Rotarian, The Rotary News, GML and all the Rotary magazines to keep ourselves abreast of all the happenings around us in our Rotary world. **I urge every Club to have a bulletin published** either monthly, fortnightly or weekly. Even e- bulletins are fine but each Club must have one. **Bulletins undoubtedly would be the best brand ambassador of the Clubs.** Encourage articles from Anns and Annets like cuisines, general knowledge, puzzles, cartoons etc. Include Rotary Information, District happenings etc. Publish the achievements and general information about Members, Anns and Annets. Maintain the regularity of your bulletins.

As we enjoy the T20 of IPL, please remember that in 2012-13 **we have 5 more overs. To make it exciting is in your hands.**

Warm regards

Rtn V Raja Seenivasan



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>>> Speaker Meeting

5th Mar

- **Dr. Meera Ragavan** spoke on the subject “**URINARY INCONTINANCE IN MIDDLE AGED WOMEN**” and **Dr.N.Ragavan** on “**BENIGN PROSTATIC HYPERPLASIA (BPH) IN MEN**”.
- **Dr. Meera Ragavan** has secured 32 Gold medals during her under graduate Education and **Dr. Ragavan** secured 11 medals.



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- Rtn.Sridhar organized a workshop on **Kaya Kalpa Yoga**.
The Workshop was handled by Mr. Kumaravel & Mrs. Sumathy Kumaravel.
- **Kaya Kalpa** translates to immortal body where Kaya stands for body and kalpa stands for immortal. **Kaya Kalpa Yoga** is a very old technique that was practiced by the saints or the '**siddhas**' from the southern India to enhance the energy of life. It has the following objectives :
 - Maintaining physical beauty and health
 - To Slow down and prevent the natural ageing process
 - Extending life span
 - Improve memory and understanding ability.
 - Make brain cells active they perform at optimum level.
 - To Boost immune system.
 - Prevent attack of hereditary diseases on our system.
 - Reduce and cure chronic diseases like diabetes, asthma, skin diseases and piles.
 - Make a woman's reproductive system stronger and to treat and reduce problems related to the menstrual cycles.
 - Alleviate stress and tension and help to get rid of unhealthy habits.

Kaya Kalpa Yoga helps to align these cells correctly by bringing the life energy to your crown chakra or the center of our head. It also helps to remove the unnecessary fat from the body.



>>> Kaya Kalpa Yoga

9th Mar



- Our Annette **Arvind Thiagarajan** shared his semester at sea experience with an interesting power point presentation. We also had one more speaker Mr. **N. Subramanian**, who shared his experience in last month **Kumbh Mela trip** with photo clippings.



>>> Puthuyir Parisu

- **Rtn. Thiagu and family** donated **24 Puthuyir Parisu Kits** at Gosha Hospital.



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>>> Speaker Meeting

19th Mar

- **Dr. Kamalie Sripal** is a medicine graduate of Madras University, worked at Ramachandra Medical College and Hospital, Chennai. She has done extensive studies as a research student of Geriatric Nutrition and on scientific basis of the Indian system of Medicine and correlated it with Allopathic system. She has established an integrated Holistic approach of treatment.



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>>> Intercity Meet

30th Mar



Recognition for Major Donor Contribution
Rtn. PP. Vittal Rajan



Recognition for the good work by
the **Club at Happy Village**



Intercity Meet

30th Mar



Recognition for Endowment contribution
Rtn.PP.S.V.Veerramani



Dinner meet at Taj with
RI President Elect **Rtn.Ron Burton**

We also thank **Rtn.J.Jayaseelan** for the Endowment contribution this year.



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>>> Zumba Dance

31st Mar

- **Zumba** is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. **Our Rotarians had real fun time dancing (ZUMBA-ing) to glory on Sunday.**



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Musical Night

- The Rotary Club of Adyar is organising a **musical night** along with other Clubs in Zone-18 on April 24th, at Kamarajar Arangam. This is being done as part of our Fund Raising activity for Rotary Projects which are underway. This year, the thrust is on providing Water and Toilet facility to villages around Chennai. You will appreciate that this is a very important initiative which will help the poor people live more respectable lives, and a hygiene environment. This is also a small step towards removing the tag that India has got of being the open toilet capital of the world. Various other programs such as medical camps, sanitary awareness camps, and up gradation of local schools are being undertaken as part of this initiative of Rotary.
- We therefore request you to sponsor / assist us to get a sponsor for the event and make it a grand success. This will surely make you feel that you have made a contribution to a worthy social cause as well as furthered the business interest.
- The details of the program and the sponsorships are available in the brochure attached.



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**Dist 3230
Zone 18**

Presents

rängeela

The Musical Night

A high decibel celebration, On April 24 2013.....
@ Kamarajar Arangam

FEATURING

Prince of Folk
Velmurugan

FEATURING

Youth Sensation
Priya Hemesh

FEATURING

KING OF MODULATIONS
KALAIMAAMANI MANO

Shaking their Legs Are:



Maanada Mayilada Fame
Fayaz & Team

Presenting The Junior Wonders Shравan & Priyanka



I make an earnest appeal to you to generously support us financially to make this event possible in a grand manner. You are welcome to sponsor under any of the categories mentioned below and will be allowed to advertise your organization/product during the event.

Rtn..

SPONSORSHIP TARIFF

Title Sponsor –Rs. 5,00,000

Gets Top Positioning in all Marketing collaterals, Backdrop Prime Positioning, Entrance Arch Logo Positioning, Anchor Mentions & AV Mentions, Flyers, Hoardings-2Nos, Banners provided by Clients(5 No's), Standees Space, Felicitation on Stage

Diamond Sponsor –Rs. 3,00,000

Gets Positioning in all Marketing collaterals, Backdrop Positioning, Anchor Mention as Sponsor of a particular programme, Flyers, Standees Space, Hoardings-4Nos, Banners provided by Clients(3Nos)

Platinum Sponsor –Rs. 2,00,000

Gets Positioning in all Marketing collaterals, Backdrop Positioning, Flyers, Standees Space, Hoardings-2Nos, Banners provided by Clients(2Nos)

Gold Sponsor –Rs. 1,00,000

Gets Backdrop Positioning, Flyers, Standees Space, Hoardings-2Nos, Banners provided by Clients(2Nos)

Silver Sponsor –Rs. 50,000

Gets a table & 2 chairs at the entrance to provide flyers to the audience, Standees Space, Banners provided by Clients(2Nos)

NOTE:

- All Donations/Sponsorships are Fully exempted from Income Tax under Sec 80G
- Sponsorship Cheques to be raised in favour of :

* R I DIST 3230 ROTARY CENTENARY CHARITABLE TRUST*

Program Details

APRIL 2013

Date	Day	Speaker	Topic	Time	Place
2nd	Tuesday	members will share some of their close moments with him	Condolence meeting Late Rtn.Sarangarajan	6.30pm	Hotel Savera
9th	Tuesday	Closed meeting	Club Assembly	6:30pm	Hotel Savera
16th	Tuesday	Joint Meeting with RC of Madras South Speaker Mr.D.K.Hari	ENIGMATIC INDIA	6.30pm	Hotel Savera
20th	Saturday		FELLOWSHIP		Shyamala Garden Beach House
23rd	Tuesday	Rtn.Issa Fathima		6.30pm	Hotel Savera
30th	Tuesday	NO MEETING	Cancelled in lieu of Fellowship		



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Happy Birth Day

1-Apr	Anjankumar	Son	Rtn. Krishnan
1-Apr	Ashwath	Son	Rtn. Ravi Shankar
2-Apr	Rtn. Krishnaswamy		
3-Apr	Aishwarya	Daughter	Rtn. Jayram Krishnan
5-Apr	Narendran	Son	Rtn. Gandhi
9-Apr	Aravind	Son	Rtn. Jayaraman
10-Apr	Sukhirthan	Son	Rtn. Arun Kumar .S
12-Apr	Mithuna	Daughter	Rtn. Siva
13-Apr	Sharankumar	Son	Rtn. Nandakumar
19-Apr	Latha	Spouse	Rtn. Mohan Barathan
22-Apr	Amali Prem	Spouse	Rtn. Prem Alex Lawrence
24-Apr	Reethika	Daughter	Rtn. Ramesh R
24-Apr	Jaiviknesh	Son	Rtn. Subash
25-Apr	Aparna	Daughter	Rtn. Srinivasan
26-Apr	Sunila	Daughter	Rtn. Latha Rajan
27-Apr	Rtn. Balasubramaniam		
27-Apr	Rtn. Thiagarajan		
30-Apr	Rtn. Mohan Barathan		

Happy Anniversary



3-Apr	Rtn. Srinivasan & Gowri
3-Apr	Rtn. Jayaraman & Lakshmi
12-Apr	Dr. Shyamsundar & Dr. Sashi
23-Apr	Rtn. Desikan & Nirmala

