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ROTARY CLUB OF ADYAR



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Message from President

Dear beloved RC Adyar members ,

It has been always a pleasure being with RCA all these years for me as I have grown along with the club in many ways both professionally and personally .

RCA gave me an opportunity to sharpen my skills on Planning , Communication , Project execution , People skills besides providing a platform for Leadership as far as Professions is concerned .

From personal point of you it has given me umpteen number of eminent people as friends which would not have been possible if I had to continue simply with my job alone .

In a nutshell it has changed my personality for betterment. Hence Rotary is my Life line and I am thankful to rotary for ever.

At this occasion of going ON LINE with our Newsletter, I would like to record my sincere appreciations for aligning with technological changes and also growing in the communication continuum (On line edition will reach any no of readers globally in a shorter time and can make global impressions faster for great Rotary connects)

Let me take this opportunity and appeal to all our Rotary family (be it Rotary Club , Interact club , Inner wheel club , Rotaract club , Annettes club) members to contribute to the News letter with interesting articles , Essays , anecdotes , clippings, write ups etc which would make a **BRANDING IMPACT** for the Club.

I also thank the Editorial team for having taken this responsibility of bringing the Newsletter on line and wish them all the very best in this branding exercise and let RC Adyar be known globally and win many more Friends, connections and undertake Global projects and serve the community better.

President
Rtn. N.R.Jayaraman





July Events

Condolence meeting for
Rtn. DESIKAN

7th July,
Tuesday

RtnDesikan is our Charter President and Founder Chairman and Trustee of Consumers Association of India, CONCERT and Catalyst Trust. He passed away peacefully on Saturday, 27th June 2015 at his residence.

When Rtn. Desikan was asked what made him transform himself from being an active promoter of consumerism in the country to becoming a consumer activist, he narrated these two incidents:

In 1977, when the country was still reeling under Emergency rule and any form of criticism against the Government would earn its wrath and a guaranteed place in jail, he wrote a long letter to Indira Gandhi about the travails of the consumer in India, highlighting the importance of passing the Consumer Protection Act. Not only did Indira Gandhi respond to his letter, but she also gave him an audience to hear his views on the matter! This incident taught him the importance of voicing an opinion when faced with problems, instead of living with them. However, his fight against establishments producing sub-standard products or providing shoddy services can be traced back to a personal episode involving a new Ambassador car which he had bought. When the car gave him serious trouble, even during the warranty period, he went to the car dealer who had sold him the car. The indifferent attitude of the dealer who had the audacity to tell him that he had no choice but to live with the defective vehicle, forced Desikan to take up cudgels and fight for the cause of the consumer. Those were the days of a seller's market, where manufacturers got away with producing poor quality products.

By this time his over-ambitious publishing project ran into a serious financial crunch and he decided to close the unit and sell the title of Mangayar Malar alone to another friend who, in turn, sold it to the Kalki magazine group. However, Desikan continued running a printing press for South Madras News. After trying out a couple of other businesses, he decided to cease all business activities and concentrate fully on consumer activism.

His experience with the SMN Consumer Protection Council led him to take an active interest in the Federation of Consumer Organisations in Tamil Nadu (FEDCOT). He became Chairman of the organisation and during the six years that he was involved with FEDCOT, he helped the membership grow from 12 organisations to 260 organisations and the turnover increase from a few thousand rupees to Rs. 75 lakhs, through grants and subsidies from donor agencies.



Rtn. Desikan
is our Charter President

Condolence meeting for Rtn. DESIKAN

7th July, Tuesday



Desikan's work at FEDCOT was noticed by people in Tamil Nadu and he became a name to reckon with in the world of Consumer Activism. He was now keen to play an active role in promoting awareness about consumer rights and responsibilities at the national level. His first foray was Concert (Centre for Education, Research testing and Training) which established the first-ever fuel testing laboratory run by an NGO in Chennai, and has been publishing reports based on comparative testing of products commonly used by consumers. Concert has also developed an adulteration detection kit and trained over 2500 women in Tamil Nadu to use it.

Along with stalwarts like B.S. Raghavan (IAS RTD), K. Ravindran IPS, Dr. S. Krishnaswamy, and N.L. Rajah he started an NGO called The Catalyst Trust with the objective of bridging the gap between grassroots people (aam-aadmi) and government establishments. 'Catalyst' is also active in championing electoral reforms and already has 207 regional Citizen Centres and publishes a monthly journal in the regional languages. 'Catalyst' has been very active in promoting voter awareness in a big way, with aggressive media campaigns. According to Desikan, it helped add 1.2 million new voters during the 2004 election. The flagship organisation of the group, Consumers Association of India (CAI), was started in 2001, with Desikan, the late Yegnaraman and Krishnakumar as Founder Trustees. Today, the Board of Trustees of CAI includes some well-known names, like N. Gopalaswami, former CEC of India.

CAI has helped over 10,000 consumers get redressal for their problems with Governments or erring corporates; 98 per cent of these cases were resolved without any legal intervention. The persistent efforts of CAI resulted in RBI passing a rule by which banks are now calculating the interest due to Savings Bank account holders on a daily basis instead of the earlier periodicity which had been unfavourable to bank customers. This is helping millions of customers across the country get better earnings. CAI has also been working closely with self-help groups in Tamil Nadu, training them to be more aware of their rights and responsibilities as consumers. A few of them have also become Consumer Activists. In recent years, CAI has been working closely with schools and colleges, trying to sow the seeds of consumer awareness in young minds. CAI has published a number of guides useful to consumers and every member gets a free copy of its bi-monthly called Consumers Digest. With some major projects assigned by the Government to CAI, it has come to be recognised as one of the top two consumer organisations in the country.

Desikan had a major health crisis in 2006. When doctors had given up hope, he had a miraculous recovery. After spending a couple of months in the hospital and later recouping at home for a couple of more months, Desikan was back in action with greater vigour and energy to do what he is passionate about - fighting for the hapless Indian consumer!

When asked why in spite of poor health he continues to push himself beyond his endurance limits, he said, "I feel very happy when people who have benefited from CAI come to thank me. More than any award, it is this spontaneous appreciation from the common people that is keeping me going. I am happy that I am able to make some difference to their lives."

An ad-man, journalist, printer, publisher, a pioneer of ideas, a visionary with tremendous energy and enthusiasm - more than all these descriptions of Desikan, what people will always remember him is for his role as a crusader for consumer rights.



July Events

Installation of INTERACT CLUB
at SISHYA SCHOOL at ADYAR

13th July,
Monday

Chief Guest was Dr.Sangaran
District 3230 Director - Youth services



Our Director - Youth Service RtnAnand, collared the Interact Club New President Master Advaith Suresh. Ex President SamihaGopal briefed on the activities done last year. The event reminded us of the saying,

“It's not how much we give but how much love we put into giving.”

-Mother Teresa



July Events

Installation of
ROTARY CLUB OF ADYAR

14th July,
Tuesday

Chief Guest was
DG Rtn. C.R.Raju

Rtn. Jayaraman and team took over the responsibilities for the year 2015-16

Installation ceremony for new president, secretary and other team members for the year 2015 - 2016 was held at Hotel Savera. The function was presided over by DG Rtn C. J. Raju. Outgoing president, Rtn J. Jayaseelan and outgoing secretary, Rtn Sathish installed Rotarian N. R. Jayaraman as President and Rtn Eashwer as secretary. Chief Guest DG Rtn . C.R. Raju & Dist Secretary Rtn. Raghavendra Rao were requested to Pin the entire Board members of the new team. Besides members of Rotary Club of Adyar, eminent Rotarians from other clubs attended the function.





July Events

Installation of
ROTARY CLUB OF ADYAR

14th July,
Tuesday

Chief Guest was
DG Rtn. C.R.Raju





July Events

MEDICAL CAMP at Tambaram
arranged by the Annettes club

19th July,
Sunday

Arranged by Rtn. Ragavan and
Ann Dr. Meeraragavan



The Medical camp was conducted by RtnDrRagavan and Ann DrMeeraRagavan. The venue was their ancestral home at Tambaram which itself was a treat to watch and learn many things for life.

This was a collaborated effort of RC Adyar and THE CHENNAI SPECIALITY KLINIC. There were more than 50 beneficiaries of the Camp from neighborhood . All the Basic tests were conducted and each participant was given a free consultation after the tests by the Doctor who was present through out - Dr .G. Ravichandran



July Events

MEDICAL CAMP at Tambaram
arranged by the Annettes club

19th July,
Sunday

Arranged by Rtn. Ragavan and
Ann Dr. Meeraragavan



The Annettes club President Ms. Soundarya , Secretary Ms. Amirthavarshini were there along with Rotarians - President N.R.Jayaraman, Secretary C.Eashwer, Rtn. Thiagarajan, Ann. Chithra Thiagarajan who were physically present and gave their support and the needed encouragement for the Annettes for whom this was a first Medical camp of this sort .

Dr. S. Mallikesan, Medical superintendent of SRI RAMACHANDRA UNIVERSITY, had volunteered to extend Free - full day (with Free Lunch and snacks) medical check ups for SCHOOL CHILDREN of our choice at Sri Ramachandra University at Porur. This paved way for our planning to make our KANDIGAI SCHOOL CHILDREN to get benefitted through this noble offer.

The event reminded us the famous phrase :

“ SERVICE IS THE RENT WE PAY FOR LIVING IN THIS WORLD OF OURS ” - Nathan



July Events

Installation of
INNERWHEEL Club

21st July,
Tuesday

Chief Guest was
IWD 323 Chairman Smt. Seema Bhargava



**Smt. Kiruthika Arun
and team**
took over the responsibilities
for the year 2015-16



July Events

Installation of
INNERWHEEL Club

21st July,
Tuesday

Chief Guest was
IWD 323 Chairman Smt. Seema Bhargava





July Events



On 28th July 2015 Tuesday @ HOTEL SAVERA

Chief Guest : Rtn KRISHNA CHANDER
Chairman - Annettes support team - Dist 3230

Out going President
Ms. Soundarya Thiagarajan

Incoming President
Mr. Pankaj Prabhakar

Out Going Secretary
Ms. Amirthavarshini Ragavan

Incoming secretary
Mr. Arvind Subramanian



July Events



On 28th July 2015 Tuesday @ HOTEL SAVERA

The Annette Club president Ms. Soundarya gave a presentation on the last year activities and thanked every one and specially her parents, IPP Rtn.Jayaseelan and Past secretary Sathish, Rtn.Dr.Ragavan and DrMeeraragavan, Rtn. Eashwer and Ann Swarna and all others for the support and encouragement given during the year. Incoming president Annette Pankaj was collared by the outgoing president of the Annettes club.

Rtn.lyengar appreciated the club activities and as a token of support, promised a sum of Rs 10000/- to the club kitty to be used for good service projects by the new team. Annettes club IPP Ms. Soundarya, also presented a cheque for Rs 10000 to Toilet project of RC Adyar.



July Events



Happy Birthday

3-Aug.	Annette Shravan	Son of Rtn. Archana
4-Aug.	NirmalaDesikan	Spouse of Late Rtn. Desik
8-Aug.	Ann Ba Shankari	Spouse of Rtn. Balasubramaniam
15-Aug.	Ann Latha	Spouse of Rtn. Sivakumar
17-Aug.	Annette Saranya	Daughter of Rtn. Suresh
21-Aug.	Rtn. Veeramani	
24-Aug.	Annette Kovenden	Son of Rtn. Karunakaran
28-Aug.	Ann Muthulakshmi	Spouse of Rtn. Gopalakrishnan
30-Aug.	Annette Karthik Ramnath	Son of Rtn. Balasubramaniam
31-Aug.	RtnGopalakrishnan	

Happy Anniversary

20-Aug.	Rtn. Rajendran and Nandini
21-Aug.	Rtn. Archana and Suraj Menon
26-Aug.	Rtn. Krishnan and Rajeshwari



July Events

PROGRAMS FOR THE MONTH OF AUGUST 2015

02-08-15 Sunday	03-08-15 Monday	04-08-15 Tuesday	05-08-15 Wednesday	11-08-15 Tuesday
Walkathon at Marina Beach	Rotaract Club Installation - MNM	Guest Lecture by Rtn. Kadiresan	Interact Club Installation - Devi	Vocational SVS Award Ceremony
15-08-15 Saturday	18-08-15 Tuesday	25-08-15 Tuesday	August Last week	
Independence day @ Kandigai	Meeting cancelled	Guest lecture or Classification lect.	Monthly Family fellowship	



From the Editor

It saddens me completely that my first article for this year is to remember a person whom I have admired always is no more here in this world! I have never been his student directly, never seen him very close, never knew his laurels, never knew his complete biography, but I have always admired him for what he was! This was until July 27th Monday. Today, for the last one week, all I have been doing is to read and listen to this man's words. I consider meeting him in my college days was the best thing that could have happened. Even though there was a distance of more than 10 feet, I have felt great to meet this legend when he was the then President. Tears rolled down when I heard the news on 27th July, Monday. Just like every citizen in this country, I also wished that the news was not true! But to my dismay, every channel's flash news confirmed that he was no more. This man showed us what simplicity and humility means despite having power. He showed us that people remember us only for the good deeds and the service done to humanity. "To become 'unique' the challenge is to fight the hardest battle which anyone can imagine, until you reach your destination," said APJ Abdul Kalam, former President of India. Kalam who ignited minds of younger students through his inspiration speech at JLF said, "I have so far met 19.5 million youth of the nation in last two decades and learnt who wants to be unique. The world around you is doing its best day and night to make you just everybody else, including your relatives and friends." He added that it's you who have to believe that 'I will become captain of problems, defeat them and succeed, and you will become unique'. All I can say is I have been blessed to be born in the same era of a peerless icon.





From the Editor

Following are 10 quotes by the scientist, author and former President:

- 1 You have to dream before your dreams can come true.
- 2 is a continuous process and not an accident.
- 3 Life is a difficult game. You can win it only by retaining your birthright to be a person.
- 4 Man needs his difficulties because they are necessary to enjoy success.
- 5 We will be remembered only if we give to our younger generation a prosperous and safe India, resulting out of economic prosperity coupled with civilizational heritage.
- 6 Those who cannot work with their hearts achieve but a hollow, half-hearted success that breeds bitterness all around.
- 7 Educationists should build the capacities of the spirit of inquiry, creativity, entrepreneurial and moral leadership among students and become their role model.
- 8 Look at the sky. We are not alone. The whole universe is friendly to us and conspires only to give the best to those who dream and work.
- 9 If a country is to be corruption free and become a nation of beautiful minds, I strongly feel there are three key societal members who can make a difference. They are the father, the mother and the teacher.
10. My message, especially to young people is to have courage to think differently, courage to invent, to travel the unexplored path, courage to discover the impossible and to conquer the problems and succeed. These are great qualities that they must work towards.



From the Editor

In ancient Greece, Socrates was reputed to hold knowledge in high esteem. One day an acquaintance met the great philosopher and said, "Do you know what I just heard about your friend?"

"Hold on a minute," Socrates replied. "Before you talk to me about my friend, it might be good idea to take a moment and filter what you're going to say. That's why I call it the triple filter test. The first filter is **Truth**. Have you made absolutely sure that what you are about to tell me is true?"

"Well, no," the man said, "actually I just heard about it and..."

"All right," said Socrates. "So you don't really know if it's true or not. Now, let's try the second filter, the filter of **Goodness**. Is what you are about to tell me about my friend something good?"

"Umm, no, on the contrary..."

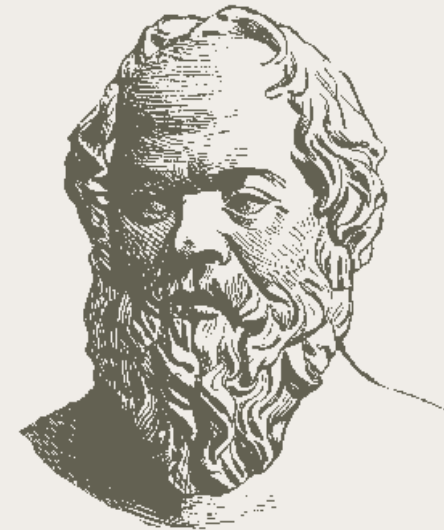
"So," Socrates continued, "you want to tell me something bad about my friend, but you're not certain it's true. You may still pass the test though, because there's one filter left-the filter of **Usefulness**. Is what you want to tell me about my friend going to be useful to me?"

"No, not really."

"Well," concluded Socrates, "if what you want to tell me is neither true, nor good, nor even useful, why tell it to me at all?"

THE TRIPLE FILTER TEST

★ ★ ★





Travel Corner

This corner will feature quick and easy weekend getaway from Chennai that could be useful to you when you want to take a break from your routine. Though, as much as one loves the metropolitan, there are times when one wants to escape away into another time, another space. Fret not; the city has a solution for all your weekend woes.

Snuggle in the misty rocky peaks of Tamil Nadu and you will be assured a vacation even on a day's escape away from the city. This edition covers MUNNAR.

Pocketed in between the three mountain rivulets of Kundala, Mudrapuzha and Nallathanni, is the charming little town atop a hill that is Munnar. It is a popular trekking destination with its highest peak being Anamudi. Munnar is rich in tea plantations and hence is known to be one of the tea trade centres in India. The paradise of Munnar attracts tourists all over with its lush environs, lakes, waterfalls, forests that offer some spectacular flora.

Munnar





Travel Corner

Notable Attractions:

Mattupetty Lake, Eravikulam National Park, Echo Point, Rajamala Wildlife Sanctuary, Valara Waterfalls and Marayoor.

Activities: Tourists visiting Munnar keep themselves occupied by indulging in paragliding, rock climbing, cycling and hang gliding activities. Nature walks, trekking and bird watching are also some of the other activities which one can pursue in Munnar.

Distance from Chennai: 575 km

Best time to visit: August - May

Best resorts to stay:

These resort options are purely based on my choices and preferences, you can choose as per your needs and preferences. There is much more options available in Tripadvisor, booking.com and Airbnb.



www.ecotonescamps.com



www.airbnb.co.in/rooms/5891149



www.ttr.in



www.naturezoneresort.com



www.airbnb.co.in/rooms/7054513



Travel Corner

10 Things to do in Munnar

Stroll past the estates



1

A walk through the aromatic tea gardens, scenic hills covered with green foliage and a camera in hand; there cannot be a better way to spend your evening!

Admire the splashing water streams



2

Munnar is dotted with majestic waterfalls that are surrounded by beautiful mountains of Western Gats

Go trout fishing amidst tea estates



3

A pleasant hill station replete with soothing greenery, Devikulam, quit close to Munnar has many tea gardens. Trout anglers may dip their fishing rods in the shimmering waters of Sita Devi Lake and enjoy abarbeque.

Indulge at the Blossom International Park



The park with its meticulously planned garden, blooming flowerbeds and beautiful surroundings is a popular hangout for nature lovers.

Meet the NilgiriTahr



4

The Eravikulam National Park shelters the rare NilgiriTahr, which is very near to extinction. They are friendly, docile and naturally tamed. Pat them or pose for pictures with them; you'll surely have plenty to brag about back home after meeting them!

Talk to yourself



5

Stand at the eco point, shout at your highest pitch and hear your voice coming back to you. The natural echo phenomenon here gives the place its name.

Learn the art of Tea making



6

Visit the century-old tea factories where you can taste and pick up the finest tea in the country. Of most interest is the Tata Tea Museum where you can witness tea processing.

Visit the Top Station Viewpoint



7

Top Station is the highest point on Munnar-Kodaikanal Road, home to the rare Neelakurunji (Strobilanthud) flower that blooms every 12 years, it offers a panoramic view of Tamil Nadu.

Turn on the adventurer in you



8

Choose from an array of adventure sports that range from rock climbing, rappelling to paragliding and even cycling. Due to its natural beauty, Munnar is even more exciting for such activities.

Click at the photo point



9

This small place near the Mattupetty Dam is surrounded with woods and has a small stream that make for a picture perfect location.

