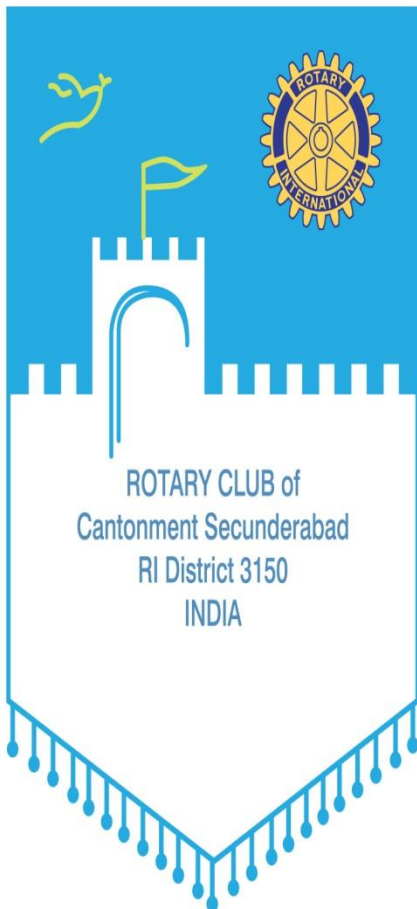


**IAN RISELEY**  
2017-18 President  
Rotary International



**ROTARY:  
MAKING A  
DIFFERENCE**



**Rotary**



Club of Cantonment Secunderabad  
(Club No 055482 RI District 3150)

***The Cantonment Times  
e-Newsletter 2017-18***

Issue 2

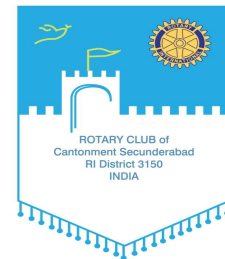
**November 2017**

(For September & October 2017)

# RCCS - The Cantonment Times 2017-18

## November 2017

This is the second issue for the year and covers events for September and October 2017. The next edition is due in January 2018



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### Editors

Rtn S V Rangan  
Ann Padma Rangan

This is an e-Newsletter. So save paper and read it on-line for a digital experience.

**Please email your contributions / suggestions to :**

[rangansanthanam@gmail.com](mailto:rangansanthanam@gmail.com)

[padmaandrangan@gmail.com](mailto:padmaandrangan@gmail.com)



RI President  
Ian H.S. Riseley



## Rotary International Convention 2018

One of the best parts of any Rotary convention is the sheer diversity of the people you see there. Whether you're heading into a breakout session, exploring the House of Friendship, or sitting down for a bite to eat, you'll meet people from every corner of the world, in all kinds of national attire, speaking just about every language. It's a lot of fun, and it's a big part of what makes Rotary great: that we can be so different and still find ourselves so at home together.

That spirit of warm community that is so central to Rotary also defines Toronto, our host city for the 2018 Rotary International Convention. Toronto is one of my favorite cities. It's a place where half the population is from another country, where over 140 languages are spoken by 2.8 million residents, and where no one ever seems to be too busy to be helpful. In addition to being clean, safe, and friendly, Toronto is a wonderful place to visit, with its attractive Lake Ontario waterfront, great restaurants, one-of-a-kind museums, and interesting neighborhoods to explore.

The 2018 convention already promises to be one of our best ever. Our Convention Committee and Host Organization Committee are hard at work lining up exciting and interesting events.

*Find out more at [riconvention.org](http://riconvention.org) – and find Inspiration Around Every Corner at the 2018 Rotary Convention in Toronto. The deadline for discounted early registration (there is an additional discount for registering online) is 15 December.*

## Let us end Polio

For much of the world, the story of polio is a simple one: After years of fear, a vaccine was developed and a disease was conquered. But for some of the world, the story was different. In so many countries, the vaccine wasn't available, mass vaccination was too expensive, or children simply couldn't be reached. While the rest of the world relegated polio to its museums, in these countries, the disease continued to rage – until Rotary stepped forward and said that all children, no matter where they lived or what their circumstances, deserved to live free of polio.

In the years since PolioPlus was launched, the combined efforts of Rotary, the governments of the world, and the Global Polio Eradication Initiative have brought the number of cases of polio down from an estimated 350,000 per year to just a few so far in 2017. But we must reach zero cases, and stay there, to achieve eradication. To do that, we need everyone's help.

I ask every Rotary club to participate in some way in World Polio Day activities, and I encourage you to visit [endpolio.org](http://endpolio.org) for ideas and to register your event. Whether you host a silent auction, a virtual reality viewing, a fundraising walk, or a Purple Pinkie Day, your club can make a real difference.

*This year, our World Polio Day was live streamed from the Bill & Melinda Gates Foundation headquarters in Seattle;*

*As many of you know, Rotary has committed to raising \$50 million a year for the next three years. This amount will be matched 2-to-1 by the Gates Foundation – effectively tripling the value of all money Rotary raises on World Polio Day and throughout the year. Let's all make a difference on World Polio Day – and help End Polio Now.*



President Rtn J M Reddy



## Value Education and Community Economic Development – Our priority

Dear Cantons four months have passed in our Rotary year 2017-18.

**September** is the designated month for Basic Education and Literacy and October month is designated as Economic and Community Development. Our club's main strategic plan will be imparting values mainly to the school going children. Accordingly, we have initiated a value based training program called "Awakened Citizen Program" developed by Ramakrishna Mission, New Delhi. The first stage of the training program was conducted to about 120 teachers from 60 government schools in Telangana during the September Rotary Designated Education & Literacy month. This training will be continued for coming three years which will help in imparting values, improving confidence levels and achieving overall personality development of the students. Our club shall plan to extend this training to about 500 Schools next year with the help of Ramakrishna Mission and support of Education department, Government of Telangana.

**October** month is designated as the Economic and Community development. The unemployment, underemployment, lack of economic opportunity, less utilization of resources makes a country insecure and unstable. If we consider the Telangana region where our club is situated some communities are still suffering due to lack of education, awareness and social psychological behavior patterns. This is due to the historical, political and socio-economic reasons. We should take up special projects to develop the youth from such backward areas, by encouraging, building confidence in them through skill development and leadership training programs. Empowering women from these regions should be our special focus. It may look difficult to identify such community development projects, but it will be worthwhile to identify this important need and take them up to ensure socio economic development of the community.



Charter President'  
Rtn B R Ramagopal



## Sustaining Fellowship and Service

Rotary was founded by Paul Harris as a 'fellowship group'. It was platform for people from different walks of life (Vocation) to meet regularly.

Gradually 'Service Above Self' became the motto.

And I think it is the basic strength of Rotary. It is the fun and fellowship that bonds the members initially and later even their families together. And that bond leads to doing Service to the Society. Our club – RCCS has become one of the very strong Rotary clubs due to the bond that has Developed due to the regular fellowship meetings we have. At the same time we need to take care that it does not go overboard! I have seen in other clubs how members have left the club as they were forced to host the fellowships ONLY in 5 star hotels OR with high end eats and beverages. What members need is simple food and beverages in a clean environment and easily accessible location.

In fact, when we were members of another Rotary Club and even in our own club, we have had fellowships at our residences. Even board meetings used to be hosted by the member in his / her house and spouses too joined for fellowship. It has brought many of us close to each other. Of course, with increase in the number of members and many members now residing in flats, it has become little difficult to accommodate everyone and so we are forced to look for other places.

*Our club has been active in providing service to the Society from the beginning. We have done major Matching Grant Projects and are doing Global Grant projects now. We are doing many smaller projects regularly.*

And we have continuous projects like supporting Govt Schools etc. All this has been possible due to the passion, commitment and interest of all Presidents and their teams and the members in general. All the members don't participate or contribute for every project or every year. Each year the team changes and each year a few members come forward to do service. But it happens every year and we are able to sustain the momentum since all the members have trust in the club! And that is possible only due to the bond and understanding that has developed over the years – one of the major contributing factor being strong fellowship!

Interestingly I came across an article in the 'Rotary Weekly' of Rotary International dated 1st September 2017, wherein Rotary Club of Hundred Islands, Pangasinan, Philippines, RID 3790 has increased their membership from 31 to 80 in the Rotary year 2016-17 mainly by having good fellowships and PR!

I am reproducing the article for the benefit of members who may not have read it in the Rotary.Org website:

<https://blog.rotary.org/2017/08/29/how-we-more-than-doubled-our-membership-in-a-year/>  
How we more than doubled our membership in a year Posted on August 29, 2017.

## Club Activities & Events – September 2017

Date	Event	Agenda & Activity
02-09-2017	Fellowship	A fellowship with all Anns and families enhanced our group and fun
07-09-2017	Teacher's Day Celebration	12 Teachers were felicitated - 7 from Government schools and 5 from Interact Schools. It was a program that motivated and encouraged the teachers to do more
07-09-2017	Release of Cantonment Times Newsletter	The newsletter was released amidst the club members and the guests for Teachers Felicitation Program
09-09-2017	New Member Orientation Program	New members of the club attended, enjoyed and learnt at the orientation program conducted by Rtn Seshadri
10-09-2017	Pledge for Organ Donation	Rtn Mohan Nishtala shared Dias with Additional Director of Police and was felicitated as an organ donor and also motivated the audience. Was covered in Eenadu and Telangana newspaper
14-09-2017	Rally for Rivers	Club Members participated and showcased strength of Rotary at Gachibowli indoor stadium
19-09-2017	Board Meeting	Monthly Board Meeting to plan DG visit, NBA, flagship project of Teacher Training and other ongoing projects of the club
21-09-2017	Note Book Distribution	President & the First lady of the club have distributed books at Anathagiri Government school
26-09-2017	Club Assembly	To discuss and plan DG's visit

## Club Activities & Events – October 2017

Date	Event	Agenda / Activity
06-10-2017	Inauguration of Awakened Citizen Training Program at Miryalguda	RCCS in collaboration with Ramakrishna Mission, trained 62 teachers from 32 Government schools in Miryalguda on 6th & 7th. The event witnessed the MLC and other officials of the area and was covered in all the local newspapers and channels. Highly appreciated by teachers and MLC
09-10-2017	Inauguration of Awakened Citizen Training Program at Ramakrishna Mission, Hyderabad	Inauguration attended by very good number of club members and RC Hanmakonda. As a part of the GG project, GG1747006, like previous training, 40 teachers from 30 Government schools of Medak, Karimnagar, Khammam, Kamareddy and Sircilla districts have attended the training after the approval of the DEO. Has been a great program to impart moral values to schools
9-10-2017 to 10-10-2017	Club Members Training - Awakened Citizen program	Training being our flagship project, 7 lady members of the club got trained and certified to carry the project ahead onto a state level program.
15-10-2017	Participation in Breast Cancer Awareness Walk	Members of the club participated and contributed towards the cause by walking with other Rotarians
22-10-2017	Visit to the Old Age Home	Overwhelmed response and participation in good number to contribute and spend quality time with the elderly. At Happy Home. Sweets, rice, clothes, fruits and other material was given to the home. Club decided to make this an ongoing project by providing the basic requirements to the senior citizens.
24-10-2017	Training Workshop for Teachers (Science of Learning & Teaching)	Interact school teachers attended training arranged by Hyderabad North
26-10-2017	Speaker Meet	Young director, Vivek R Nipani, screened exclusive documentary on 'Women Empowerment' in Indian Villages. Attended by members, Anns and families
28-10-2017	Starkey Foundation	In collaboration with Starkey Foundation, an International Company, RCCS identified and made arrangements for Starkey to provide free hearing Aids to 600 children from various districts
29-10-2017	Free Hearing Aids distribution	DG graced the occasion and was impressed and expressed to expand it to other districts apart from 3150. Also witnessed other club members and well known personalities like Faculty of Sweekar Rehabilitation Centre, Anuradha Paudwal etc.

### Upcoming Club Events Calendar - November / December 2017

11 or 12 November	Fellowship	More details to follow closer to dates
24-11-2017	Joint Speaker Meeting Speaker – Nipun Mehta	
30-11-2017	Club Meeting	
9-12-2017	DG Visit	

**More details for club meetings will follow closer to date. Club meetings are normally held on Thursdays 7pm @Hotel Taj Tristar, S D Road, Secunderabad**

[Home](#)

# Awakened Citizen program, Brest Cancer Awareness Walk , Club events





**Fellowship, New members orientation, Teachers Felicitation, Cantonment Times release, Book distribution, Organ donation**



# Starkey Foundation – Free Hearing Aid distribution , Press coverage



Around 1,200 hearing-impaired children from Hyderabad, Sangareddy, Mahabubnagar, Khammam, Suryapet, Warangal, Rangareddy and Miryalguda were given hearing aids free of cost by Starkey Foundation in Hyderabad on Saturday and Sunday. \*K.V.S. GIRI

**ONAL OF NAME**  
 Lailtha Kumari, spou...  
 Khammam, Suryapet, Warangal, Rangareddy and Miryalguda were given hearing aids free of cost by Starkey Foundation in Hyderabad on Saturday and Sunday. \*K.V.S. GIRI

**Army recruitment rally from N**  
 SPECIAL CORRESPONDENT  
 HYDERABAD  
 Indian Army recruitment rally for all districts of Telangana will be held at Dr. B.R. Ambedkar...  
 recruiting Office (ARO), Secunda...  
 Recruting Zone, Chennai.  
 Soltie...  
 dier...  
 abou...

# Old age home visit, Teacher Training Programs, Club speaker meetings



Awakened Citizen





By Invitation : Rtn Manju Gupta

## A Paradigm Shift Say **NO** to Rote Learning

Educationists all over the world are constantly trying to come up with the most effective ways to make children learn and use knowledge. Many who believe in rote learning, argue that what was good for us and our forefathers is good for our children. Another school of thought, which strongly believes in activity based learning, wants a definite shift in paradigm as far as the learning process is concerned. So there is a lot of contradiction and one wonders how to make children learn for life. Change which is the only thing constant in our lives is looked upon with trepidation!

Parents and teachers try to find the easy way out, especially in India and the East Asian countries and what better method than rote learning in which memory plays a great role. Unfortunately memory is confused with hundred percent intelligence. I do not deny that rote learning is important as it is one type of cognitive development. It's about getting the facts right. To some extent, it is important because facts and figures which are memorised help one to support or defend an argument and debate on issues. If you don't know the country, the person or the date when something took place, how can you defend your argument? In language learning too, rote learning is the only way to learn vocabulary of a foreign language or the conjugation of irregular verbs as there is no inner structure and their inner complexity is too subtle to be learnt explicitly in a short time.

Learning poems by rote is also important as quoting suitable lines in an essay, speech or debate enhances the quality of the piece. Of course one needs to understand the lines but memorization is of great consequence



When Bill Gates was asked about the supposed American education advantage -- an education that stresses creativity, not rote learning -- he was utterly dismissive. In his view, those who think that the mere rote learning systems of India, China and Japan can't turn out innovators who can compete with Americans are sadly mistaken. Said Gates, "I have never met the guy who doesn't know how to multiply who created software ... Who has the most creative video games in the world? Japan! I never met these 'rote people' ... Some of my best software developers are Easterners! You need to understand things in order to invent beyond them." but the fact is that activity based learning, critical thinking and creativity are more important in today's educational scenario, which help children understand concepts rather than just store information.

The advantages are many as it helps the child to analyse, synthesise and indulge in out of the box thinking. George Bernard Shaw said "What we want is to see the child in pursuit of knowledge, and not knowledge in pursuit of the child." Activity based learning does exactly this..

Our "Tell them-and-test them" way of teaching or "jug-mug" theory leaves most students increasingly confused, aware that their academic success rests on shaky foundations, and convinced that school is mainly a place where you follow meaningless procedures to get meaningless answers to meaningless questions. This is where HOTS or higher order thinking skills developed through activity based learning makes education more meaningful.

As Som Vishwakarma says “It’s great to see that finally Indians are waking up and realizing that ‘totas’ (parrots) can’t become ‘real’ scientists, engineers, writers and leaders. By this I mean a ‘tota’ can score top notch marks in an IIT/REC entrance exam, get a ‘position’ as a scientist in say ISRO/BHEL/BARC based on ‘merit’ but they will do almost zero original research. A ‘tota’ can recite all knowledge in the world but he or she cannot be creative and build over that knowledge.” Maybe this comes in handy when you are on the hot seat in shows like “Kaun Banega Crorepati”!!!!

I completely agree with Clay P. Bedford when he says “You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.” And that is where activity based learning plays a big role!

In rote learning students use it just to pass exams; but there is no real learning or understanding. It is better if the student applies himself/herself to understanding the subject properly through activities so that he can answer even an out of turn or tricky question.

For sure, you need to carry a lot of facts and figures in your head to be able to make sense of the world and this is not in contradiction to honing a good analytical mind.

Rote learning is more prevalent in India, Pakistan, China, Singapore and the Eastern countries and there are some advantages which cannot be ignored. At the same time I do not subscribe to the idea that it is the best method of learning. It plays a role. The two things are complementary, not substitutes. So if education needs to make a child learn they need to judiciously blend the two techniques and use them to advantage. Memorised information needs to act as a spring board for analytical thinking and understanding of concepts and children need to learn for life and not merely an exam. A definite paradigm shift is essential and we need to encourage children to think for themselves through activity based learning.



Since Rotary is so involved in the Literacy Movement, I think we need to take up the onus of training teachers to use both techniques with alacrity. Experiential Learning propounded by John Dewey that leads to Scientific Inquiry and the 5-E Learning Cycle of “Engage, Explore, Explain, Elaborate and Evaluate” will definitely lead to extrapolation and better understanding. So let us unite to make education more meaningful by taking cognizance of the popular Chinese adage which states, “I hear- I forget, I See- I remember, I do- I understand” !!

**India** has more than 50% of its **population** below the **age** of 25 and more than 65% below the **age** of 35. It is expected that, in 2020, the average **age** of an **Indian** will be 29 years, compared to 37 for China and 48 for Japan! So shouldn't a youthful India think on its feet and become valuable human resource for our country? So dear Rotarians , “Arise, awake and stop not till the goal is reached!”



By Invitation  
Rtn Raj Sreeram



*You may not have an idea of the extent of damage effluents from the drug industries cause. Read on.....*

## Accepting Responsibility

Did you ever think that YOUR lifestyle can have a catastrophic consequence on the world economy and environment.

Rarely do we reflect on how, what and why our actions cause a difference to the world at large.

This is just an attempt to show and make us aware through certain facts and figures the extent of damage our habits effect Air, Land and Water.

Let us take one of the most common ailment which is growing at an alarming rate i.e. DIABETES which is mainly due to our lifestyle.

Diabetes is a dangerous, expensive disease with a major economic impact.

The top ten pharmaceutical companies based on global anti-diabetic revenue in 2016 is a mind boggling 40 billion USD and a projection for 2022 is 55 billion USD. In 2016,. But if you include the entire industry along with the organized and unorganized, the cost of treatment of the diseases which develop due to Diabetes is well beyond a 100 billion USD.

Finally, one must not forget the "other costs", which are statistically unmeasurable: emotional costs, loss of freedom, inconvenient life style changes, and the permanent dependence on "others" (family, professionals, and so on) for help.

We have seen the economic implications. Now if we just add the volumes of drugs that are being produced you can imagine the damage done by the huge facilities that are manufacturing them. Pharmaceuticals in the environment is a growing problem.

There are three main ways that pharmaceuticals make their way into the environment. By far the biggest contribution comes from drugs taken by people. Research found high levels of know antibiotic resistance genes in the bacteria. It is a hub for growth of 'Superbugs'.

Closer home we find waste flowing out of a treatment plant near Hyderabad in India which pollute the region's waters with some of the highest levels of pharmaceuticals ever detected in the environment. Pollution in all its various forms causes immense damage covering all possible aspects that can be damaged. Therefore it is important to prevent all these forms. We all acknowledge this point, but none accepts responsibility. We do not feel guilty for the state of the present environment as we do not realize the enormity of our role for its condition. Unless one is aware of the consequences of one's action it is impossible to see any change .



## Cyber Security - You are never alone on the Internet

Rtn S V Rangan

While it's hard to protect your personal information on the internet with 100% effectiveness, it is up to you to ensure that the security measures are in place. You need to be aware and take a few easy steps that will make you a lot safer

Google knows your every move on the web. Google knows a lot more about you than you think.

A large part of Google's revenue is based on advertisements and the impressions they gain through users. So, your Google searches, voice searches, location changes, all are tracked and stored by Google so that the advertisements can be as tailored and accurate as they can be.

### 1 Inter connectivity

User activity is easily being tracked on the internet due to the inter-connectivity between different websites.

As soon as one searches for a product on Amazon or Flipkart, various advertisements of similar products appear on other sites. Refrain from falling prey to these ads.

You are also not obligated to take on-line surveys.

### 3 Google Ad settings

Google creates a personal profile for each of its individual users based on the user's specific interests. It is based on this profile that various ads keep following you around the internet. Therefore, it important that your 'ad personalisation' option on your Google account is left unchecked.

Path : [Gmail > Settings > My Account > Personal Info & Privacy > Ad settings](#)

### 5 Monitoring outgoing traffic

1. Click the Windows Start button and type 'cmd' to launch the Command window, which will display a black box that reads 'C:\Users\Your Username'.
2. Type 'netstat' next to the prompt and press 'Enter' to generate a list of all outgoing data transmissions. Netstat generates a list of Internet Protocol (IP) addresses that your computer is sending information to. Some of these IP address are legitimate and correspond to websites or services that you are using.
3. Note these IP addresses in your browser's address bar to locate where the information is being sent.

### 2 Invisible mode

There is a myth that browsing in incognito/private mode on your browser would solve all these problems. The website could get to know your country or city based on your registration details on the site. IP addresses are often what law enforcement authorities ask internet service providers for during various investigations.

### 4 Log off

You are easy to track if you are always logged into your social media account because you are letting the social media company know whatever you do on internet. Once you are logged out, your surfing cannot be tracked by your social media company.

The same applies for email. You can also use special software that block tracking.

### 6 Locating stealth apps

1. Right-click your taskbar and select 'Start Task Manager' to launch a list of all running processes on your computer.
2. Close all programmes except the Web browser.
3. Select the 'Processes' tab and then the 'User Name'. Browse through the list to view all processes running on your computer. Processes that do not include your username may be an indication of malicious software running on your computer.

[Home](#)



India's Ease of Doing Business Rankings

THEN NOW



India ranks 2<sup>nd</sup> in the South Asian region in 2017

South Asia

Economy	Ease of Doing Business Rank
Bhutan	75
India	100
Nepal	105
Sri Lanka	111
Maldives	136
Pakistan	147
Bangladesh	177
Afghanistan	183

**A high level overview of India's commendable achievement**

**Ranking Methodology**

Economies are ranked on their ease of doing business, from 1–190.

The rank is an aggregate of two measures:

1. **The distance to frontier score** - benchmarks economies with respect to regulatory best practice, showing the absolute distance to the best performance
2. **The ease of doing business ranking** - compares economies with one another on the distance to frontier score.

**Ranking Parameters**

The rankings are determined by sorting the aggregate scores on the below listed 10 criteria, each further consisting of several indicators, giving equal weight to each topic.

Starting a Business

Getting Credit

Enforcing Contracts

Dealing with Construction Permits

Protecting Minority Investors

Resolving Insolvency

Getting Electricity

Paying Taxes

Additional Topics\*

Registering Property

Trading Across Borders

Labor Market Regulation

India - City	Ease of Doing Business Rank
Ludhiana	1
Hyderabad	2
Bhubaneswar	3
Gurgaon	4
Ahmedabad	5
New Delhi	6
Jaipur	7
Guwahati	8
Ranchi	9
Mumbai	10
Indore	11
Noida	12
Bengaluru	13
Patna	14
Chennai	15
Kochi	16
Kolkata	17



# Suffering from WhatsApp overdose?

## Group Chat





**Solution:  
Time to  
set some  
rules**



Ann Padma Rangan

Reiterating some known Do's and Don't's to uphold the essence and spirit of staying connected



### 1. Diversity

-  DO'S Acknowledge personal preferences about politics / faith etc.
-  DON'TS Refrain from arguments over these topics.



### 2. Condolences

-  DO'S Pass them on to the people impacted as a personal message. For persons informing about bereavement – Please post clear complete and full details to avoid confusion and embarrassment. Especially people with same names, posting on behalf of someone else etc
-  DON'TS Avoid a generic reaction condolence in the group. When a condolence message is posted in a group, allow people to read /respond. Avoid insensitive posting of regular stuff, unless very important, atleast for that day.



### 3. Personal events

-  DO'S While a couple of pictures are fine, use discretion while sharing personal events. Share a Picasa / Google album link with people who may be interested.
-  DON'TS Do not be tempted to over dose and log phone memory.


### 4. Fastest finger first

-  DO'S Always proof read and spell check before posting.
-  DON'TS Don't rush to be the first to post or respond. Smart phones are over smart and fast to auto correct making messages incoherent.

### 5. Blind forward

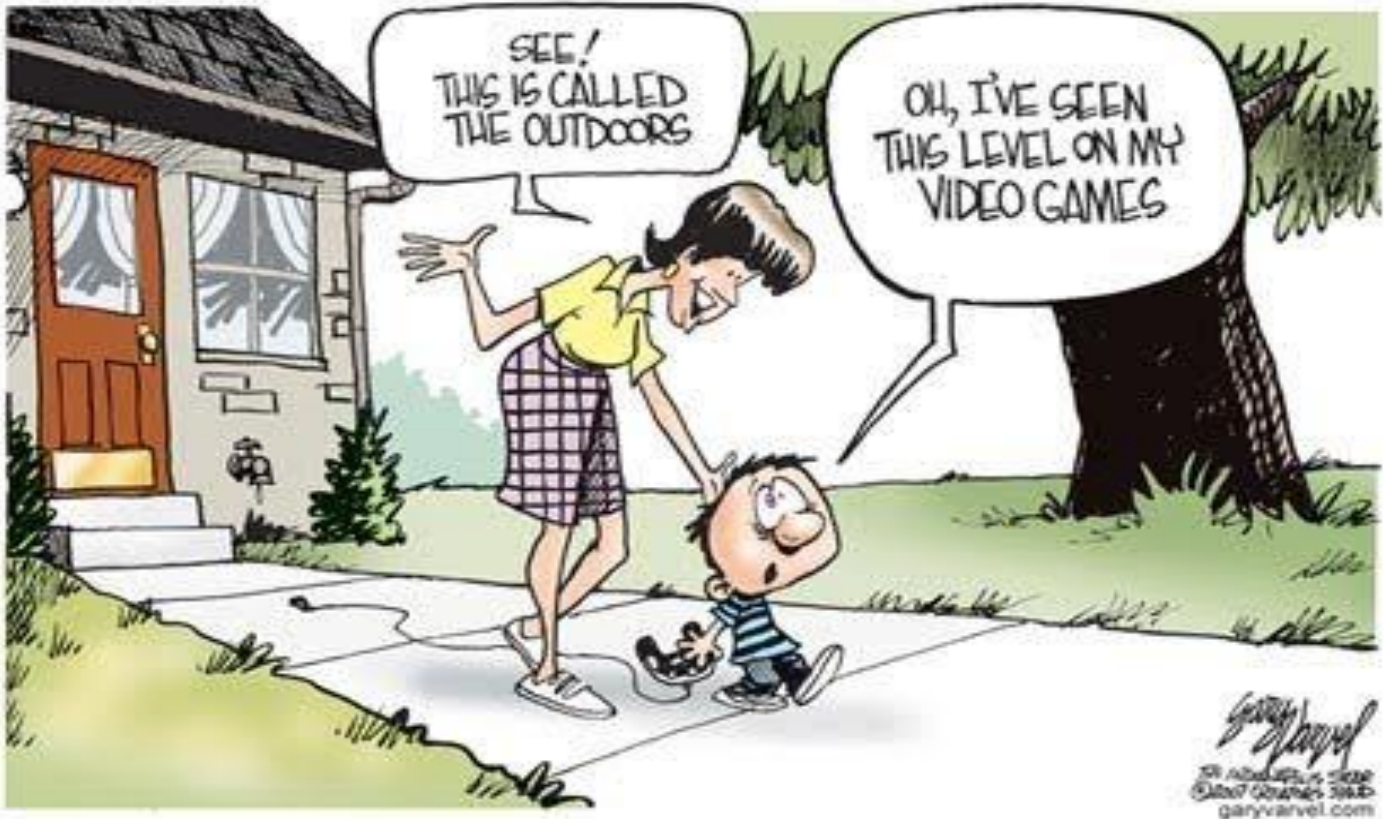
-  DO'S Verify messages before circulating even if for a good cause.
-  DON'TS Social media is filled with fake news. Refrain from posting very long messages; More time is spent deleting than reading

### 6. Exits / Sub-groups

-  DON'TS Do not automatically add back people who exit the group. Check and respect their preference. Avoid the temptation to create sub groups within groups. This adds to repetition and eats into productive time



Make groups meaningful  
NOT unproductive



© Randy Glasbergen  
glasbergen.com



**“Of course I know how to communicate without a phone. I have an app for that!”**