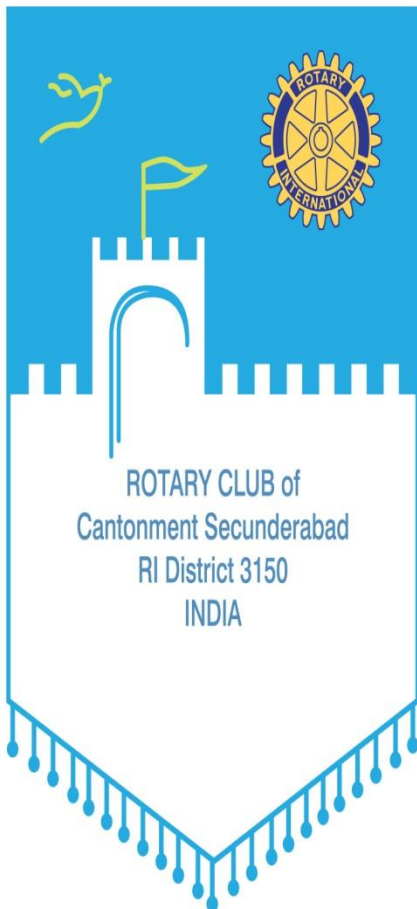




ROTARY: MAKING A DIFFERENCE



Rotary



Club of Cantonment Secunderabad
(Club No 055482 RI District 3150)

The Cantonment Times *e-Newsletter 2017-18*

March 2018

Issue 3

(For November & December 2017)

Issue 4

(For January & February 2018)

RCCS - The Cantonment Times 2017-18 - March 2018

This is a clubbed edition 3 & 4 that covers club events from November 2017 - February 2018

The next edition for March and April 2018 is due in May 2018

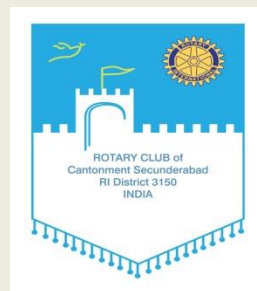


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This is an e-Newsletter. Please save paper and read it on-line for a digital experience.

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Preserve Planet Earth



RI President
Ian H.S. Riseley



- At the 1990 Rotary International Convention in Portland, Oregon, then President-elect Paulo Costa told the gathered Rotarians, "The hour has come for Rotary to raise its voice, to claim its leadership, and to rouse all Rotarians to an honorable crusade to protect our natural resources." He declared a Rotary initiative to "Preserve Planet Earth," asking Rotarians to make environmental issues part of their service agenda: to plant trees, to work to keep our air and water clean, and to protect the planet for future generations.
- President Costa asked that one tree be planted for each of the 1.1 million members that Rotary had at the time. We Rotarians, as is our wont, did better, planting nearly 35 million trees by the end of the Rotary year. Many of those trees are likely still flourishing today, absorbing carbon from the environment, releasing oxygen, cooling the air, improving soil quality, providing habitat and food for birds, animals, and insects, and yielding a host of other benefits. Unfortunately, while those trees have kept on doing good for the environment, Rotary as a whole has not carried its environmental commitment forward.
- Environmental issues are deeply entwined in every one of our areas of focus and cannot be dismissed as not Rotary's concern. Pollution is affecting health across the globe: More than 80 percent of people in urban areas breathe unsafe air, a number that rises to 98 percent in low- and middle-income countries. If current trends continue, by 2050 the oceans are expected to contain more plastics by weight than fish. And rising temperatures are well-documented: Global annual average temperatures increased by about 2 degrees F (1.1 degrees C) from 1880 through 2015. That this change was caused by humans is not a subject of scientific debate, nor is the likelihood of vast economic and human disruption if the trend continues unchecked. The need for action is greater than ever – and so is our ability to have a real impact.
- As past UN Secretary-General Ban Ki-moon put it, "There can be no Plan B, because there is no Planet B." Our planet belongs to all of us, and to our children, and to their children. It is for all of us to protect, and for all of us in Rotary to make a difference.

Club Activities & Events – November 2017

Date	Event	Agenda & Activity
03-11-2017	Board Meeting	Regular Board Meeting was conducted to discuss and plan the events of the month and other projects
12-11-2017	TRF Seminar	Members of the club have attended the TRF seminar and bagged maximum number of awards
16-11-2017	RYLA - Government Schools	RYLA was conducted for our adopted Government schools in Secunderabad area. Effective speakers like Nidhi Anand from Ramakrishna Mission, Naresh Raman and others made a great impact on students. Elocution & Painting competitions were held and prizes were distributed along with the Balpurskar award.
18-11-2017	Participation in the Preparatory Meeting for District Conference	Two members have attended the meeting held by Hyderabad Pearls to contribute ideas and share responsibilities to make the District Conference a success
24-11-2017	Twin Cities Joint Speaker Meet	Nipun Mehta, founder of Service Space, delivered a motivating talk on 'Synergy of Compassion' which was attended and appreciated by the twin city clubs.
25-11-2017	RYLA - Interact Schools	RYLA was conducted for our 5 interact schools at CRPF camp, Shamirpet. Jawahar Vadlamani, the guest speaker and other motivating speakers have encouraged the children to be future Rotarians. Children performed Nukkad Natak, participated in Elocution and other events related to social causes. Balpurskar and other awards were given.
30-11-2017	Board Meeting	A regular board meeting was held to plan the inauguration of the Global Grant Projects, DG Visit and review of other plans that are in pipeline.
30-11-2017	Weekly Meeting	A meeting was conducted to plan the DG visit scheduled on 9th Dec 2017 and to allocate the responsibilities and also discuss other club plans.



Club Activities & Events – December 2017

Date	Event	Agenda / Activity
01-12-2017	Fellowship	A bright colourful fellowship with rotarians and family members. Games, dance, gifts and lavish food was arranged by the hosts
04-12-2017	Inauguration of donated 85 benches at Govt Boys school, Bolarum	85 dula desks & 18 teacher's tables donated by SBI Amaravathi was inaugurated by SBI Regional Manager, G Srinivas Rao. Attended by good no. of members. Staff & children were delighted
09-12-2017	DG's Official Visit	
09-12-2017	Inauguration of Nirmaan Yuva Disha	RCCS in collaboration with Asha Foundation donated computers and projector. A helpline for youngsters to secure jobs was launched
11-12-2017	Meeting with Collector	President has participated in a meeting with Suryapet Collector to promote Cancer Detection Centre
13-12-2017	Speaker Meet in collaboration with NV Laxmi Foundation	NV Laxmi Foundation arranged for a speaker meet on 'Compassion Quotient' attended by most of the members and contributed to the success of the program
15-12-2017	Student Development Program	Long term program started with ' focus of the month - Cleanliness'
17-12-2017	CSR Seminar	Attended by the member to understand how to get and use the funds from other entities
17-12-2017	PETs & SETs	Attended by the President Elect, Secretary Elect and AG Elect
20-12-2017	Inauguration of Global Grants Supply Items at Bowenpally Govt. School	Attended by our DG Elect Ramesh Vangala, PDG Gopinath and members of the club. It was a pleasure to see the smiles of children after receiving the RO plant, Projector, benches and other items
21-12-2017	Speaker Meet - Dr Gavva Chandra Reddy - Cancer with state of art medicine and Spirituality	The speaker, an NRI doctor is the key person to initiate Mobile Cancer Detection Unit. Attended by the members to understand the disease and also know how to detect
24-12-2017	President visit to GG project School	President has taken time to visit Gundlapalli Govt school and Ellanthakunta school to inspect the item supplied
26-12-2017	Board Meeting	To plan ACP training for the coming years in large scale, inaugurate other GG project schools and the way ahead for 2018

ప్రభుత్వ పాఠశాలలకు సామగ్రి వితరణ



కుర్చీలను అందజేశారు. కార్పొరేట్ సామాజిక బాధ్యతలో భాగంగా ఈ సాయాన్ని ప్రకటించారు. సోమవారం పాఠశాలలో జరిగిన కార్యక్రమంలో ఎన్టీబీఎస్ ప్రాంతీయ అధికారి శ్రీనివాసరావు మాట్లాడుతూ ప్రైవేటు విద్యాలయాలకు డీటుగా ప్రభుత్వ పాఠశాలలో సదుపాయాలను మెరుగు పరచాల్సిన అవసరాన్ని వివరించారు. ఇందుకు తమ వంతు సహకారం అందిస్తున్నట్లు చెప్పారు. రోటరీ క్లబ్ అధ్యక్షుడు జేపిఎం రెడ్డి మాట్లాడుతూ విద్యార్థిపద్ధికి సంస్థ చేస్తున్న సేవలను వివరించారు. కార్యక్రమంలో ప్రధానోపాధ్యాయుడు విజయకుమార్, క్లబ్ మాజీ అధ్యక్షుడు సుధీర్, రాజేంద్రకుమార్, ఉపాధ్యాయులు సంచీవ్ రావు, శ్యామల, మాధురి, శివప్రసాద్, బాలరాజు పాల్గొన్నారు.

పాఠశాలలో జరిగిన కార్యక్రమంలో రోటరీ క్లబ్, ఎన్టీబీఎస్ అధికారులు

బొల్లారం(అల్వారీ), న్యూనీటండే: కంప్యూటర్ సికింద్రాబాద్ రోటరీ క్లబ్, ఎన్టీబీఎస్ అధ్యక్షుల రిసోలబజులోని ప్రభుత్వ ఉన్నత, ప్రాథమిక పాఠశాలకు 80 బెంచీలు, బల్బలు



Club Activities & Events – January 2018

Date	Event	Agenda & Activity
04-01-2018	Know Your Rotarian	Dr Vijayalakshmi
05-01-2018	RO Plant Inauguration - Gundlapalli	RO plant was inaugurated at Gundlapalli which was inaugurated by PDG Anand. It was also attended by local politicians and highly appreciated. Was also covered by print media
06-01-2018	Distribution of Blankets & Clothes at Old Age Home	Distribution of blankets and clothes at Old Age Home, Trimulgherry, which shall be a ongoing project to do our best for the elderly
08-01-2018	RO Plant Inauguration - Pedalingapur	The GG Project, last school inauguration attended by the local officials. Children have put up shows and enjoyed the facilities
15-01-2018	Fellowship	Festival Fellowship with almost full attendance strengthening our bonds and bringing families together
24-01-2018	Participation at RC Sri Lanka Event	President and the first lady have exchanged flags with DG 3220-Sri Lanka
24-01-2018	Participation in Twin Cities Republic Day Celebrations	Members participated in a large number for the twin cities Republic Day Celebrations
26-01-2018	Republic Day Celebrations at our Adopted Schools	Members have participated for the Flag Hosting at Picket School, distributed prizes and sweets to students
26-01-2018	Participation in Republic day Celebration - Chandrapur	President participated in the Republic Day Celebration at Chandrapur Rotary



Club Activities & Events – February 2018

Date	Event	Agenda / Activity
01-02-2018	Training program at Kamareddy	RC Kamareddy President, Secretary have come for inauguration. Training also included adult literacy Vocational Service awards given to 4 deserving recipients. Attended by members, recipient family members in large number. New member(past Rotarian) Mrs. Madhu Suresh was inducted.
08-02-2018	ZPHS Ellanthakunta school inauguration by Collector Krishna Bhaska IAS	Attended by club members, PDG Gopinath Reddy, Rotarians from other clubs, DEO & MRO. Benches, sports equipments and other requirements were provided
09-02-2018	Mattampalli Training	Training program going at KGBV school aty Mattampalli, a remote area in Nalgonda district forawakening and motivating to the destitute girls in tribal area.
10-02-2018	District Conference	Highest no.registration from twin cities. 23 members attended the conference and Rtn Sethuraman for felicitated
15-02-2018	Speaker Meet	Mission Bhagiratha Project for Drinking Water supply scheme for Telangana State by J.Satyapal Reddy, Officer on Special Duty. This was attended by members and Anns
20-02-2018	Regonda training	As a part of GG Project Training, training was conducted at Regonda and completed for children and adults
25-02-2018	Fellowhsip	A colourfull Fellowship with the spirit of Holi. All the members, Anns, Annettes and prospective members enjoyed
26-02-2018	Student Development Program	As a part of the program educative films were shown and performing students were given badges and certificates
27-02-2018	Ellanthkunta Training	As a part of GG Project Training, training was conducted at Ellanthunka for children and adults. Covered in the local newspaper

More details for club meetings will follow closer to date. Club Meetings are normally held on Thursdays 7pm @Hotel Taj Tristar, S D Road, Secunderabad

WHAT WE SEE

DEPENDS MAINLY ON WHAT WE

LOOK FOR

-JOHN LUBBOCK

Perceptions

Are we too quick to form or change them!

By Invitation - Rtn PP Mohan Nistala

DECEMBER 2009

It had always been so, ever since we moved to Hyderabad from Mumbai. Lakshmi had joined Associated Road Carriers in 1997. Their corporate office was in Surya Towers, Sardar Patel Road- SP Road as is popularly known. That she progressed from a Manager to become Senior Vice President over a short period was a reward to her capabilities. Her responsibilities increased and so too her time at office.

Lakshmi and I travelled together. Invariably I would drop her off and pick while returning home in the evening. She would be in office working for an hour longer, complete her daily routine and not carry forward to the next day.

One December day, I as usual dropped her and went to BHEL Ramachandrapuram on my marketing work. After a hard days work, I returned and was waiting at Surya Towers in our Wagon R. The time was 6PM. Being Winter I closed all the windows and was inside the car, reclined the seat and just relaxed. I had given a missed call on her mobile- a code to inform that I am waiting in the car.

At around 7PM Lakshmi came down and was knocking at the window, when a Senior Manager from another company from the same building saw her.

“Hello ma’am” he greeted her.

“Good evening Sir” she reciprocated even as was again knocking and peeping through the glass. I was in deep sleep.

“Madam now a days the drivers have lost the sense of responsibility” he reckoned pointing to me and continued “ Look madam how he is sleeping in that reclined seat.”

“No, Sir he is my husband. Must have been.....” “Oh, sorry madam .I understand busy executives need to take rest where ever and whenever possible. Even I do that very often” he quickly replied and immediately drove off, obviously embarrassed.

She did wake me up with a smile (reminiscing the conversation).

We too drove back home, pleasantly surprised at the quick perception and the even quicker change in perception!



Rotary International month of MARCH: Water and Sanitation

By Invitation - Rtn PP Raaj Sree Ram

Water, it is believed, is the elixir of life. And Humans are believed to be the most intelligent of living beings on Earth.

Not only do we acknowledge the above facts, but we have now and again gone through the vagaries of nature where we had both abundance of water as well as scarcity. We have to some extent been able to harness this precious resource to help us in our daily life. But to a larger extent we, humans, have depleted it to an extent of killing the very source of it.

Our rivers are dying, if not already dead. The ice caps on the mountains are vanishing, the lakes have dried up and the ground water is contaminated to an extent that it cannot sustain life.

Imagine a developed city like Cape Town going dry. The scene is so pathetic that they are surrounded by water (Ocean) but not a drop available to drink.

Nothing above is news to us. There have been conferences and discussions on all levels in this matter. It is predicted that the future wars will be waged for water, not oil, not minerals. But the intelligent humans that we are we are also so shortsighted that we do not see the disaster unless

it is at hands length. Closer home, Hyderabad, we see that the lakes are being encroached upon, no provisions are made to harvest the rain water, no efforts are made to recycle water, effluents seep into the ground and contaminate the ground water.

We all, individually, are guilty some way or the other to some extent in perpetuating the problem. It is upto each one of us to be aware and act responsibly to ourselves and to the coming generations.



ACT NOW. Just as you have finished reading this, before you skip to another page, please take a step to save water. Maybe tomorrow you may have **NOTHING** to save.



R.I.P. Sudan (March 2018) - World's last male white Rhino

Human greed & irresponsibility are accelerating our move towards “Mass Extinction”

Ann Padma Rangan

According to a recent study, human greed and irresponsible activities are causing an alarming decline in the variety of plant and animal life on Earth. Biodiversity, which is key to maintaining the earth's ecological balance is likely to steadily become a bigger threat by 2050 if nations and its citizens do not start acting responsibly NOW. While genome science may reconstruct lost species, will they care or consider and it's a long way away, anyway.

While known industrial hazards are destroying the world's species, did you ever realise that something as seemingly small as careless domestic litter, or indiscriminate disposal of waste in your own area, can have far reaching impacts like eroding the coral reef?

Read on these alarming facts to which “we the people” are the major contributors :

<p>Earth is undergoing a mass extinction event, the first since the dinosaurs disappeared some 65 million years ago, and only the sixth in the last half-a-billion years.</p>	<p>About 41 percent of amphibian species and more than a quarter of mammals are threatened with extinction.</p>
<p>About half of coral reefs have been lost in the last 30 years.</p>	<p>African elephant numbers dropped to 415,000 in 2016, down about 111,000 over 10 years</p>
<p>The global populations of 3,706 monitored vertebrate species -- fish, birds, mammals, amphibians, and reptiles -- declined by nearly 60 percent</p>	<p>Sudan, the world's last male northern white rhino died in March 2018. There may not be another one for hundred's of years</p>

Lets do our little bit – STOP careless litter



How to ensure security of your online transactions?

Ann Padma Rangan

As the economy pushes for digital transactions, India's cyber security chief Gulshan Rai shares some valuable tips that he personally practices, for people doing regular online transactions.

While we cannot deny the convenience of on-line transactions, these simple steps will help protect against fraud threat and also help prevent exposure of your key accounts to risk.



Here are **5** key suggestions :

1. Install an official licensed version of Anti-virus
2. Maintain a separate bank account for online transactions
3. Keep small amounts of money in that account
4. Procure a Debit / Credit card for that account to use for online transactions.
5. Transfer moneys from your main account to the online transactions account as and when needed

Limit exposure to mitigate risks

This is your auto-pilot speaking.
I'm working from home today



**"It's the latest innovation in office safety.
When your computer crashes, an air bag is activated
so you won't bang your head in frustration."**