



The Cantonment Times e-Newsletter 2018-19

June 2019

BE THE
INSPIRATION

BARRY RASSIN
2018-19 President
Rotary International



Rotary
Club of Cantonment Secunderabad
(Club No 055482 RI District 3150)



RCCS - The Cantonment Times 2018-19 - June 2019

Dear Cantons

This is the last issue for the Rotary year 2018-19. Rangan & I have been asked to continue on the Editorial Board for 2019 - 20 as well, so more to come in the future issues.

Thank you all for the consideration, constructive support and contributions through the year.

New! In addition to regular updates and articles, we have also presented a “at a glance” Graphical Dashboard of the club YTD Highlights as on 20 June’19. Hope you like this.

Rangan & Padma

RCCS Editorial Board

Table of Contents

Rotary Articles	Go to Page
Looking Back - RI President Barry Rassin	3
RCCS Club President’s Address – Rtn Venkat Gummalla	4
RCCS Club Secretary Address – Rtn Srikanth Gummalla	5
RCCS 2018-19 Key Highlights Dasboard – Padma Rangan	6 - 7
Bit More – Know Your Rotarian	8 - 10
General Editorials & By Invitation	
The Light House - - Rtn PP Raaj Sree Ram	11
Changing Seasons – Rtn Manju Gupta	12
Asking for the Moon – Chandrayaan 2 - Padma Rangan	13
2019 Lok Sabha Elections - Festival of Democracy Padma Rangan	14 - 17
Resources Library – RCCS on ROW	18
Fun space – Digital World	19

Editors

Rtn S V Rangan

Ann Padma Rangan

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Please email your contributions / suggestions to :

rangansanthanam@gmail.com

padmaandrangan@gmail.com

[Next](#) [Prev](#)

[Home](#)

RI Presidential message - June 2019



Barry Rassin
RI President 2018-19

Looking Back

As I look back on all the things I have seen and the people I have met since becoming president of Rotary International last July, I am certain of this: Rotary's capacity to transform lives for the better is unparalleled. Our impact is far beyond anything I could have imagined when I first became a Rotarian.

I think about the Rotarians I met in Pakistan, who partnered with Coca-Cola to improve sanitation in Karachi's neighborhoods while supporting polio eradication efforts. I think about the Puerto Rican Rotarians who are helping entire communities rebuild their lives after Hurricane Maria. I think about the German Rotaractors who are working to save bees — whose role as pollinators is so important to our planet — from extinction. I think about the six Rotarians and Rotaractors who were honored as People of Action: Young Innovators at Rotary Day at the United Nations in Nairobi, Kenya, in November for their work to create novel solutions to tough challenges.

It seems like only yesterday that I stood on a stage in San Diego and asked you to *Be the Inspiration* in your clubs, in your communities, and in the world. Your response was an inspiration to me. You are paving the way for Rotaractors to become our future leaders, helping start new Rotaract clubs and working to include Rotaractors in Rotary events and projects in your communities. You are working hard to eradicate polio, participating in 4,200 events in more than 100 countries for World Polio Day. And you are carrying out transformative projects that will create lasting change in your communities and in the world.

This year, I also saw how Rotary's work to build peace is bearing fruit. The 98 Rotary Peace Fellows who are studying at our peace centers will soon graduate, joining more than 1,200 others in applying their conflict resolution skills to problems that need solutions. And this month, Esther and I will travel to Hamburg, Germany, for a convention where people of all races, nationalities, religions, and political backgrounds will unite because they want to make the lives of all people better. Seeing what Rotary means to people — to the communities we serve and to Rotarians themselves — has deepened my affection and admiration for all that Rotary is and does.

Soon it will be time for Esther and me to return home to Nassau. When we get there, I will look out on the vast sea that surrounds our island, and it will remind me of Rotary's limitless possibilities, and of the amazing future that awaits us beyond the horizon. I look forward to sailing there with you.



Rtn Venkat Gummalla
RCCS President 2018-19

RCCS President's year end message to the Cantons

My dear friends,

Every beginning has an end and then it all again begins. I stand today and look back at my Rotary Year as the President of RCCS and I feel a deep sense of privilege for the opportunity. It began with an aspiration to make a profound impact at the work we do together as a team and strengthened into a firm inspiration to follow through and make a difference. I have a feeling of fulfillment today at the end of my tenure. I would like to thank all of you for the collective effort to make my year a memorable one.

This year is a mix of many big hits and a few misses as well.

I am grateful for the successes and more resolute about helping turn the misses into victories in the forthcoming Rotary Year under the Presidency of Rtn. Farzana Ali.

RCCS was involved in 22 Service Projects during 2018-2019 and it is an appreciable number indeed. It points to the fact that we were proactive in pushing the 6 Rotary Focus areas of District 3150 very effectively. Our warm relationship with DG Rtn. CA Ramesh Vangala is yet another attestation to the impact of our club towards helping the District meet its objectives.

The impactful projects, colourful fellowships, unique speaker meets, District Seminars, the travelling and the animated discussions – it opened my eyes to the deep dimensions of our beloved club. It made me realize that we are truly democratic in our thoughts and actions and are rightly flexible when we have to meet our goals for the betterment of society.

My hearty thanks to the Board of Directors. You have each excelled in your respective roles for this current year. I extend my warm wishes to all members of RCCS for being the foundation to my Rotary Year as a President.

With best regards,

Rtn. Venkat Gummalla
President RCCS: 2018-2019



FLYING PAST *THE POST*

Rtn. Srikanth Gummalla
RCCS Secretary: 2018-2019

The year 2015 saw me take up the membership into the world of Rotary. I came into this important platform with a bit of trepidation – unsure about my role or on what I can meaningfully contribute to the honest process of giving back to society under the Rotaryumbrella.

The challenge resided mostly in my mind, considering the fact that I had mostly carved out the self-role of a lone wolf who would best run alone rather than in a pack. However, when I look back today, I cannot for the life of me fathom not being a Rotarian and not belonging to this very wonderful RCCS family that bustles with well-wishers, good-natured folks, do-gooders, self-starters and above all – dynamic individuals who are “woke” about nurturing a society we are all a part of. I have witnessed the energy-core of kind-heartedness concentrated into one cohesive unit and I am grateful to all of you for that priceless experience. Of course, as it is with most structures, I have also seen a bit of strife and a clash of differing ideas tug the core in different directions at times, but the ethos always remained cast in iron; rock solid and unwavering in its foundation of a central idea – that of **DOING GOOD IN THE WORLD**. There is nothing taller than that tangible humanitarian ideology weaving us all together into its intricate design and plan.

The Rotary Year 2018-2019 saw me assume the role of the RCCS Club Secretary, and I thank President Venkat for deeming me fit for the role. I also deeply appreciate the members of RCCS for their helping-hands and thinking-minds readily extended. I would not state that I did my best. In fact, I readily acknowledge that I have mostly been a pedestrian handler of responsibilities this year due to factors external to that of Rotary and RCCS. For that, RCCS has my apologies. One regret I feel - the inability to get our flagship and proprietary project of PARIVARTHAN PAHAL off the ground due to complexities arising out of the election season and other factors. I hope to see it take wings in the coming year and ultimately result in its logical conclusion of betterment of living conditions of the slum dwellers in our city and thus becoming a worthy project to be broad-based by social communities countrywide.

The service projects of RCCS centered on CRPF / RAF this year, and the spirited RCCS interventions, aimed towards the betterment of needy students of various Government Schools (including the RI Core Focus Area of WINS) will linger on in my mind as personal highlights as the RCCS Club Secretary.

The District Peace Conference, SYMPHONY, held in September 2018 and The MYTHRI District Conference held in February 2019 will also be close to my heart for more reasons than one. The social media awareness campaigns designed for the District 3150 at the request of DG Rtn. CA Ramesh Vangala notched up a lot of appreciation all round, were turned into backdrops, standees and banners for these District Conferences and garnered mileage to RCCS.

I look forward to the New Rotary Year eagerly, a construct that promises to be a super year powered by the super-women of our club. That it will be heralded by Rtn. Farzana as Club President and Rtn. Ramani as the Club Secretary is the proverbial icing on the cake. A wise man once said that, “All the world is a stage and each one must play his part.” As I fly past the post, I raise a toast to doing good deeds and saying cheers to 2019-2020. We continue playing our parts with aplomb.

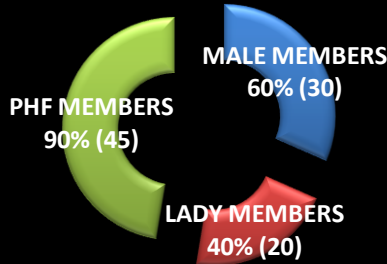
Warm Regards, Srikanth



Graphical Dashboard Key YTD highlights *(as at 20 June 2019)*

MEMBERSHIP

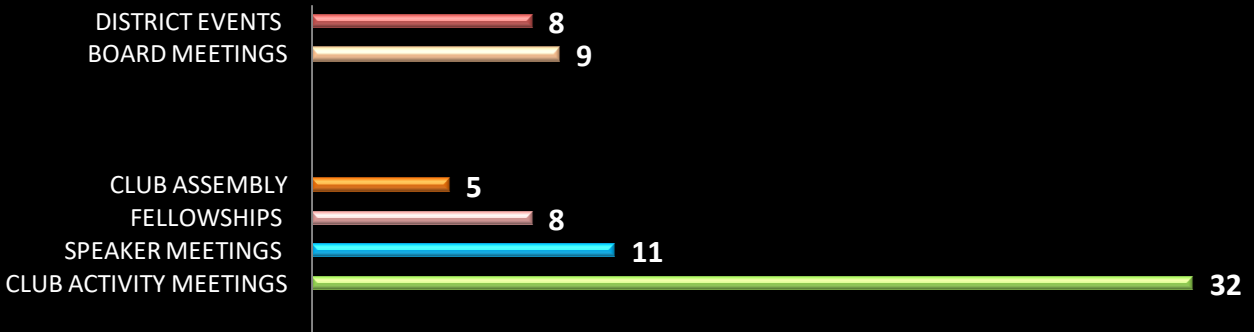
Total Strength - Golden 50



MEETINGS FOR THE YEAR

Total Meetings 56

Annual Average Attendance 65%

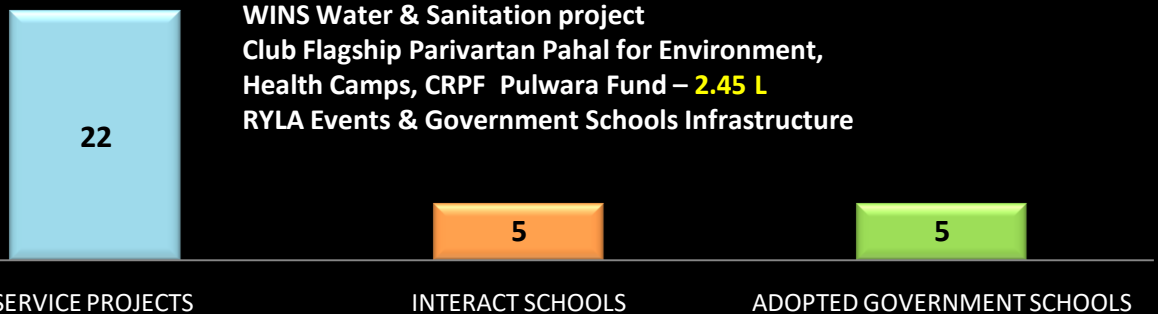


SERVICE FOOTPRINT

All Avenues

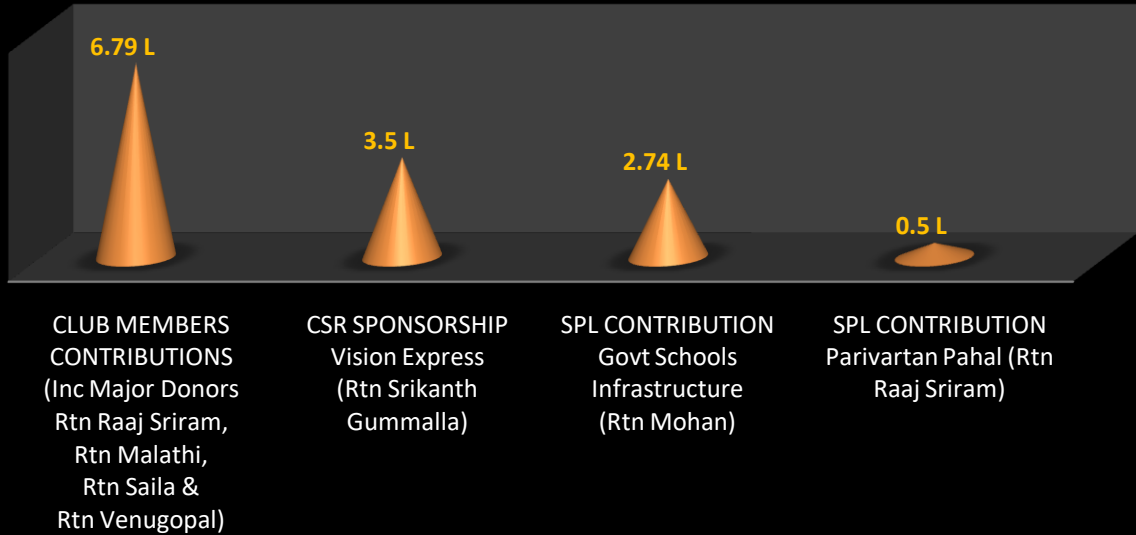
Key Focus Areas :

- WINS Water & Sanitation project
- Club Flagship Parivartan Pahal for Environment, Health Camps, CRPF Pulwara Fund – 2.45 L
- RYLA Events & Government Schools Infrastructure

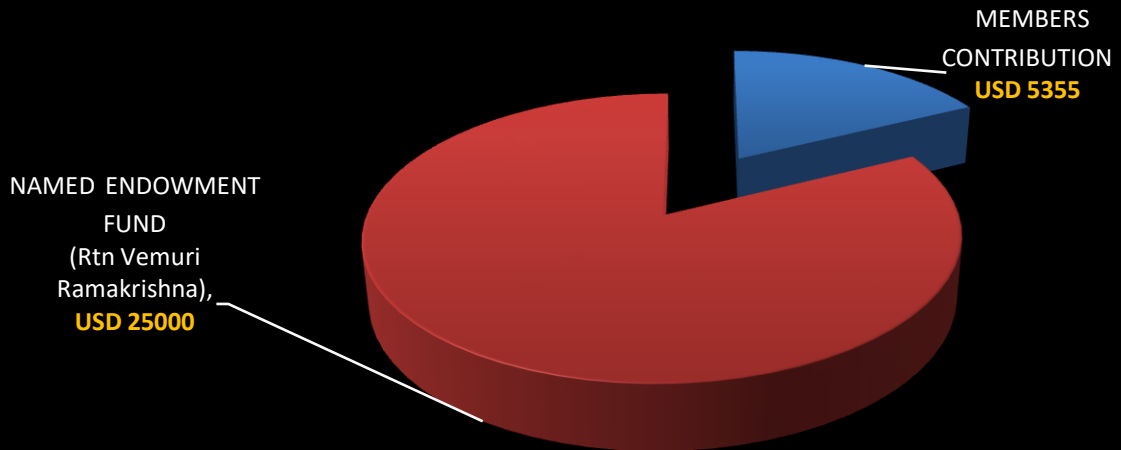




FUND RAISING



THE ROTARY FOUNDATION (TRF)



21 members of the Club contributed more than **\$100 each**, of which:
4 members contributed more than **\$500 each**
4 members who contributed \$250 recognized as **Paul Harris Fellows**

100% TRF Club with minimum per member contribution of \$26.50

EREY Club (Every Rotarion Every Year) with a per capita contribution of \$119

[Prev](#)

Bit More - This is a recurring feature where we will learn a little bit more about all our members (Old & New)

7 New Rotarians were inducted to RCCS in 2018-19. Read on to get to know them a little better and how they plan to **“Be the Inspiration”** to society through Rotary



Name	Saila Ivs	Venugopal Koka
Classification	Homemaker	Mobile Financial Services
Introduced by	Indira Gummalla	Saila Ivs & Indira Gummalla
How I can “Be the Inspiration” to society through Rotary	Through Rotary I would like to be part of collective humanitarian projects. I would like to be able to help the underprivileged children with their education, increase awareness about hygiene and other things to help shape their future.	To be a spokesperson of Rotary and carry forward and increase awareness of the on-going Rotary school interact clubs activities
My Philosophy in Life	To be truthful & helpful	Be logical & feel practical about life



Name	Ramakrishna Vemuri	Gaus Shabbir Sayyad	Pierre D'Silva
Classification	Project Management (Electrical)	Human Resource Management	Document Digitisation
Introduced by	Mohan Nistala	Mohan Nistala	Krishna Mohan Gupta
How I can “Be the Inspiration” to society through Rotary	First, help in eradication of hunger. Then help in earning capability, for sustenance and thereby improve quality of life.	I will Inspire youth in India and World with my life Journey and through Rotary to create Beautiful, equal, spiritual world for every human kind.	Despite busy schedules, would get an opportunity contribute to the betterment of the underprivileged (especially children), the outcomes would be far more effective due to the combined effort of many like-minded people and Rotary's structured programmes.
My Philosophy in Life	To be able to see the divine spirit in every sentient beings and insentient things.	Love is my Religion. I will impact the world with my work and leave the beautiful footprints wherever I go	Life is a blessing, be a blessing to others.



Name	Rekha Gowra	Madhu Suresh
Classification	Homemaker	Financial Audit
Introduced by	Indira Gummalla	Manju Gupta & Indira Gummalla
<p>How I can “Be the Inspiration” to society through Rotary</p>	<p>I would like to help the lesser privileged children in the fields of education and hygiene</p>	<p>Rotary to me is a way of life. Indeed it is a University of life which transforms an ordinary person into an extraordinary human being, I have learnt through Rotary to look beyond myself and do my bit to the less fortunate members of our Community. I sincerely believe that by adhering to Rotary’s Motto of ‘Service above Self’ and by following Rotary’s Four Way Test in letter and spirit, we can be an inspiration to the Society and eventually make this world a better place to live in.</p>
<p>My Philosophy in Life</p>	<p>Be happy and make others happy</p>	<p>My Philosophy in Life is to give my best in whatever I choose to do and leave the rest to God and destiny. In fact I am always guided by the serenity of Prayer in all my actions and responses in personal and professional life.“ Lord, give me the serenity to accept the things I cannot change,Courage to change the things I can and Wisdom to know the difference.”</p>

The Light House

By Invitation

Rtn PP Raaj Sree Ram



I'm really interested in a story about a small candle carried by a man who was climbing the stairs of a lighthouse.



On their way up to the top, the candle asked the man. "Where are we going?"
"We're going to the top of this lighthouse and give signals to the big ships on the ocean," the man answered.
"What? How could it be possible for me with my small light to give signals to those big ships?"
"They will never be able to see my light," replied the candle weakly.
"That's your part. If your light is small, let it be. All you have to do is keep burning and leave the rest to me," said the man.

A little later, they arrived at the top of the lighthouse where there was a big lamp with a loop behind it. Then the man lit the lamp with the light of the candle and instantly, the place shone so brightly that the ships on the ocean could see its light.

Some of us, with our limitations, we're hardly able to do any meaningful things. Yet, one thing you should bear in mind is that your life is like a small candle and all our abilities and expertise will remain as a small light if we don't put our trust in the right hands



I can relate this story to each and every Rotarian who, like the candle, has the capacity to change peoples' lives by contributing their little to the Rotary Foundation which is a power house. We will then see how it is used to be blessings to others.



By Invitation
Rtn Manju Gupta

CHANGING SEASONS

Two ladies were discussing the travails of getting older.

One said, 'Sometimes I catch myself with a jar of chutney in my hand, while standing in front of the refrigerator, and I can't remember whether I need to put it away, or start making a sandwich.'

The second lady chimed in with, 'Yes, sometimes I find myself on the landing of the stairs and can't remember whether I was on my way up or on my way down.'

How often do we find ourselves in such situations in the winter of our lives? But I firmly believe that we have it in our power to change this phenomenon and completely agree with Satchel Paige when she says, "Age is a case of mind over matter. If you don't mind, it doesn't matter!" Frankly, I am not attempting to tell you anything new; just reminding you of something that you already know!!

Research shows that people who feel younger than their chronological age (like I do... thanks to my Rotary friends!!) are likely to live better lives. Think young and feel young! The best way to stay young is to keep your mind active by doing a lot of puzzles and brain games; think positive and treat every obstacle as an adventure; keep physically fit by exercising every day; indulge in a whole some, healthy diet; get enough sleep and remain socially active. We are fortunate to belong to a vibrant Rotary Club... so friends don't miss the opportunity to meet whenever possible and change winter into spring!!

While going through the net, I came across some doable and easy solutions to stay young and here they are:

Challenge yourself to try new things! Dance, join a book club, try a new recipe, learn music... the list is endless. If Asha Bhonsle can sing with a boy band young enough to be her grandsons at the age of eighty five, why can't you?

Travel and visit new places; something that was a luxury when you were bogged down with work and family responsibilities in the summer of your life! Who said retirement is depressing... I think this is when you have a second chance to enjoy and enrich life!

Live in the present and avoid stress by bemoaning what happened in the past or what may happen in the future! Relax, mediate and celebrate life in the present. No wonder the present is called a gift! Have you tried walking meditation? Walk forward at a gentle pace and be aware of how your feet connects to the ground and feel the air against your skin!

Strengthen ties with your family and friends. Interact with them and meet often. The human contact can do wonders to boost our morale. Fill your life with humour for "life is not measured by the number of breaths we take, but the moments that take our breath away."

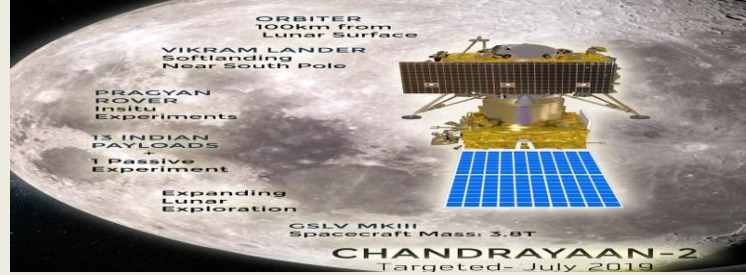
Enjoy life and enjoy perennial spring!! Cheers to you!



Asking for the Moon Chandrayaan-2

2:51 am July 15 2019

Padma Rangan



India's second mission to the moon, Chandrayaan-2, is scheduled to take off on Monday July 15 2019 at 2:51 am from Sriharikota Andhra Pradesh. ISRO has gone on record to state that this is the most complex mission ever to be undertaken by India's space agency. The satellite weighs 3.8 tons, roughly the weight of 8 full grown elephants, and estimated to cost the country over 600 crores. With an orbit travel of 35 to 45 days the satellite expects to land on the Moon on 6 September.

The satellite will carry **The Ashoka Chakra** and the **The Indian Tricolor**.

If successful, Chandrayaan 2 will script aerospace history for India.

In addition to several scientific studies that would benefit life species, the mission is hoping to find water on the lunar surface, A NASA Laser instrument for USA is being carried "free of cost", hence in a way, *India is giving a free ride to the Moon to the American space agency!*

However, what is note worthy and inspiring is that Chandrayaan 2 will be India's first interplanetary mission that will be steered by two women – Project Director M Vanitha and Mission Director Ritu Karidhal.

Breaking gender stereotypes and the cliché d phrase of "It's not Rocket Science" these two women have taken up leadership roles in what is truly Rocket Science. Infact, 30% of the Chandrayaan 2 team are women. Kudos for that and very best wishes for a successful launch.

M. VANITHA

DESIGN ENGINEER & PROJECT DIRECTOR; ISRO Chandrayaan 2



- First woman to hold the position of a space project director.
- A design engineer by training.
- Received the Best Woman Scientist award in 2006 by the Astronomical Society of India.

RITU KARIDHAL

SCIENTIST & MISSION DIRECTOR ISRO Chandrayaan 2



- Popularly referred as the 'Rocket Woman of India'
- Famous for the launch of the Mars Orbiter Mission
- An aerospace engineer from the University of Lucknow
- Received the prestigious ISRO Young Scientist Award in 2007 from APJ Abdul Kalam

A celebration of Democracy

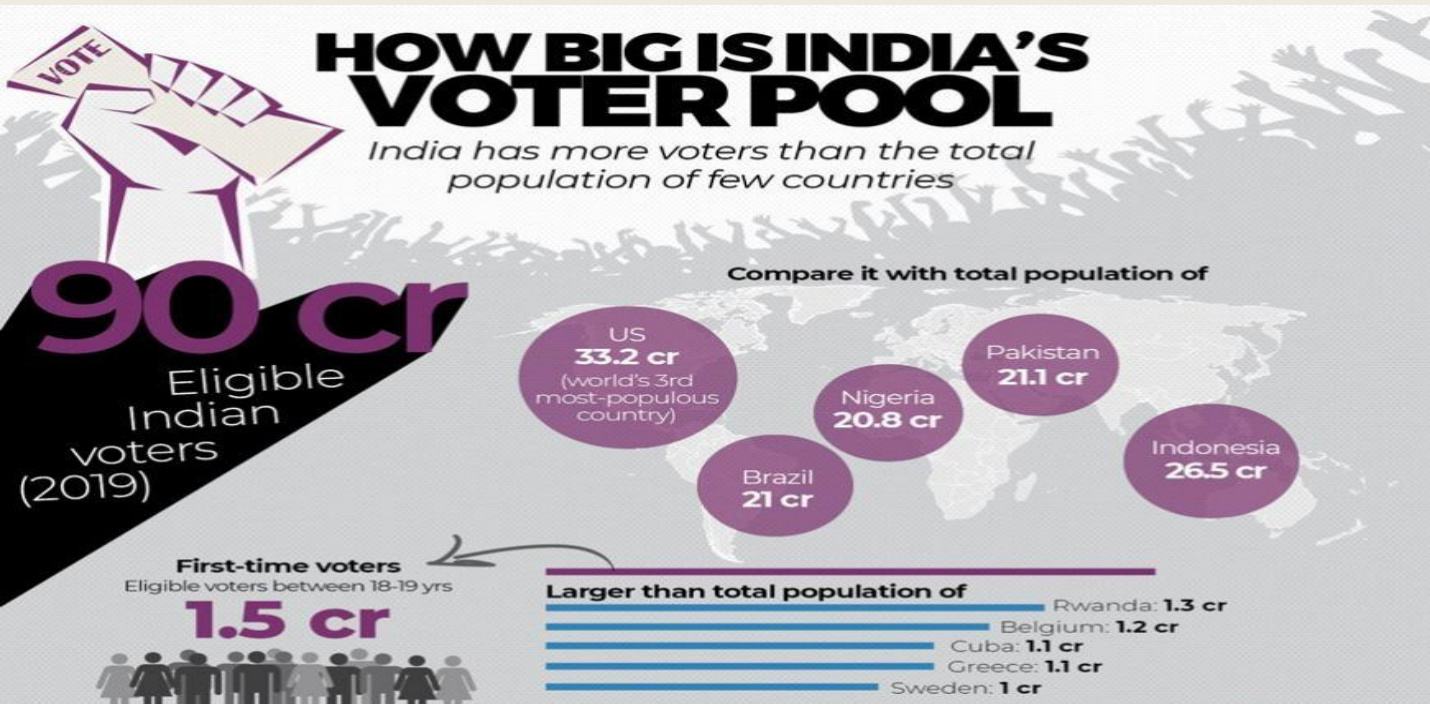
2019 Lok Sabha Elections **7 FACTS & FIRSTS**



Padma Rangan

THE SCALE	
Seats	543
Political parties	2293
Candidates	8000 +
Polling Stations	1 Million
Phases	7
EVM's	3.9 Million
Paramilitary force	2,70,000
State police personnel	2 Million
Government Staff	11 Million
ECI Allocated Budget	2.62 Billion

Our recently concluded 2019 Lok Sabha elections are indeed a *Festival of Democracy*. As we see the turmoil in countries around us and the stifling of basic democratic principles, i began to appreciate the spirit and intent of Indian elections. Among many, here are **7 inspiring "Facts & Firsts"** of our 7 phase election.





1. Jumbo EVMs

For the very first time in the world, Jumbo machines were specially made for every polling booth in Nizambad district of Telangana which had the country's maximum number of candidates.

Each booth had 12 large EVM's to factor the 185 contesting candidates!



2. Pink Booths

As part of its push to **increase women turnout**, the Election Commission of India set up Pink Booths in several constituencies specially remote & rural. These booths had all female officers, and also offered a variety of services like a waiting room, token system to reduce wait time, drinking water and childcare arrangements.

[Next](#)

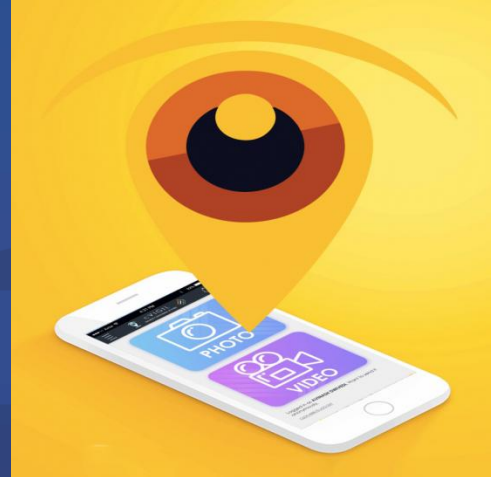
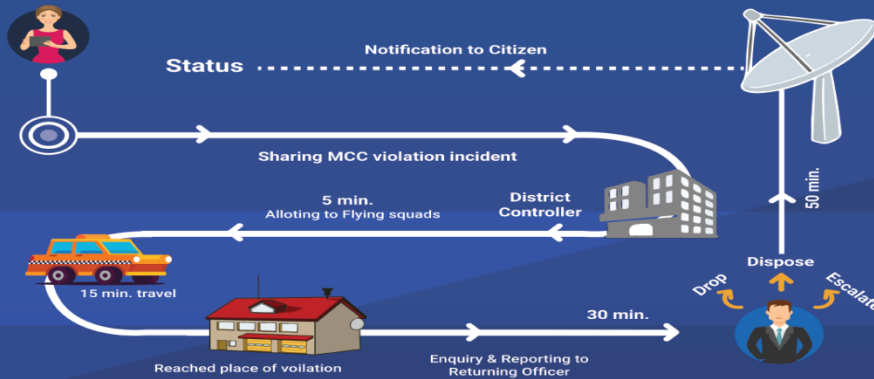
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5. **GPS tracking** of each EVM along with flying squads

6. **cVIGIL APP** Launched – for citizen redressal

STATUS IN JUST 100 MINUTES








7. **Electronic Transmitted Postal Ballot** for Armed service voters

RCCS RESOURCES LIBRARY

Click on the link below to view more information on RCCS Projects and Events for the year and also view the Photo Gallery on the site

[RCCS on 3150 ROW](#)

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Members 3,676	TRF(USD) 983509
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Rotary Club of Cantonment Secunderabad, And. Pr

CLUB INFORMATION	LEADERS	UPCOMING CLUB EVENTS
<p>CLUB ID 55482</p> <p>DISTRICT ID 3150</p> <p>ADDRESS Hotel Taj Tristar, Secunderabad, Hyderabad , ANDHRA PRADESH , India</p> <p>MEETING DAY AND TIME DATE Thursday - 07:00PM 30/05/2017</p>	<p>PRESIDENT</p> <p> VENKATASWAMY GUMMALLA</p> <p> venkatgummalla58@gmail.com</p> <p>SECRETARY</p> <p> Srikanth Gummalla</p> <p> srikanth.gummalla@gmail.com</p>	

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CLUB PROJECTS	CLUB EVENTS	MEMBERS
 <p>Women's Day Event ROTARY CLUB OF CANTONMENT SECUNDERABAD, AND. PR 08 MAR 2019 08.03.2019 – WOMEN'S DA... +</p>	 <p>Board Meeting ROTARY CLUB OF CANTONMENT SECUNDERABAD, AND. PR 31 MAY 2019 The RCCS Board met at G... +</p>	<p>Ashok Tadakamalla</p> <p>B. RAMAGOPAL</p> <p>FARZANA ALI</p> <p>G V SETHURAMAN</p> <p>GAUS SHABBIR SAYYAD</p> <p>GAYATHRI ANANTHANARAYANAN</p> <p>Geeta Magesh</p> <p>INDIRA GUMMALLA</p>
 <p>Donation to CRPF Martyrs ... ROTARY CLUB OF CANTONMENT SECUNDERABAD, AND. PR 27 FEB 2019 27th Feb 2019: Donation... +</p>	 <p>Cheque presentation to st... ROTARY CLUB OF CANTONMENT SECUNDERABAD, AND. PR 27 MAY 2019 RCCS members raised Rs... +</p>	

The Digital World!

Welcome to the Digital World.
where reality is virtual...
and intelligence is artificial!



“You invented a time machine to come back and hit Reply instead of Reply All?”